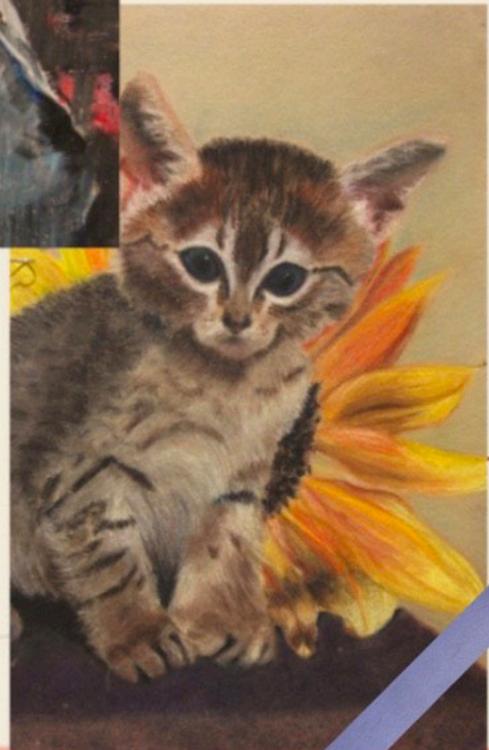


the accolade

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1801 LANCER WAY, FULLERTON, CA 92833 // MARCH 6, 2020



Compiled by Karen Lee | theaccolade

MARCH MYSTERY ISSUE

What does this collage of images mean? Go to page 2 and 16 to find out as The Accolade celebrates the arts.

Students' art, images displayed in show

The Sunny Hills art program and photography class entered a variety of their work to the Buena Park District Art Show, an annual event held in Buena Park's City Hall.

The following are a few of the images currently on exhibit and will be available for viewing until March 20.

The Accolade also interviewed the artists/photographers behind each piece to explain their motivations or messages behind their work.

All but Hannah Torres' image were photographed at the exhibit by Accolade photo editor Megan Shin



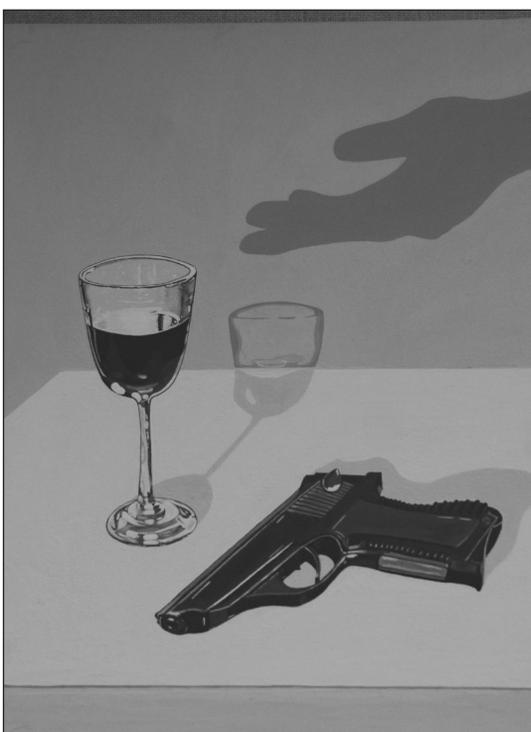
"My artwork displays the two sides of a person, one showing a fake persona of what others might see while the other shows her true form. This artwork was from the series of mental illnesses I was working on, and this depicts a bipolar person."

-Katherine Kim, 11



"This is a drawing of a woman with pomegranates. I wanted to make a connection to greek mythology and how persephone, the goddess of life and spring, was ruined by her mistake of eating pomegranates."

-Cecilia Lee, 12



"The wine glass symbolizes thinking and the gun symbolizes the verge of life and death. This piece was inspired by the story of Bonnie and Clyde."

-Victoria Baek, 11



"The prompt for this piece was to do a painting using some cool and interesting object to show a creative still life painting."

-Maggie Zhou, 12



"The theme was based off the word 'space' and I purposely wanted to show the different sides, thoughts, and objects that are relatable to space. I tried to convey one side of the word 'space,' which is outer space, and I wanted it to seem idealistic and ethereal."

-Scarlett Alcantara, 12

Artist/photographer quotes compiled by Michelle Buckley



"I wanted to frame a simple happiness and purity in the way that the subject of the photo is laughing and caught in mid dance."

-Hannah Torres, 12

GRAND OPENING

With only landscaping left for completion of Performing Arts Center modernization, theater and music students return to upgraded classrooms and give positive reviews of the 47-year-old building's new look — inside and out

HOPE LI

Staff Reporter

While classes have returned to the Performing Arts Center [PAC], school officials are awaiting landscaping to be finished before scheduling a ribbon-cutting ceremony celebrating the building's modernized look.

"We're probably going to do it on the stage [with] the school board and any local media that wants to attend," principal Allen Whitten said. "I want a packed house."

Construction workers still need to fill in pavement in front of the PAC and build a shaded area for students to sit under, Whitten said.

Once that work is done, he will then schedule a time for the board to come see the upgraded PAC, he said.

The \$4.5 million renovation on the 47-year-old building began last May and included a new sound board, LED lights, black seats, an extended stage and a remodeled makeup area backstage.

Workers also put eight uplights in the ground pointing toward the two International Baccalaureate banners flanking the PAC to illuminate them at night.

School officials re-opened the building for classes Monday, allowing music, marching band and theater classes to meet in the PAC's two classrooms, rooms 191 and 192.

"I'm really excited to move back in [the PAC]," said instrumental music director Whitney Ting, whose classes have been meeting in the cafeteria since the beginning of the school year. "It's nice to have a more modernized room because it [looked] pretty dated before."

Many students have also given the remodeled building positive reviews.

"The transformation from what it was before to what it is now is remarkable," said senior Alia Scroggins, Dance Production member and Conservatory of Fine Arts [COFA] student director.

Scroggins was among about 60 COFA Council members, Dance Production students and COFA director Brian Wall to tour the PAC a week before it reopened.



PAUL YASUTAKE | theaccolade

MOVING BACK: *Sophomore Ezra Vlad (left) and senior Jason Liang of the Lancer Regiment haul Monday a cart containing synthesizers out of the cafeteria and to the modernized Performing Arts Center.*



PAUL YASUTAKE | theaccolade

OUT WITH THE OLD: *The remodeled Performing Arts Center features 250 new, black-cushioned seats, replacing the much older, uncomfortable ones.*

"Standing on the stage and looking out, it feels bigger," she said. "[The] backstage is very clean and is very open."

Others touted the upgraded seats.

"We've suffered so long with seats that were long past their sell-by date." Wall said of the upholstery used on the PAC chairs. "Before, the seats were bent at an angle, so

PAC open for classes >> Page 5

ASB to bring back Mr. Sunny Hills senior event next month after canceling it last November

The ASB will continue the traditional Mr. Sunny Hills pageant for senior boys on April 23 in the remodeled PAC.

"Mr. Sunny Hills is a good show, and the tickets sell out every year," the ASB co-adviser Mike Paris said.

The 7 p.m. show serves as an event for nominated senior boys to show off their talents; in past years, those have ranged from stand up comedy to dance performances.

"I think it's great that we have a Mr. Sunny Hills at our school," senior Sophia Williams said. "The girls have prom queen and homecoming queen, so I thought this event would make it fair for the boys."

The date for taking nominations has not been set.

—by Andrew Park
staff reporter

RELATED STORY

Staff Editorial: Let the show go on. Kudos to the ASB for keeping the Mr. Sunny Hills pageant alive for a 25th year. See Opinion, page 10.



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W Hotel to be site of April 4 prom

MEGAN SHIN

Photo Editor

The April 4 prom will be held at the W Hotel in Hollywood with the ASB revealing the theme on March 17 at break on the jumbotron, ASB officials said.

"The W Hotel in Hollywood was chosen because it was one of our most popular proms that we've had in the past," the ASB co-adviser Mike Paris said. "People love the glamour of Hollywood, and it is a fantastic venue."

Vice president junior Albert Chung said the ASB will reveal the prom theme on March 17 at break on the jumbotron with a promo commercial during the March 13 elections assembly.

On March 18-19, seniors will be able to start nominating students for prom court through the Five Star app.

Then, the ASB will start selling tickets on March 18 at the ticket booth, and prices will go up by March 20.

PROM PRICES

Tickets go on sale:

March 18-19 (flash sale): *\$80/\$85

March 20: *\$85 / \$90

March 23-27: (online only): *\$90 / \$95

March 30-April 1: *\$95 / \$100

April 2-3: *\$110 / \$120

* = with Gold Card
Source: the ASB

"I am looking forward to spending time with friends and doing all the fun stuff that comes with prom like dinner and photos," senior Cami Acheson said.

Junior Abby Haan hasn't decided whether to go yet.

"I do not like dances that much," Haan said. "However, if I had to go, I would go to have an excuse to dress up."

Nevertheless, ASB junior class president Daniel Magpayo said he hopes for a big turnout.

"Picture yourself on the top deck of a Hollywood hotel, dancing in full view of the Hollywood sign, and enjoying hanging out with friends," Magpayo said. "You will remember this night the rest of your life."

AND THE ASB CANDIDATES ARE ...

Students running for office prepare for the March 13 election by sharing their vision for the school and promoting their individual campaign slogans



Daniel Magpayo for president

Slogan: Follow my instagram @Daniel.magpayo.

"Vote for me because I'm the best and only presidential candidate."



Albert Chung for vice president

Slogan: We're in the End-game now! Vote for Albert Chung!

"I think that I work hard, am a leader and always get my things done."



Kathryn Aurelio for secretary

Slogan: Hey now, you're an all-star! Vote Kathryn for ASB!

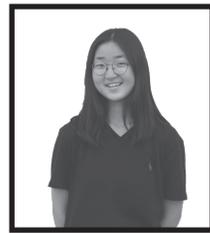
"I've trained under the current secretary, so I have the experience."



Jenna Beining for secretary

Slogan: We're all in this together! Vote Jenna for secretary!

"My previous experience as secretary will make your next year great!"



June Son for secretary

Slogan: To all the Lancers that I've loved before, I'll be Lara Jean, and you could be my Peter. Vote Jun Son as ASB secretary!

"Juniors are also capable of handling the job."



Muminah Ghazali for treasurer

Slogan: I'll make your dreams come true if you let me be treasurer for you. Vote Muminah for treasurer!

"Hair reveal if I win."



Carrie Cheng for treasurer

Slogan: I'm fairly good with money! Vote Carrie for ASB Treasurer!

"I'm good at handling money, so I'll be a very reliable treasurer."

TWO YEARS IN A ROW

Last year, ASB president Syrrus Marapao and ASB vice-president Lauren Park also ran unopposed for their respective positions.

Source: Mike Paris

Compiled by Elijah Jhee

RELATED STORY

Can the ASB elections be improved?

See **Opinion**, page 11.

The Accolade tops Best of Show at local write-offs

ANDREW PARK

Staff Reporter

A four-peat.

That's what *The Accolade* staff celebrated upon finding out it won the Best of Show award during the Feb. 22 Orange County Journalism Education Association write-off contest awards ceremony at Fullerton College.

The Accolade's Sept. 27 "Media Under Fire" issue scored the highest number of points from two judges, beating out three other publications from Orange County schools in Division 1, newspapers 16 pages or more.

"Interesting theme issue ideas," said one of the judges who evaluated the newspaper reporting section. "Eye-catching front page [and] excellent entry point."

Of the four issues eligible for Best of Show judging, *The Accolade* newspaper adviser Tommy Li said the editors chose the first one because it had previously earned a Best of Show certificate — sixth place — at a national journalism convention in Washington, D.C., last November.

"We were quite confident that entering it again at the local write-offs would give us similar results," Li said. "It's good to see

that the judges noticed the kinds of content and design that we were aiming for with this issue."

Although the newspaper had won the Best of Show award since 2016, editor-in-chief senior Michelle Buckley did not expect to win it this year.

"I'm very excited for our staff," Buckley said. "It's not guaranteed that we would win because streaks break."

In addition to coming in first for the print issue, *The Accolade's* website placed second behind Portola High School; it was the first time *Accolade's* website cracked the Top 3 for this category.

"I was surprised that we placed second because it was only the second year since we revitalized our website, and we still had many things to work on such as technical difficulties and the absence of a webmaster," web editor-in-chief senior Alex Park said.

Besides competing for the Best of Show awards, some staff members also brought home trophies from individual, on-the-spot writing categories.

Junior Hannah Oltman placed first in the critical review category, while senior Hannah Jeong and junior Rebecca Choi came in second for newspaper layout and



MEGAN SHIN | theaccolade

TIME CRUNCH: Senior Hannah Jeong works on a computer Feb. 22 at Fullerton College; Jeong later won a trophy for placing second in the layout category.

editorial writing, respectively.

"After the competition, I left feeling pretty hesitant because I kept thinking about all my little mistakes and the things I could have done better," said Oltman, who competed in the write-offs for the first time.

The Accolade did not receive a nomination as a National Scholastic Press Association online Pacemaker finalist, but the editor-in-chief and staff are optimistic about the future of their newspaper.

"I hope *The Accolade* will continue to live up to its many years of success," Buckley said.



MEGAN SHIN | theaccolade

FOCUSED: Senior Lira Jeong takes notes for her feature story at Fullerton College on Feb. 22.

SPECIAL REPORT

FOUR CLUBS, SAME PRESIDENT

The Accolade interviews ASB president senior Karen Lee to find out how her student activism has shaped her character and prepared her for college

ELIJAH JHEE

Asst. News Editor

Editor's note: When The Accolade featured new clubs in the Nov. 15 issue, we noticed that ASB president senior Karen Lee's name popped up as being the president of two of them: High School Democrats of America and Stock Stalkers.

Upon further research, we also found that she was the leader of the most clubs this school year — four.

The Accolade talks to Lee to find out how she's able to balance leading these groups, what her motivations are in being the president and how these experiences have shaped her character as she prepares to transition into college.

As fifth period comes to an end and the distinct ringing of the school bell resonates across campus, most students spend their lunch periods hanging out with friends in the quad, working on homework in the lyceum or buying food at the cafeteria.

But for senior Karen Lee, the bell snaps a thought into her head.

That's because Lee has been the president of four different Associated Student Body [ASB] approved clubs on campus since the start of this school year — the most club president titles out of any other Sunny Hills student.

"I was really surprised that I had received such a title," Lee said. "I haven't received most of my college admissions yet,



Karen Lee, 12

"I hope that my involvement in clubs can motivate others to not be afraid to do different things on campus that interest them."

—senior Karen Lee

but I think it gave me more of an edge on college admissions."

Lee is currently the president of the High School Democrats of America club, Stock Stalkers club, Alzheimer's Awareness club and National Honor Society. Along with founding both the High School Democrats of America club and Stock Stalkers club, Lee has been the president of the Alzheimer's Awareness since her junior year.

"It sometimes felt like I had no time for myself, but as long as I managed my work efficiently, I didn't get too drained," she said. "After being used to having something to do all the time, it's a little weird when I have to relax by myself."

As universities begin to release admission results to students, Lee feels that putting these club titles on her resume has given her an edge in college admissions.

"I don't think that it made me stand out to universities just because of my titles but because the clubs I am involved in relate to my major as well," she said.

Even though there is no limit as to how many clubs a student can be president of, ASB co-adviser Mike Paris says that be-



Image reprinted with permission from Karen Lee

LEADING BY EXAMPLE: Alzheimer's Club president senior Karen Lee celebrates the end of Club Rush August with her group's members. In addition to serving as ASB president, Lee guides three other organizations: National Honor Society, Stock Stalkers and High School Democrats of America.

coming president of multiple clubs just for the sake of strengthening college resumes is a shallow motivation.

"Students shouldn't try to become president of a bunch of clubs just because they want to look better to colleges," Paris said. "Colleges will be looking at the quality of your extracurriculars and how they relate to your major rather than the amount of clubs you join."

FROM PAGE 3

PAC OPEN FOR CLASSES

you would slip out."

COFA Council member sophomore Jacqueline Chang noticed the same improvement when she was on the tour.

"On the seat cushions, there's actually a cushion," Chang said. "It's not flat; it's squishy now."

The only disappointing aspect of the project for Scroggins was seeing the PAC lose seats to create two aisles in the audience that were not there before. Previously, the PAC housed about 320 chairs, but now assistant principal Melissa Stinson estimates the number to be around 250.

Ting doesn't mind the change, adding, "The stage [is] bigger, which is helpful since we barely fit on the stage before."

Junior Andrew Miller, one of Ting's

Although she has set a record for the 2019-20 school year, Lee feels that it's possible for students next year to hold more than four club president titles.

"I believe that if someone puts in the time and effort, it can easily be done," she said. "As long as you love what you do and commit yourself to not only your clubs, but your club members, you shouldn't be scared to take on the responsibility."

fifth period band students, praised other improvements to the structure.

"It's beautiful because we have new carpet, flooring [and] there's no gum stains on the floor," Miller said. "[The PAC] feels bigger, and the bathroom is cleaner."

With the building reopened, campus groups that had planned their annual spring events elsewhere have decided to move back to the PAC.

Korean Culture Night, for example, will no longer be held at the Buena Park High School PAC but will be held at Sunny Hills March 21.

"With this brand new facility, we're so thankful," Lee said.

The band festival will follow on April 3-4. Then, dance program's spring concert, "Beyond," has been scheduled for April 8-9 with the Bayanihan Club's Pilipino Culture Night up next on April 18.

The ASB's Mr. Sunny Hills pageant will round out the list of events on April 23.

Drift to tonight's STAG

ISAAC CHOI

Opinion Editor

Hey, get the drift?

The ASB hopes the answer will be a yes and that students will show up to the second stag dance of the year, themed "Drift," to be held at the gym tonight from 8-11.

The theme will most likely appeal more to those familiar with the "Fast and Furious" movie franchise.

"I think the majority of us have watched "Fast and Furious" and other car racing movies, and they're all super entertaining," ASB social commissioner junior Carrie Cheng said. "A theme like this hasn't been done before, so we thought it would be a new and fun idea."

After school today, the ASB will decorate the gym with red and black curtains, and Tokyo drift-themed and "Fast and Furious" arcade games will be set up for stag goers to play with. Checkered flags will

hang above the stage where the DJ performs, and dance pods for up to five people will be set up for those who want to elevate their dancing routine.

The ASB co-adviser Mike Paris said he expects a strong turnout for tonight's event since the last stag dance was held during the first month of school last August.

"Each dance is unique in its own way," Paris said. "We're expecting the March 6 dance to be a real good one."

Freshman Owen Taylor plans to go tonight.

"This will be my first high school dance, so I'm looking forward to having fun with my friends," Taylor said.

Students can buy tickets during lunch in Room 6 at the booth box. Ticket prices will be \$10 with an ASB Gold Card and \$12 without.

No tickets will be sold at the door during stag.

SECOND IN A SERIES

Feb. 14: How does a club get ASB approval?

Coming April 3: What clubs are accepted and denied?

TAKING FLIGHT

Junior pilots her way toward a career in the airline industry

HANNAH JEONG

Asst. Feature Editor

Junior Jenna Beining was on her way to an ice skating rink when she heard about Kobe Bryant's fatal helicopter crash on Jan. 26 via a text from her mother in their family group chat.



Jenna Beining

"I was completely shocked to hear about the accident and very saddened that something like that occurred," Beining said. "It's terrible to even think about, and my thoughts and prayers go out to all the families of those who we lost."

The crash hit home especially for the junior not because she's a basketball player (she's on the girls volleyball team) or a big Bryant fan, but because she, too, has flown air crafts before.

"I've taken this accident as a learning moment and will be super cautious about [flying] in unsafe weather moving forward," she said.

For Beining, it's more like flying forward as she has been working toward her pilot's license for a year and a half. After having her father as her flight instructor help her earn her student pilot certificate,



Image reprinted with permission from Jenna Beining

UP UP AND AWAY: Junior Jenna Beining checks the dash board of a Cessna 172 small plane during her first solo flight Feb. 8.

she now needs a minimum of 40 more hours of flight time before obtaining a private pilot's license. Eventually, she said she wants to earn a commercial airline pi-

lot's license like the one her father has.

Even though Beining is the middle child of three daughters, her father noted that Beining was the only one who showed in-

terest in his career as a major airline pilot.

"I love that Jenna shares my passion for flying," Grant Beining said. "Jenna is one of the best students I have ever had."

However, like all others working toward a goal, Jenna Beining has been met with a few learning curves.

"Flying is difficult because there are a lot more moving parts and things to consider like the throttle, mixture, airspeed, altitude and flaps," she said. "However, the most challenging part that most people would not typically think about is learning what to do in every possible emergency situation."

Her efforts finally paid off when on Feb. 8, she received her student pilot certificate, which allows her to fly solo. Now, her goal is to get her next license by summer's end.

While the Bryant helicopter crash in the San Fernando Valley occurred two weekends before the junior's solo flight, she was able to shake off any nerves she had about flying a small plane.

"While the accident was very tragic, it does not discourage me from continuing to fly," Jenna Beining said. "For starters, it was a helicopter accident not a plane accident. Helicopters have a lot of moving parts, and when it comes to engine failures, planes glide; helicopters do not."

Club Corner: Eco group finds markers to recycle

ALICE SHIN

Staff Reporter

Two years ago, the Fullerton Joint Union High School District [FJUHS] banned the storage of recyclables on all campuses and in classrooms.

Citing concerns that recycling bins containing open plastic bottles and aluminum cans with drinks attract pests, FJUHS officials instructed custodians in all six of the district's campuses to dispose recyclables when found in classrooms or around campus.

At Sunny Hills, the policy affected Eco Club's goal to recycle plastic bottles, aluminum cans and glass.

"I felt bad about it because they worked so hard to get the program going," Eco Club adviser and social science teacher Patrick DeBacker said.

Although the club was inactive for some period of time, two months into the 2019-2020 school year, new Eco Club leadership found a recycling opportunity through a Crayola advertisement on Instagram though it does not earn any funds.

Crayola's ColorCycle accepts any brand of plastic markers, including dry erase markers and highlighters, according to crayola.com.

As of Feb. 7, the marker boxes can be found in 15 classrooms, one box in every



For more about space exploration, go to shhsaccolade.com/wp/feature/.

building section of the campus, which will be collected every one or two months. The boxes are then packed for shipment via FedEx, and Crayola pays for the shipping.

"Although it took us a while to start the marker drive, I think it's going really well so far because we've noticed that a lot of teachers are actually putting markers in the boxes," club co-president junior Hanna Oltman said.

Besides this marker collection campaign, the club plants trees, organizes cleanups and collects donations for the Australian bushfires.

"[The money] goes toward our ultimate goal of planting trees, which is hardest to do because trees are expensive," co-president junior Ella Esegbe said.

In the meantime, Eco Club members can look to their crayon collection drive as meeting one of their short-term goals.

"The marker drive has been going great so far and is definitely beneficial for the environment," said club member junior Sarah Abitria. "I'm glad that some of the marker boxes are almost completely filled up."

Eco Club meets every other Wednesday during lunch in Room 180.



BRIANNA ZAFRA | theaccolade

GOING GREEN: Eco Club members decorated donation boxes like this one in December. As of Feb. 7, these boxes are in a total of 15 classrooms around campus for students and teachers to donate their used markers.



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Clara Hahm

MEGAN SHIN | theaccolade

Straight fit jeans from Dickies



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Elaine Chu

Skirt from American Eagle



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Leather lace-up boots from Dr. Martens



\$145



Ruben Parker



Air Force 1 from Nike

\$90

Photos printed with permission from Elaine Chu and Ruben Parker

Compiled by Lira Jeong

Boys boots, girls cardigans, Nikes shoes rule Sunny Hills hallways

HANNA OLTMAN

Asst. Opinion Editor



For the full story, go to <http://shhsaccolade.com/wp/feature/>

With the upcoming spring season, the fashion spotlight is shining on new styles, accessories and patterns as students start updating their wardrobes and picking out what's hot or not.

"As a fashion enthusiast myself, I think there will certainly be an increase in hair accessories and pastel colors," said senior Clara Hahm, known by her peers as a snappy-dresser that is always ahead of the latest trends. "Spring will definitely bring a mix of graphic tees and floral skirts."

As a self-proclaimed fashion guru, junior Leah Samano often dresses casual yet stylish while keeping up with the fads.

"I think bucket hats are really cute; I usually layer necklaces with certain themes like stars, the moon or the sun," Samano said. "But I have seen a lot of people wear

clunky chain necklaces recently."

Additionally, the vintage brands have resurfaced, and with them, so as the popularity of the Nike Air Force 1. Despite its previous ups and downs, the shoe is back with new models and colors and is now being worn by models, athletes and even students on campus.

"Although Air Force 1's have been around for a while, I don't think they will die out anytime soon because they are easy to wear with almost any outfit, dressed up or casual," said senior Ruben Parker, who has been rocking this year's style in public and on his Instagram. "I've also noticed that Doc Marten shoes have become a huge hype for girls as well as a few guys."

Besides shoes, students are exchanging sweatshirts and sweatpants for oversized

graphic tees, cropped cardigans and straight leg jeans.

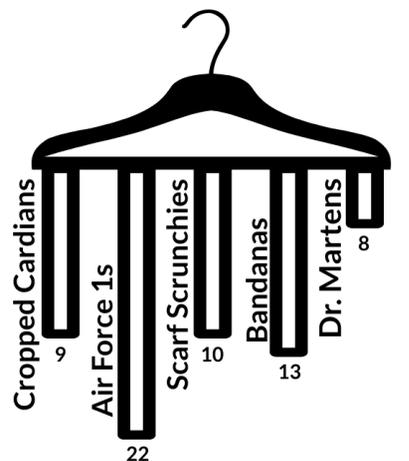
"Personally, I love graphic tees because you can dress them up or style them with shorts or jeans, and thrift stores have a really big variety [of tees] for cheap prices," said sophomore Elaine Chu, who often sports skirts and Vans. "I've also seen a lot of cargo pants with tight crop tops around school, and they look really put together yet simple."

A majority of expected upcoming trends are essentially derived from classic styles, but the accentuating accessories and chromatic footwear add a chic, modern spin to it. Nonetheless, students will inevitably have plenty of fashion inspiration for this spring.

"Instead [of worrying] about name-brand clothing, they wear what looks good, and students of both genders are starting to discover their own styles," junior Vivian Tran said.

WHAT'S HANGING IN YOUR CLOSET?

The Accolade's online survey asked, "What's your favorite spring semester fashion trend?"



According to an shhsaccolade.com poll as of Thursday

Go to shhsaccolade.com/wp/feature/ and take the online survey. Make your vote count.

Horror film standards become 'visible'

AALIYAH MAGANA

Staff Reporter

The opening scene's roaring waves captivate the audience members as they nervously chuckle while looking around each other, hoping that an ominous being is not lurking among the viewers.

"The Invisible Man," released in theaters Feb. 28, is a remake based on H.G. Wells' 1897 novel, following Cecilia Kass (Elizabeth Moss, "Mad Men"), who suspects that her dead abusive ex-boyfriend is coming back to haunt her.

Kass fully conveys her character's exhausted and afraid state of mind through the intense dark circles under Kass's eye and stress-induced actions as she attempts to escape from her sociopathic ex-boyfriend, Adrian Griffin (Oliver Jackson-Cohen, "Dracula").

Director and screenwriter Leigh Whannell induces the



Image reprinted with permission from imdb.com

CHECK-UP TIME: Cecilia Kass gets her mouth checked for weapons at an insane asylum after being falsely accused of killing her sister.

audience to move to the edge of their seats as Cecilia physically battles her past—even if it's invisible.

Whannell also steps away from the usual jump-scare scenes that are common in scary movies, such as the red-faced demons that pop-up ev-

ery now and then in the "Insidious" series. Instead, the fear factor in "The Invisible Man" relies heavily on unexpected twists.

The 110-minute film is rated-R because of "strong bloody violence and language," but could have easily

been given a PG-13 rating under those circumstances compared to other rated-R films nowadays that have a lot more blood.

Though it may seem like a cliché sci-fi horror film, because of its vague title, the film surprisingly surpasses

expectations with a chilling antagonist, that audiences cannot physically see. As a result of the film's mysterious and spine-chilling plotlines, it received great reactions from people watching in the Krikorian Premiere Theatres in Buena Park.

Noodle restaurant sets the 'bar'

SYDNEE TALLANT

Staff Reporter

The sound of customers slurping away can only mean one thing—either it's a boba or noodle shop.

In this case, it's the latter. Opened on Feb. 11, Feu Noodle Bar on South Harbor Blvd. in La Habra specializes in thick-noodle phos and stir-fried noodles.

Though the restaurant's interior is small, it supports rows of tables along its marble walls to give optimal walking space for waiters and customers passing by.

Before diving into its menu option, it's important to note Feu's modern and rustic furniture, such as its table booths made out of wood and caged light fixtures hanging from the ceiling.

As soon as customers enter, waiters quickly introduce themselves and hand out menus, offer-

ing advice on what to order.

The restaurant specializes in many types of noodles, but the Oxtail or Shaken Pho are the top choices.

Priced at \$14, the former contains all-natural bone-in oxtail, brisket, green and white onions and beef broth.

The flavor of both broths tastes quite bland at first, but the richness in the beef broth starts to kick in after adding hoisin sauce and the green and white onions.

The restaurant also offers a wide variety of appetizers, including "FEU" Chicken Wings (\$8), Fried Egg Rolls (\$5) and Chilled Papaya and Mango Salad.

The chicken wings come with a plate of five pieces with either spicy or non-spicy sauce. The spicy chicken wings are seasoned with a mixture of cilantro, sweet Thai chili sauce, peanuts, coriander and jalapenos. The non-spicy

chicken wings have less seasoning.

The fried egg rolls are disappointingly small and come in a plate of six pieces served with chili vinaigrette sauce. The crispy shell stuffed with crab meat and caramelized onions gives the perfect crunch to bite into.

Compared to other restaurants such as Pho 88 and Pho Zip, the pho at Feu Noodle Bar tastes better even without adding sauces and vegetables.

However, compared to Pho 88's and Pho Zip's \$7.10 and \$7.99 pho respectively, Feu Noodle Bar is much pricier.

With this restaurant only eight minutes' driving distance away from Sunny Hills High School, students will have a wider range of options to choose from when deciding which pho restaurant to dine at after school or when eating out for dinner, like before or after going to stag or the prom.



PAUL YASUTAKE | theaccolade

TASTY: Feu Noodle Bar offers dishes, like the House Garlic Noodles (left), Pho Ribeye Beef (top) and "FEU" Animal Style Shaken Fries (right).





KATHERINE KIM | theaccolade

Disney films remind me of my past



andrewHong
Entertainment Editor

Walt Disney Studios released its first fully animated film, "Snow White and the Seven Dwarfs," in 1937, which became the first stepping stone

for the company's global success. The films' ability to capture audiences with their iconic storylines and innovative animation skills led the studio to make more than 164 animated productions.

However, as the art of hand-drawing films is becoming a skill of the past, Disney has directed its future endeavors toward live-action movies.

As of now, Disney has released 19 live-action films within theaters and their new entertainment platform, Disney+.

As a child, I enjoyed watching animated classics such as "The Lion King," "The Little Mermaid" and "Aladdin." However, as time passes, it becomes boring and repetitive to watch these classics on repeat.

As a result, my passion for Disney's entertaining and captivating animations have diminished after the studio stopped producing 2-D films.

For a moment, I thought that maybe Disney's iconic animations would lose its flare as the new era of 3-D animated films take the reigns of the animation industry.

However, after Disney began to release many remakes of their classics such as "Aladdin," "Lion King" and "Beauty and the Beast," I saw the massive potential these movies held. It brought back memories for me.

For many children and adults, Disney's animated productions have become a quintessential part of their childhood and through these remakes, it's opening a new gate of opportunity for future generations to enjoy a new take on the nostalgic films that so many people enjoy even to this day.

'Train to' hit box offices

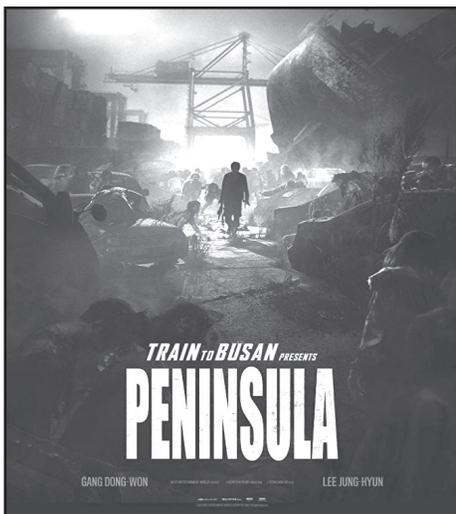


Image used courtesy of imdb.com

"Train to Busan 2: Peninsula"

Synopsis: The title of the "Train to Busan" sequel film will be "Train to Busan 2: Peninsula," which is a reference to the film's plot regarding the whole Korean Peninsula being affected by the zombie virus. Although the new plot has yet to be revealed, the movie deals with a different setting four years after the event in the first movie. It centers on a former soldier who has managed to escape Korea and go on a mission to go back to meet up with the survivors. It has been confirmed that Song Joong Ki, who was also one of the main characters in the popular Korean drama "Descendants of the Sun," has been casted as the protagonist lead character.

Genre: Horror

Release Date: Summer 2020

FAN QUOTES:

"I'm very enthusiastic about the second installment of "Train to Busan." Although I don't understand Korean, the movie itself is filled with so much action and the story line is understandable because it's straightforward and clear. I'm curious to see how the settings will change and whether it will have a happier ending than the first one"

-Mason Chan, 9

"I'm super excited for it. The first one was such a thriller and the ending left me excited about whether they were going to release a second one. I hope that they are able to find some sort of cure for the zombie outbreak and I'm beyond excited to see what the second one has in store for us,"

-Katie Yun, 10

"I'm actually so excited to see what the sequel to Train to Busan will bring to the cinema world after Parasite. I know a lot of people are anticipating this movie, especially after Korean culture started to reach a lot of new [countries], so I expect it to be top notch,"

-Kaitlin Keefe, 12

Compiled by Chloe Lee

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theaccolade file photo

ON WITH THE SHOW: *The ASB will put on the Mr. Sunny Hills pageant after all on April 23 after the Performing Arts Center modernization project was completed as scheduled last month. The ASB has traditionally passed out Sunny Hills-colored gold balloons to senior boys who received nominations from their peers to participate in the talent show, which started in 1995.*

STAFF EDITORIAL

Senior pageant deserves to live on

The *Accolade* editorial board unanimously agrees with the ASB's decision to put on Mr. Sunny Hills pageant next month.

Pageants such as Miss America, Miss Fullerton and Miss Universe create a competitive atmosphere for women to display their talents and win the hearts of their audience.

The first pageant in America created a lasting tradition that spread globally. Traditions such as these contribute to a sense of belonging and unity of social culture.

Bringing people together and encouraging student participation, Mr. Sunny Hills provides an opportunity for eligible senior boys to flaunt their talents on stage, play-

fully reversing the roles of pageant queen to king.

Though a lasting tradition since the spring of 1995, the ASB canceled this variety show last November, citing concerns that the venue where it has usually been held at — the Performing Arts Center [PAC] — may not be open by April because it was undergoing modernization.

Then last month, the ASB's co-adviser, Mike Paris notified *The Accolade* that the show would proceed April 23 since school officials had announced the reopening of the PAC.

On our online website, *The Accolade* asked which events students

are looking forward to attending the most after the PAC renovation, and though only 16 of the 65 responses voted for Mr. Sunny Hills, we believe that it's because the event is primarily a senior affair, and most underclassmen — especially freshmen — are not as familiar with it like the massive appeal of other events like the spring dance concert or Pilipino Culture Night.

A few on the editorial board raised the issue of adding "Ms." to the title of this pageant.

For quite awhile, our school prom only had a prom king with homecoming reserved for a queen. But as high school culture started to change, so did inclusivity in events

and organizations, and our prom now provides a court of princes and princesses with the crowning of a king and queen during the formal dance night.

Perhaps when Mr. Sunny Hills reaches its 26th year, the ASB should consider giving our senior girls a chance to shine on stage because they have talent, too.

The *Accolade* editorial board is made up of the top editors and section editors on staff with the guidance of adviser Tommy Li. If you have a question about the board's decision or an issue for the board to discuss and write about, please send an email to theaccoladeshhs@gmail.com.

How I am staying safe from the Coronavirus



Michelle Buckley
Editor-in-Chief

Whether my friends talk about it at school, or I read an article about it online, the infectious disease has everyone on edge — including me.

When I first heard about the virus, I didn't think much of it. Based on the flu-like symptoms the Centers for Disease Control and Prevention [CDC] released, the virus just seemed to be another sickness that I would take the same precaution against, such as wash-

ing my hands or avoiding contact with people.

However, according to an online article posted in the *The New York Times*, the current U.S. death toll from the virus is at 11 as of Thursday. That gave me a wakeup call.

Although the virus is more fatal to elders and younger children, I still want to stay safe and take precautions against it just in case.

For one, I try to avoid touching my face and my eyes. I tend to rest my head on my hand or adjust my glasses every couple of minutes,

which makes me put my hands near my face.

Additionally, I'm trying to avoid crowded areas as much as possible.

“Although it is a bit risky, I won't let the virus threat stop me from going anywhere.”

Although that's hard to do at school, I try my best to avoid contact with others.

Because I can't always go to the bathroom, I carry around a hand sanitizer that I usually put on at the beginning and at the end of each period just to make sure I'm avoiding as many germs as I can.

It's sad to avoid these crowded areas, especially since concerts or

places like Disneyland bring a lot of excitement. Additionally, four days before spring break, I'll be leaving on a trip to New York to attend a national journalism convention with two other members of *The Accolade* staff to accept an award recognizing our newspaper program.

The unfortunate thing is that I'll be needing to go to LAX — a public area full of people.

Although it is a bit risky, I won't let the virus threat stop me from going anywhere, whether it's to the airport, school or other crowded areas.

I'll make sure to keep putting hand sanitizer on and to make sure I'm not touching things unless I need to. I don't want to catch a cold or the flu before my March 17 redeye flight.

the accolade

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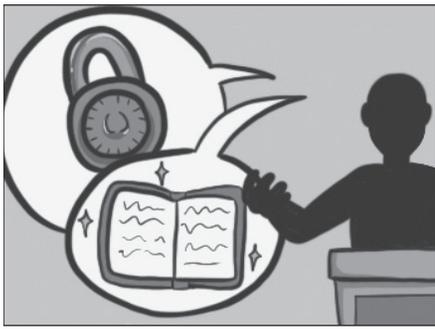
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ERIN LEE | theaccolade

ASB elections this month will be lacking again



tylerPak
News Editor

It's time for another popularity contest... I mean, it's time for the ASB elections. It's the time of year when students get to attend an assembly, read catchy slogans, watch their peers sing rap songs and produce funny videos.

However, something very important will be missing — something that can shape our entire high school experience — electing people who will actually incite change.

As a junior who has experienced two different ASB elections, I know that winners always end up being the most popular candidate — the one who makes the funniest videos; the one who gets the biggest reaction from the audience. But students should base their votes on beneficial qualities and character traits not popularity.

I've always thought the purpose of high school was to educate me -- to prepare me for the "real world." What lesson are we teaching students by telling them to vote for a leader not based on his policies but based on the reaction he can draw from a crowd?

I often hear from parents, teachers and politicians that too many voters make "uninformed" decisions and that many of the problems within our government today stem from voting ignorance. The way our school's candidates run their campaign is just reinforcing the idea that it's OK to be an uninformed voter.

I'm not saying that candidates should stop making these funny videos. In fact, campaigners' current methods are very effective at getting voters' attention. I am, however, saying that they should put more thought into the content of the videos.

Instead of making a ridiculous music video repeatedly telling the audience to "vote for me," make the song explain why the audience should vote for "me." Yes, this reasoning is sometimes included, but it's often an afterthought in a video full of nonsense. Candidates' videos can still be entertaining while incorporating some important goals they plan to accomplish during their term.

What issues do you see on our campus? How do you plan to solve these problems? What changes do you plan to make that will improve our high school experience? These are all questions that can be addressed in a music video.

You're only in high school once. Voters, choose leaders who will make your four years the best they can possibly be. And candidates, tell us more than just "Vote for Me!"

International Baccalaureate is a rigorous program 'IB'elieve in



annieBang
Sports Editor

As a current junior and an International Baccalaureate [IB] diploma candidate, I highly encourage all upcoming juniors to explore their options when choosing their classes for the next school year —

specifically, our school's IB program.

According to the IB Organization, the program aims to equip students with the necessary knowledge to function as upstanding citizens in a globalizing society by offering college-level classes with opportunities to earn college credit.

Graduating with an IB diploma is no easy feat, and colleges are aware of this. Not only are the courses extremely challenging, but extra work such as community service projects is required for the diploma. Thus, college acceptance rates become significantly higher, and IB students are also able to stand out in a pool of other applicants.

Additionally, the IB program's heavy emphasis on writing also prepares students for the workload of college. For example, since second semester, I began the infamous "extended essay" paper, which is a mandatory 4,000-word research paper required for the diploma.

Though the program may initially sound tedious and intimidating, graduating with an IB diploma ultimately pays off — literally. According to admissions.universityofcalifornia.edu, the UC school system awards students who graduate with an IB diploma with 30 free credits, saving students money and time as an undergraduate student.



PHOEBE SAKHRANI | theaccolade

BREAK FROM STUDIES: International Baccalaureate students get together for pizza in Room 137 for their annual Halloween social on Oct. 31.

Besides the academic recognition, another defining aspect of IB is the community that comes with the program. Most comparable to an adoptive family, the tight-knit friendships that I formed make the pains of high school just a little more bearable.

Every morning, I begin my zero period class surrounded by my IB peers, and despite my lacking energy due to sleep deprivation, I feel more energized by simply being around my classmates, who as busy juniors, are usually just as tired as I am.

With the stressful tests, last-minute deadlines and group projects, a series of adversities serves as a special glue in creating a lasting bond between my peers, some of whom began as complete strangers in the start of this year.

I also began viewing many of my IB teach-

ers as real people who aim to help me grow rather than as authoritative figures put into my life for the sole purpose of making it harder.

And last but not most definitely not least, our IB coordinator, Brian Wall, goes out of his way to ensure that IB students maintain a proper state of mind and help us out of our dark moments when times get rough. IB's unprecedented level of focus and attention to students' mental well-being is impressive to say the least, especially for a public high school.

According to USNews.com, less than 950 schools in the nation offer IB compared to more than 20,000 for AP. Thus, the program offered for Lancers is not only a great opportunity, but it is also a privilege more students should look into. At least with my experience so far, the blood, sweat and tears are definitely worth it.

Advanced Placement leaves more time for extracurriculars



rebeccaChoi
Asst. Copy Editor

The end of my sophomore year brought about a decision that took much thinking and debating to solve: choosing between the Advanced Placement [AP] and International Baccalaureate [IB] pathway.

My initial decision when I turned in my registration card to the counselor weighed in favor of the IB program; I was prepared to take classes such as Theory of Knowledge and History of the Americas to graduate with a full IB diploma, thinking it would teach lifelong skills that AP classes did not offer.

However, I was concerned about the amount of time I would have to invest in these classes. I was uncertain if I wanted to put that much time into my academics, such as the extended essay, rather than my extracurriculars.

As a result, after some discussion with my parents over the course of a few weeks, I decided to choose the AP pathway, and I certainly do

AP STATS (not the class)

- More than 1.24 million students in 2018 took a total of 4.22 million AP exams.
- The average score of all AP exams taken at SHHS is 3.1 out of 5
- SHHS had 116 AP Scholars, 51 AP Scholars with Honors and National AP Scholars for the 2019 test year

Compiled by Hanna Olrman

not regret it.

According to the College Board, the AP program "offers college-level courses and exams that [students] can take in high school," allowing them to "earn college credit, stand out to colleges and save money and time."

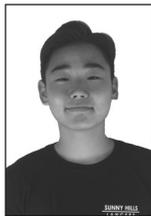
Taking AP courses and receiving above a cut-off score on the exam enable students to earn college credit, skip certain introductory courses and be placed in a higher level class in their freshman year of college. This means they do not have to pay for required classes and can instead fill their schedule with courses of their interest.

In addition, the College Board grants AP Awards and Recognitions for receiving above a certain score on exams. For example, the AP Scholar Award is given to students who score a 3 or higher on 3 or more exams. These recognitions can further enhance a student's transcript, according to the College Board.

Lastly, contrary to the IB program, the College Board allows students to take AP exams without having to enroll in the actual course. This flexibility gives students the opportunity to broaden their educational scope and perhaps study for something they do not have space for in their schedule.

So, I chose the AP pathway because why not invest some more time into meaningful extracurricular activities — like *The Accolade* — that will benefit me more in the long run.

Boy Scouts bankruptcy shocking



danieKong
Staff Reporter

While I was in the middle of a chemistry lesson on Feb. 18, I received a news notification on my phone.

Opening it, I couldn't believe what the headline read: "Boy Scouts of America Files for Bankruptcy Over Sex Abuse Claims."

Sex Abuse Claims."

Having been an active Boy Scout for six years, this definitely caught me off-guard. I had grown up and made lifelong friends through this program and to hear that it was filing for bankruptcy was something I could not accept.

The statistics were quite telling. Membership was slowly declining compared to a decade ago, according to the Boy Scouts of America's 2016 annual report.

Forbes.com released an article on Feb. 18 stating that the Boy Scouts of America was facing hundreds of lawsuits with most cases "surrounding alleged child abuse" that took place between the 1960s and 1980s.

These accusations shocked me because I always felt as if I was looked after by my troop members and leaders rather than abused.

In Fullerton-based Troop 1747, I was raised feeling loved and protected because of brothers whom I could call my family.

In our monthly Boy Scouts meetings, we were taught to keep ourselves physically strong, mentally awake and morally straight. Since I joined the troop, I have been living my life by those morals alongside my Christian values.

Boy Scouts was more than just an extracurricular activity to me from the start — it was a way to becoming the best person I could be.

In all my years in this program, I experienced only good memories. Going camping every month with my friends and having to cook for the younger members was not only a learning experience, but it



KAREN LEE | theaccolade

was a memorable one as well.

Not once in my six years have I felt threatened or uncomfortable by anyone of the Boy Scouts staff or adult troop leaders. At least in my troop, many of my peers take ownership of our own group, and the adult leaders are there only to advise us when we face a conflict we can't solve on our own.

For example, when we leave cooking utensils and other supplies back at the campsite, the adult leaders communicate with the parents to resolve the issue.

With the Boy Scouts organization being sued for several billions of dollars, I'm still not completely sure what to expect

within the next couple of months, but I think that my troop will be fine for the time being. I was most comforted upon reading a Feb. 28 *Orange County Register* online article about how several Los Angeles and Orange County Boy Scouts chapters "are not bankrupt."

In the most recent Boy Scouts meeting I went to on Feb. 22, I was expecting my Scoutmaster to bring up the sensitive topic, but to my surprise, he didn't.

I then looked around and saw about 50 loud, pesky boys talking, realizing that our troop was made mostly of middle schoolers who weren't ready for the abhorrent reason as to why the national organization

had opted to file for bankruptcy protection.

When I personally brought up this issue to my Scoutmaster, he informed me that it wouldn't directly affect our troop because we are part of the Orange County Council, one of the local districts which has not been affected by the actions of the national organization.

I was quite relieved to have been informed about this situation.

In fact, I am more determined than ever to remain with my troop and finish up my eligibility with my peers.

That would be the morally straight thing to do.

Letters to the editor

I found the article "Club Corner: French Club says, 'Bonjour'" very interesting.

I think language clubs are a great way of teaching students new languages when they are not offered as courses.

Being able to speak multiple languages is very beneficial in the real world when it comes to speaking with people internationally, and by participating in clubs such as the French Club, students are given the ability to strengthen their knowledge on languages of their interest.

Overall, I think it was a great idea to write an article about the French Club to inform students that they can still learn French even though it is no longer offered on our campus.

— Lauren Angelus, sophomore

In the Opinion section, I found the pros and cons debate on the PSAT 10 really helpful, especially because I was debating on whether to take it or not.

The pros side really helped me make my decision. It explains the many new scholarship opportunities, universities and summer programs that had been encountered by taking the PSAT 10, and I really wanted those opportunities to knock on my door, too, which led to the decision of my taking the PSAT 10 on March 11.

— Alice Lee, sophomore

I thought the "What's Hot; What's Not" article in the Valentine's Day edition was nice to read because it gave me a good sense of what other people do on Valentine's Day, so that I can see what some activities are on this holiday.

Typically, I don't do anything special for Valentine's Day, but seeing how much others enjoy celebrating, next Valentine's Day I'd like to do some of the things mentioned in the article.

— Kiana Reed, sophomore

An article that I enjoyed was "My uncle's close call with the coronavirus" because it really captivated my attention and focus.

To hear all about it on the news but then read a more personal story that is relatively close kind of hits differently.

What I thought was really good was when the reporter mentioned how her uncle got to be in quarantine a different way. She spotted a problem in the system that could potentially cause the virus to spread. This way I was informed of the possible danger we could all be in, which is useful so I can be on alert. Overall, this section was interesting and informative that I think deserves praises.

— Jason Pyo, sophomore

The Accolade welcomes signed letters to the editor with full name and grade level emailed to theaccoladeshhs@gmail.com.

The staff reserves the right to edit.

For the record

The Accolade regrets the following errors from the Feb. 14 issue:

In a page 7 News article "Teacher codes Apple app for school bell schedule," computer science teacher Jeremiah Wai's quote explaining why the app is not available for Android phones should have been written as, "Android apps are coded in JAVA. Whereas, iOS apps are coded in swift."

In a page 15 Sports article "What's the cheapest sport for SH students?" the infographic should have included a source to show that the information for the least expensive sports on campus was based on interviews with three student athletes, two coaches and athletics director Jon Caffrey.

In a page 16 Sports article "78th minute goal pushes boys soccer into CIF quarterfinals," the headline and story should have stated instead that the team advanced to the second round of CIF.



PAUL YASUTAKE | theaccolade

GOLF: Sophomore Ethan Kang raises his golf club and while wearing the SH golf uniform.



MEGAN SHIN | theaccolade
CHEER: Senior Emily Ibara wears her cheer uniform and matching shoes.



PAUL YASUTAKE | theaccolade

BASEBALL: Catcher freshman Noah Kim wears his \$850 catcher's gear while practicing catching a curve ball.

'Women in Sports' pushes me to improve



gianne Veluz
Staff Reporter

"Hey, Gianne. You're going to a conference next month. You'll miss school and there will be food. Mark your calendar." "Wait, what conference, coach?" "It's called Women in Sports."

"When will it be, and what food?"

So that's how I ended up inside the main auditorium of Eastside Christian Church in Anaheim. The Feb. 25 event drew 1,500 female athletes, 24 from Sunny Hills.

By now, you're probably thinking that I'm just here for the food (we ended up just getting sandwiches), but the conference topic about women in sports also drew my attention.

I consider myself a feminist, and I was hoping to meet professional female athletes who would give me advice as to how female empowerment can be applied in high school sports.

One part of Olympic softball player Janie Reed's speech that stood out to me was when she said, "Hard work is worth it every time, but it doesn't guarantee anything except growth." I can relate what she said to my three year's of experience on the girls golf team because working hard during practice can seem fruitless when my results don't immediately reflect the efforts I put in.

During the conference's 20th anniversary event, some of the other guest speakers who shared their success stories were Olympic gold medalist Kaitlin Sandeno and Violet Palmer, the first female referee to ever officiate an NBA game.

Each speaker touched on the sacrifices she has had to make to balance her sport with academics, extracurriculars and personal life, which I found relatable to my current situation.

Sandeno, who was in the ASB and the yearbook staff while training for the 2004 Olympic team, explained that she juggled other extracurriculars with being a student athlete: "You can be a part of many activities in life if you learn how to balance [them] well."

I was inspired by Sandeno because as a student athlete with several obligations both inside and outside of school, she made me feel like I can manage it all.

As a team captain, this experience provided me with a new mindset of being bent toward constant improvement that will benefit me and my teammates. I want to have a positive impact on others like the women who inspired me that day, but on a smaller scale for now. I will start with the 15 girls on my team and remind them that their experience as a female athlete will teach them resilience, determination and commitment.

Walking away from the conference with a feeling of great confidence as not only an athlete, but a woman, was bigger than any sport.

Baseball gear puts sport as most expensive to play

HANNAH KIM

Staff Reporter

Despite sports being available to all students, some athletic activities can still rack up prices for students who want to purchase their own gear and tournament fees.

And that's the case with baseball.

While fundraising covers the cost of jerseys, gear purchases by baseball players include their bats, fielding gloves and cleats that can cost \$350-\$600, \$100-\$800 and \$20-\$100, respectively, some of the baseball players said.

The players can also put a few hundred dollars into private batting and pitching coaches, adding up to \$40-80 an hour.

Annually, a player can spend around \$1,500-3,000 depending on his position, catcher being the most expensive.

With such a hefty fee, the athletes were not surprised by their sport's standing on the price charts.

"I expected baseball to be pricey because good pieces of gear like all-leather gloves have quite the price attached to them," shortstop junior Colin Farias said. "[But] paying these prices isn't bad considering the gear that most high school players buy is the same [as] the pros'."

Farias has spent around \$5,000 on personal equipment for baseball and the cost of paying for non-school related events

Other players choose to buy pricier, upgraded gear to improve their performance.

"It was just better for my plays," centerfielder freshman Bohdan Faulkner said. "[Despite being] expensive, getting the best gear is worth the price to me."

SECOND IN A SERIES

Feb. 14 - What are the cheapest sports at Sunny

Coming April 3 - Sunny Hills athletes with custom gear

Faulkner said his bat — a \$550 Louisville Slugger Meta Prime — is one of the more popular, high-quality high school bats.

Other players choose to buy extra gear.

Catcher freshman Noah Kim said he spent around \$850 on his catcher's gear and glove, not including his bat and fielding glove. Nonetheless, his love of the game drives him to save up for pricier gear.

"It can be a really expensive sport, but I'm really passionate, so I'm willing to buy the best gear so I can perform better," Kim said. "It also looks cool, so that's a plus."

CHEER IS EXPENSIVE, TOO

While equipment prices take up the majority of most sports' expenses, cheer's annual three-day summer training camp takes up a lot of its costs.

With a \$2,000-\$2,500 price range, cheer rivals the priciest sports on campus.

The camp continuously adds to the girls' yearly expenses, despite reusing uniforms.

"It's expensive, but they give us a lot of clothes and equipment," freshman JV cheerleader Alysa Lee said.

MOST EXPENSIVE SPORTS AT SHHS

1. Baseball **\$1,500-3000**
2. Cheer **\$2,000-2,500**
3. Softball **\$1,000-2,500**
4. Golf **\$1,000-2,000**
5. Dance **\$1,000-1,200**

Source: Various athletes, coaches
Compiled by Annie Bang

With such high prices, athletics director Jon Caffrey says Sunny Hills is willing to help cover the costs of any sport.

"We make sure that everybody knows that if cost is a problem, we need to know about it so that we can help alleviate that and that's something that should be discussed in extremes," Caffrey said. "I know that we have done that with cheer."

Despite this, some still don't want to try out for cheer because of financial issues.

"I'm sure there are families that don't want to ask for help, and hearing that is heartbreaking," Caffrey said. "We want kids to come out regardless of the cost."



Freshman golfers putting their way into starting lineup

LIRA JEONG

Feature Editor

Freshman golfer Carson Kim started his first season of high school golf with an injured shoulder and is unable to practice golf with the team right now, but he can't wait to rejoin the squad.

"It was definitely disappointing because I want to do everything I can to help our team win, but when I'm injured, I can't do that," he said. "I feel a little sad because I always enjoy playing golf so much and is always the high point of my day."

Ranked third nationally and second in California for the Class of 2023 by the American Junior Golf Association, Kim tends to play golf for seven hours on the weekend and four hours on the weekday to help him do well in his competitions.

"It feels pretty good to be nationally ranked," he said. "All that hard work that I put into [golf] paid off."

Kim's most recent accomplishment is winning the Southern California Professional Golfers' Association Junior Toyota Tour Tournament at Industry Hills Golf Club on July 15-16, competing with people ages 12-18.

"When I won this tournament, it felt really good because it was only my second tournament back after missing six months [from] a shoulder injury," he said.

Boys golf head coach Scott Enrico said he noticed that even when Kim's only goal is to win, he still has fun.

"I love all of our guys," Enrico said. "[But] when I first saw [Kim] rip his drives 300-plus yards and straight off the first tee box at Westridge Golf Club, it was like an astonished face emoji."



Image reprinted with permission from Carson Kim

FOLLOW THROUGH: Freshman golfer Carson Kim evaluates his golf swing at the July 28-30 2019 Callaway Golf Junior Championship in Rancho Santa Fe, Calif.

LIRA JEONG

Feature Editor

Nationally ranked golf player freshman Eric Lee broke his arm while doing pull-ups on the overhead at Laguna Road Elementary School in fifth grade.

"I've been out of golf one time for six months because I broke my arm in four places [while doing pull-ups in 5th grade,] which caused me to have surgery," he said. "[However,] I never seriously thought about quitting even though it's gotten very

hard because there's always going to be times when things are not going right, and I need to overcome it."

Ranked ninth nationally and fifth in California for the Class of 2023 by the American Junior Golf Association, Lee has many milestones in his life that revolve around golf.

"I didn't know I was nationally ranked until my dad told me I was [ranked] 20th in my age division when I was 12 [years old]," Lee said. "Back then, I didn't know how to react because I didn't think it was

a big deal."

Last September, Lee competed in the international competition, Evian Juniors Cup in France, where his team represented the United States. He won by one point in a competitive match against an Italian golfer.

"The experience in France helped me a lot because after winning the tournament, [I felt] confident about myself going into upcoming tournaments in the future," he said. "It was a great opportunity to play with some of the best golfers my age around the world."



Image reprinted with permission from Eric Lee

WORLD CHAMPS: Freshman golfer Eric Lee poses with his Evian Championships Junior Cup trophy after leading Team USA to the win in Evian-les-Bains, France, Sept. 28.



PAUL YASUTAKE | theaccolade

THAT WAY: Athletes in Motion instructor Jason Hitchens (left) points junior Armaan Ahmed toward the next training station on Feb. 27 at the school field.

AIM arrives on campus

KRISTIMA ARYAL

Staff Reporter



For the full story, go to shhsaccolade.com/wp/sports

To enhance student athletes' abilities, school officials are for the first time paying \$2,000 a month to hire physical trainers from an organization called Athletes in Motion [AIM].

Athletics director Jon Caffrey said AIM workers started exercise drills and stretches with Lancers and Lady Lancers in January and will continue helping out through May.

AIM combines bio-mechanics with sports performance for athletic teams in their off-season. The program currently trains each participating team eight times a month.

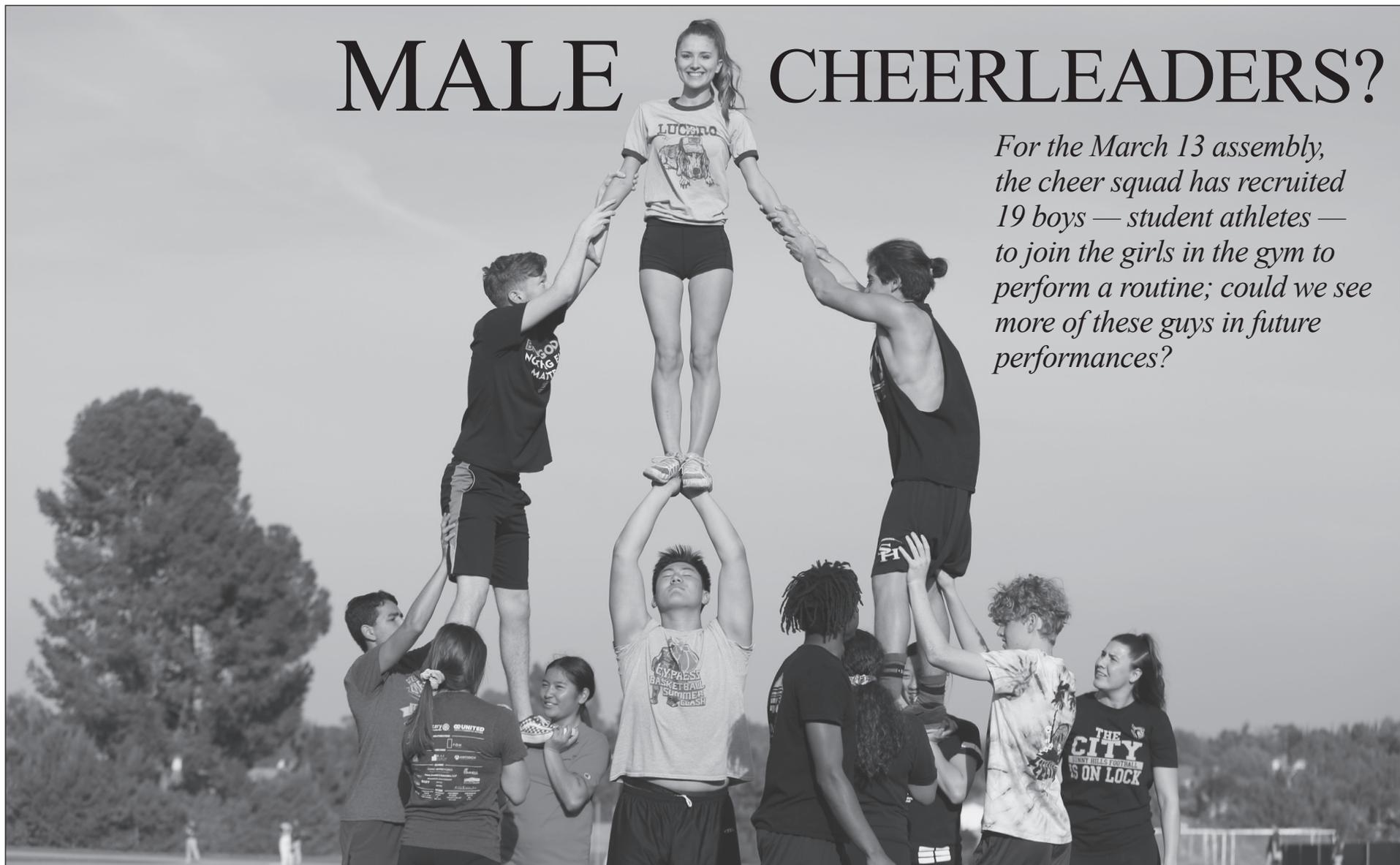
"We conduct Functional Movement screening, and Range of Motion and muscle testing, which allows us to predict how an athlete will move in multiple directions,"

said Walt Shedd, one of the original founders of the AIM program. "Our methods are to build the requisite core strength and stability to perform the movements that are specific to the sport."

AIM instructors have trained over 5,000 athletes ranging from sports such as basketball to water polo, according to the AIM website. In addition, the program has trained the SH girls soccer team for the past three years.

"They've taught our athletes the proper running technique, which many of them had never learned before," girls soccer head soccer coach Jeff Gordon said. "AIM teaches us how to change direction and move efficiently."

MALE CHEERLEADERS?



For the March 13 assembly, the cheer squad has recruited 19 boys — student athletes — to join the girls in the gym to perform a routine; could we see more of these guys in future performances?

PAUL YASUTAKE | theaccolade

PYRAMID: Cheerleader senior Delaney DeLuca (center) is lifted by a group of male and female cheerleaders during a March 5 practice on the Sunny Hills blacktop.

ANDREW NGO

Sports Editor

The first time the boys entered the cheer room for practice on Feb. 18, head cheer coach Lizzy Mejia laid out a few rules for them.

Rule No. 1: No jewelry.

Rule No. 2 (and the most important): Respect the female cheerleaders and catch the flyers when they're falling back down after being tossed into the air.

"Cheer is a full contact sport, so our boys need to make sure they are aware of that," Mejia said nine days and three practices later. "When our flyers perform stunts, their lives come first, so the boys need to make sure that they can stay safe."

Since then, the boys have excelled in their six practices in preparation for the March 13 assembly in which they'll be performing a routine in front of the entire school.

"The boys are catching on really quickly," cheer captain junior Lyndsey Mitsch said. "They've learned a lot already."

Mejia, who is currently in her second year as a coach at Sunny Hills, came up with the idea after the girls in the program continually asked for a chance to work with male cheerleaders, a common practice in high schools across the country.

"The girls have wanted the chance to cheer with boys for a while now," Mejia said. "They even showed me TikToks of male cheerleaders performing to convince me."

For Mejia, the idea of boys teaming up with the female cheerleaders was not a foreign one.

"When I was in high school, we invited guys from the football team to do a competition with us every year," she said. "I met my husband through cheer, too, so I've thought about this a lot."

When Mejia eventually an-

nounced that she would be inviting boys to practice with the goal of performing in the assembly, the cheerleaders recruited male athletes from other sports to join them through social media and word of mouth.

"My friend [senior cheer captain] Megan Dedeaux asked me if I wanted to join," defensive back football player, track sprinter and male cheerleader senior Fernando Perez said. "It took some convincing at first, but then I realized this my senior year, and I don't want to live without any regret."

Because of complications with athletic waivers, Mejia only opened the opportunity to boys who were already in other sports.

While some of the male cheerleaders are seniors who have finished their sports seasons, others have to balance their cheer practices, which are from 3-5 p.m. on Tuesdays and Thursdays, with practices for their own sports.

"I swim from 2-4 p.m., but



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FLIPPED: Cheer coach Lizzy Mejia (right) helps basketball player and male cheerleader sophomore Jacob Dedeaux perform a backflip on the Sunny Hills blacktop during a Feb. 27 practice.

cheer starts at 3 p.m., so I practice until 3:30 and come to cheer a little bit late," swimmer and male cheerleader junior Shane Hur said. "But I still have enough time to learn the routines."

Mejia said that the boys' athletic backgrounds and size have helped the girls with their stunts.

"With the boys [catching them,] the girls feel safer," she said. "Some of our flyers are taller than the girls that are catching them, so now that they have stronger boys to catch them, the girls are a lot more confident."

The boys will be wearing shirts that say "The Boys" during the assembly performance, Mitsch said.

The female cheerleaders view the boys being on the team as a positive thing.

"It's been pretty interesting to see how the boys adapt to things that they're unfamiliar with," Mitsch said. "It's really fun having them around, too."

Mejia said that the possibility of boys joining cheer permanently remains open.

"I think it's possible for boys to join in the off-season," Mejia said. "It's pretty easy for males to pick up cheer."

Perez added that everyone should try doing something that deviates from the social norm just like joining a female-dominated sport as a male.

"It's OK to step out of your comfort zone," Perez said. "Because at the end of the day, you're your own person, and [you have] the power to make your own choices."

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