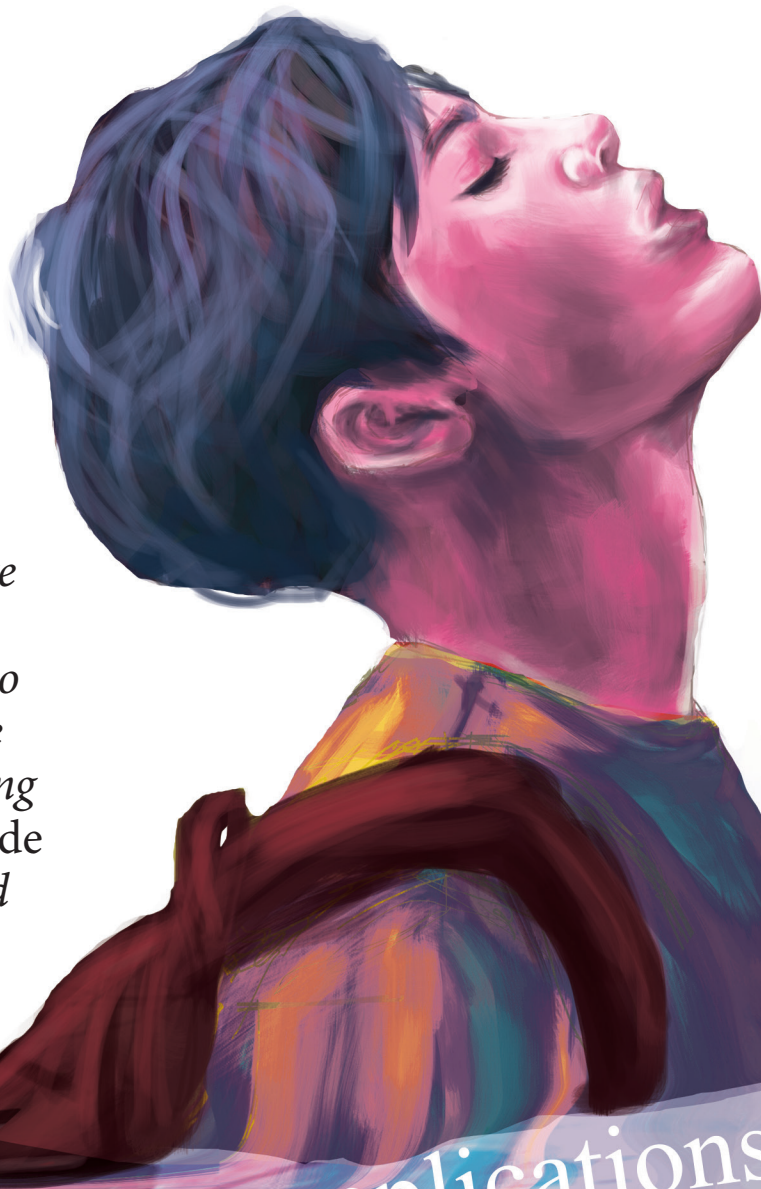


the accolade

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Stuck in the mire of the college admissions process? Does it matter where you go to college? Is community college beneficial? How about attending school out of state? The Accolade dives into these questions and more. See pages 2-5.

JAIME PARK | theaccolade

subject tests

college applications SAT

sleep

relationships

volunteer

New

Perspectives

grades

sports

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homework
social life



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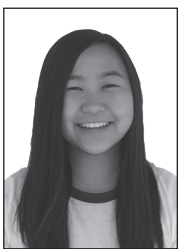


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TRUTH BEHIND UC STEREOTYPES



*camryn*Pak
News Editor

UC Lots of Asians.
The list is endless.
Spread across the state from San Diego to Berkeley, the UC schools are reputed as the nation's most competitive public schools,

University of Chinese Immigrants.

University of California [UC], Socially Dead.

according to usnews.com.

Oftentimes, seniors find themselves blinded by rankings or hackneyed beliefs when deciding on a school to go to. Some students might choose to attend a certain campus for its academic prowess. In contrast, a student might decide against attending a school for its hilarious yet exaggerated stereotypes.

University of California, Los Angeles stands as one of my favorite stereotypes: UC Lots of Asians. This label, though exaggerated, is rather accurate since the school is comprised of 40

percent Asians. Dorming at the campus last summer made me feel as if I had never left "Sushi Hills," a nickname given to Sunny Hills for the large amount of Asians that we have.

Some UC stereotypes, however, can easily be disproved after a visit to the campus. It is widely believed that University of California, Davis smells strongly of cow dung, but my peers who have been on campus tours have not even seen a cow on the premises — much less smelled one.

UC stereotypes have some truth to them, but they are defi-

nately dramatized. They're certainly not made to criticize these universities and their weaknesses. Instead, they are labels that have stuck onto the UCs for decades, emphasizing the differences between the nine universities by humorous means.

So when deciding where to spend their next four years, seniors should determine a school's quality based on their own experiences — not by its ranking or hyperbolic stereotype.

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RACHEL KIM | theaccolade

WHICH ONE TO CHOOSE?

As deadlines near, students share a common difficulty of choosing which type of college to apply to. In response to this, The Accolade shares its opinions on choosing the right college.

Out-of-states bring enriching experiences



janaYi
Managing Editor

Open your laptop. Type “Common Application” in your browser. Register.

As seniors begin their college application process, they are

hit with a question: in-state or out-of-state schools? The answer to this question is easy: out-of-state schools.

Is going out of state expensive? Yes. Will it be harder to adjust to living in a different state? Yes. But, will it be worth it? Yes.

Although going to a college in your current state is tempting because it is comfortable, the advantages of out-of-state schools outweigh the security of staying in California. First of all, campuses beyond your surroundings will expose students to a greater array of people and give each freshman a newer environment to grow in. Staying within your home state gives some sort of security; however, new experiences such as managing your own schedules without your parents will teach you how to fend

for yourself. Some people may argue that the same things can be applied to in-state schools, but entirely new experiences will give you the chance to live on your own. No one will enforce any restrictions on you — the sky is the limit.

Out-of-state colleges will also teach you new ways to push yourself. When I visited the Netherlands and Germany for a little over two weeks, I had to take care of myself and feed myself with the money I had. From this, I grew a larger appreciation for various cultures as well as my hometown’s. No one will constantly push and tell you to be on task. It is beneficial for you to not be able to look to your parents for guidance since you need to learn to take care of yourself, especially when taking the first steps into adulthood. Though it will be difficult at first, adjusting to adulthood and caring for yourself will become easier.

College is supposed to be in the best interest of each individual student, so choosing out-of-state schools will ultimately be a more beneficial decision to jumpstart a path toward future success.

Add out-of-state schools. Finish applications. Get accepted. Pack your bags. Get ready for a new experience.

Public, private schools cater to different needs



christineChoi
Copy Editor

After nearly four grueling years of high school, the apex of my education career quickly approaches May 1 — the National College Decision Day.

My fickle mind can’t help but wonder about all the possibilities lying between a public and private university. I find myself asking: Which university best fits me and my interests?

At a public university such as the University of California, Los Angeles [UCLA], just under 31,000 undergraduate students enrolled as of 2017 (admission.ucla.edu), whereas a private university such as Princeton University holds a much smaller class size. At Princeton, there is a total of 5,260 undergraduates enlisted (princeton.edu).

The sheer number of students in public schools may be overwhelming to an ambivert like myself, but I also appreciate a diverse class of cultures. Both schools would still allow me to build connections with more people of different backgrounds

and interests.

I don’t mind attending a university with a large class; however, I am very aware that I won’t have as much of the “hand-holding” that I would hope to be assisted with.

Academic counseling advisers at private universities would provide more guidance and opportunities for internships and other job experiences, whereas counselors at public universities are strictly limited from helping all students because of the much larger class size.

On the other hand, private universities typically do not have a shortage of those enrichment opportunities because of the smaller class size. In addition to more of those opportunities, the student to faculty ratio is much smaller, allowing students to build closer relationships with their professors.

No “better” college exists between the two, but it’s just a matter of seeing which one is a better school in terms of your interests.

Personally, I hope to be accepted into an out-of-state private school — one that will direct me toward an academic career filled with unexpected intersections in my courses of study.

Q & A with a College Admissions Officer

Q: What advice would you give to students who want to stand out on their applications?

A: I would tell students to definitely get involved. I think there's a push for all students these days to do well academically and take the most APs and the most honors. I'll guarantee you that there are a lot of schools that are not just looking for that. If you've done something that you're really passionate about, that's going to stand out to any school.

Q: What do you think is the most missed opportunity when writing a college essay?

A lot of times, students choose to recycle their answers for the member questions, and the thing is, the member questions determine fit. They're not necessarily taking the time to change the names of the schools, so there have been lots of times when I've read [for example], "I'm applying

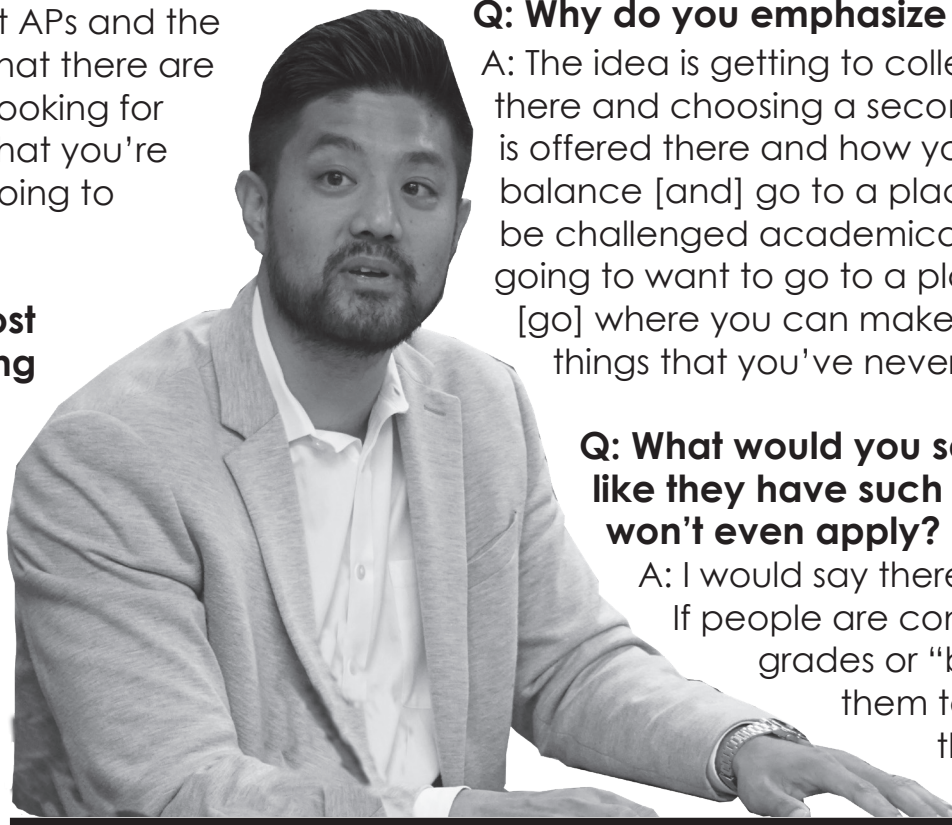
to the University of Michigan," because that's a Common Application school. That's the biggest turnoff for any admissions officer to read something like that.

Q: Why do you emphasize fit for college?

A: The idea is getting to college but also staying there and choosing a second home based on what is offered there and how you feel there. Have that balance [and] go to a place where you're going to be challenged academically because you're not going to want to go to a place that's easy. But also, [go] where you can make lifelong friends and do things that you've never really done before.

Q: What would you say to students who feel like they have such "bad grades" that they won't even apply?

A: I would say there's no harm in applying. If people are concerned about their grades or "bad grades," then have them talk to a counselor, and they'll give them the best advice.



ANNIE CHOI | theaccolade

PRESSING QUESTIONS: *University of San Diego admissions officer Andrew Alsoraimi-Espiritu answers common questions about the college application process during an Oct. 12 lunchtime college visit at Sunny Hills.*

Compiled by Noah Somphone

2018's top universities for the most popular majors



COMPUTER SCIENCE

Massachusetts Institute of Technology



COMMUNICATIONS

Northwestern University



GOVERNMENT/ POLITICAL SCIENCE

Harvard University



BUSINESS

University of Pennsylvania



ECONOMICS

Harvard University



ENGLISH LANGUAGE AND LITERATURE

Emerson College



PSYCHOLOGY

Stanford University



NURSING

University of Pennsylvania



CHEMICAL ENGINEERING

Massachusetts Institute of Technology

Graphic by Tiffany Lee
Compiled by Megan Shin
Source: Niche.com

Should I apply to an Ivy League?

Should I go out of state?

Does Early Decision help you get into the college you want to go to?

Is going to junior college bad?

Am I qualified enough to get in?

Questions students have about college

College reputations do not matter

Junior colleges prove their worth



noahSomphone
Editor-in-Chief

Look, I get it. College is the literal epitome of what many high school students have been working for, probably during the last four years of our lives — if not more.

Yet, despite all

the work, we eventually will get rejected from at least one school. It's inevitable (for most of us). So then, the question remains: Does the college you go to really matter?

If, for some odd yet popular reason, you really want to flex your acceptances and compare your admission results with peers, you have probably two months to do so before you leave them for a long time.

Bottom line: The college you go to matters, but not by how "great" the school is.

At a summer program that I attended this year, my instructor listed five things that are important when factoring one's college decision.

1. Weather
2. Food
3. Culture
4. People
5. City location

I initially scoffed at the idea of having the weather be a determining factor in my

college decision, but the more I thought about it, the more it made sense.

Yet, one thing remains in my way. Pride. It has control of us all. We're so proud of the things that we've accomplished, and there's a certain right to that.

However, why sacrifice happiness at a tier one, name brand school when your quality of life could be much better elsewhere? For most of us, it's time to come down to earth.

Forget about how "bad" a safety (or in layman's terms, your backup) school is. Find a "safety" you love, and if rejection comes, it's still a school you want to go to. Instead of clinging on to pride and being left with absolutely nothing, four years of excitement will remain in front of you.

Zooming out on societal standards makes you realize that an entirely new world exists. Keep searching, and you will find what you love. Don't ever compare yourself to those with 4.0 GPAs.

I'm not saying take your foot off the pedal. Just slam it on another one.



ERIN LEE | theaccolade



minjiKim
Feature Editor

Even though college is not compulsory, it's an option that everyone can take advantage of. Seniors can choose to either apply

for admission to a community college or a four-year public or private school.

But committing to a university isn't only about getting accepted or rejected by admissions committees. What about the money that is most likely coming directly out of your parents' pockets? What about the little financial aid you may receive, making it difficult for you to afford the next four years of graduate school?

A trend that I've noticed throughout the years is that many students have chosen to attend community college for two years and then transfer to a University of California [UC] school. Through this, students actually save money and have a higher chance of being admitted. According to admission.universityofcalifornia.edu, 23 percent of transfer students — 95 percent of the group being students from community colleges — were accepted to UC Berkeley, compared to the 14.9 percent freshman acceptance rate.

Let me say that attending community college and transferring to a UC is possibly one of the wisest decisions that students have made. This route saves students thousands of dollars on tuition and housing costs.

Say you went to UCLA after graduating high school. You would be paying \$34,677 just for your freshman and sophomore years. On the other hand, by attending community college for two years, you would be saving much of this money by living with parents or other relatives.

Personally, this route can be beneficial in the long run. Like many other students, I'm still considering what career and major would suit me best. The pressure of choosing a major and being expected to have a decent understanding of what my future holds are scary thoughts, and I'd very much would like invest my time thoroughly into my life goals and possibilities. Community college would instead give me more time to evaluate my skills and passions without rushing or forcing myself into a field I wouldn't be satisfied in.

No one has a clear answer to whether going to a community college and transferring to a UC is good or bad, to put it in simple terms. But, it is important to keep in mind that college isn't everything. In fact, college experience is not based on what university you go to, but what you make out of it.

Mr. Sunny Hills nominees total 50



AUDREY JO | theaccolade

SURPRISE SURPRISE: Mr. Sunny Hills nominee senior Akaljit Rai (left) holds his balloon and paper crown Oct. 19 in his period 2 class as seniors Carlos Serrano and Jimmy Barajas join him.

Spring pageant switched to fall semester because of upcoming PAC modernization

CHLOE LEE

Staff Reporter

The Mr. Sunny Hills pageant will be held Nov. 8 instead of its usual March date because the PAC will shut down for modernization in the spring semester.

"I think that moving the date to the fall shouldn't be a problem," ASB co-adviser Mike Paris said. "The show is always a good and popular event. One of the things that makes the show so good is the reactions and emotions of the crowd that night."

All seniors were eligible to nominate three out of the 162 senior boys. The top 50 nominees were handed a crown and a yellow balloon Oct. 19 in their period 2 classes. However, not all nominees are required to participate.

Like the 2017-2018 event, the show will consist of two portions — a formal wear and a talent show.

Each contestant will be judged by ASB presidents from other schools in the district during the show in multiple areas such as talent and charisma.

On Nov. 1, the theme will be announced through the jumbotron during break. Ticket sales will also begin at that time for the Nov. 8, 7 p.m. pageant.

Nominee senior Jonathan Rikitu does not mind the change and looks forward to the event because he believes that the seniors should engage in all events.

"As long as the event is still going on, I'll be happy," Rikitu said. "It would be sad to see this event go away."

After being encouraged by his friends, he plans on participating



NOAH SOMPHONE | theaccolade

ROYAL RECOGNITION: ASB member senior Hannah Son-crowns Hayan Khan (left).

and is excited to do so.

"I want to participate to win, especially because it's my final year in high school," he said.

Nominee senior Joshua Choi was shocked when two ASB members walked in during second period to hand him his crown and balloon, signifying his nomination to compete for the title.

The senior said he plans to participate in the event and said that moving the date to first semester is a positive change for Sunny Hills.

"I like getting things over with

as soon as possible, and I think it might be more convenient for the school since second semester gets hectic," Choi said.

Nominee senior Matthew Rah said the event is an opportunity to have fun and to highlight the last year of Sunny Hills.

"I think it's great that the event is during the fall," Rah said. "It's something to distract us from college applications before we leave to college and part from our friends."

51 sophomores, juniors take international exam

TYLER PAK

Staff Reporter

To compare the U.S. education system to other countries, a three-hour test was given Wednesday to a randomly selected group of 51 sophomores and juniors in the Lyceum.

The Programme for International Student Assessment is given once every three years to randomly selected high schools in the nation, according to the Organisation for Economic Cooperation and Development, which administers the exam.

It evaluates students in math, reading and science, according to the organization's website.

This school year, 250 U.S. high schools were notified of its selection. Sunny Hills students received an email Oct. 15 from the principal's secretary Patty Johnson who informed them of the test date.

Students met in the Lyceum near the end of first period and finished near the end of fifth period.

They were given a five-minute break after the first part of the assessment and a 30-minute break at the end of the second.

After taking a survey in the third session, test-takers received a \$25 check made out to their names and a certificate indicating completion of four hours of com-

munity service.

Breakfast burritos for test-takers were offered by school officials before the assessment started.

Sophomore Junho Kim was among those selected for the exam.

"I think I did OK on the test," Kim said. "It wasn't too difficult."

Junior Angela Benitez De Arcos was proud to be chosen.

"I feel like a lot of pressure was put on me and that I had to perform my best," Benitez De Arcos said. "It's pretty cool because the test will show how good of a school we are."

Results of the exam will be available in 2020, officials said.

Fun and games



ANNIE CHOI | theaccolade

TASTY: Sophomore Jazmin Montalvo (left) takes a break from a pie-eating contest, one of the events at Wednesday's annual COFA Fall Festival held in the quad.



ARTS AND CRAFTS: Senior Diana Wang (left) teaches junior Daniel Lee how to make a bracelet as part of an activity to relieve stress Oct. 17 during the IB Mental Health Awareness Workshop in the Lyceum.

ANNIE CHOI | theaccolade

IB Wellness Day

IB coordinator Brian Wall organizes an event for 42 students to learn how to manage their stress

CAMRYN PAK

News Editor

They sat in unity in the Lyceum, forming a tight circle in which they exchanged different anecdotes of difficult times.

"I was taking AP classes for the first time, and I had no idea how to prepare for the tests," one of the participants said. "All the stress piled up, and it was really hard for me to figure out how to cope with it."

Another shared about family problems.

"My parents were constantly fighting, and that disabled me from concentrating during class, and my grades began to fall," the student said.

These were among the 24 IB students who attended the Oct. 17 after school IB Mental Health Awareness Workshop.

IB coordinator Brian Wall coordinated the wellness day for the 42 students in the IB program with assistance from school psychologist Caitlin Sudderth and district psychologist Catherine Aure.

"Over the [11] years of being the IB coordinator, I've worked with several kids who have actually crossed the line and broken down," said Wall, who came up with the idea for the event and consulted the IB Council — a group of 11 students who help lead the IB program — at the end of the 2017-2018 school year to see if this workshop would be beneficial.

"Students have always been stressed, and they need to take some time for themselves," he said. "They either put huge pres-



ANNIE CHOI | theaccolade

WORKING TOGETHER: Led by district psychologist Catherine Aure, IB students discuss their struggles and brainstorm solutions for them.

sure on themselves to be highly successful, or they're getting that same pressure from their families."

After hearing positive reactions from the IB Council, he consulted Sudderth and Aure to plan for the event.

"We came up with an agenda and took our own pieces and conducted more in-depth research about our specific activities," Sudderth said.

Upon the students' arrival Wednesday, Wall provided them with an introduction before they broke off into three groups.

Wall and the two psychologists each led a group in which students talked about their own stressful experiences and different solutions for 25 minutes.

"Talking with people is one of the easi-

est ways to de-stress, so this workshop was great for me," junior Cael Cosby said.

Once the discussions ended, the participants attended a meditation session led by Sudderth. Finally, Aure led them in making bracelets out of strings and beads.

Students exchanged them with another person of their choice. They agreed to keep each other accountable to take care of their mental health.

Wall plans on making this a more regular occurrence and hopes to reach all students — not just those in IB.

"We're in phase one right now," he said. "I really think that IB students aren't the only ones dealing with stress and anxiety, and I think it would be beneficial to have this for everyone."

Governor signs SB 972

Suicide prevention hotline numbers to be printed on ID cards for 2019-2020 school year

ALEX PARK

Asst. Opinion Editor

The National Suicide Prevention Lifeline: 1-800-273-8255.

The Crisis Text Line, which can be accessed by texting HOME to 741741.

A local suicide prevention hotline telephone number.

All this information will be printed on the front or back of student ID cards starting July of 2019 after Gov. Jerry Brown signed SB 972 last month.

"We will follow the law, of course," said principal Allen Whitten, who did not elaborate on whether school officials have decided exactly where the required information will appear. "We just need to figure out how to print the ID cards with the numbers."

SB 972 was first introduced Feb. 1, 2018, and was approved with the intention to prevent further increase in suicide or mental health issues among students.

"I think passing SB 972 is a really good idea because suicidal students now have easy access for mental support," junior Sonia Martin said. "It is also beneficial for students [who] are not suicidal because they now have something they can use in cases of emergency."

SB 972 was sponsored by state Sen. Anthony Portantino, D-La Canada, whose other measure calling for a later school start time was vetoed by the governor last month.

"If one life can be saved through this bill, then all of our efforts will have been worth it," Portantino said in a recent statement released to the media.



ANNIE CHOI | theaccolade

WHERE WILL THE INFO. GO?: SB 972 requires suicide and crisis hotline numbers to be printed on either the front or back of next school year's ID cards.

STAFF EDITORIAL

How about an SH Wellness Day?

As the amount of academic work increases in high school, it becomes very dangerous when students fail to manage their stress.

For example, a 2016 U.S. National Survey on Drug Use and Health revealed that 3.1 million students ages 12-17 experienced at least one depressive episode. Additionally, according to mentalhealthfirstaid.org, one in five youths ages 13-18 undergo a severe mental disorder.

Such statistics are not foreign to our own campus as some have also crossed the line regarding their mental health.

After reflecting on his past interactions with students whose struggles caused anxiety, IB coordinator Brian Wall worked with the IB Council of students to gain support to create an event to help students manage their stress.

Thus the IB Wellness Day was born on Oct. 17 in the Lyceum, where more than half of the campus' IB students turned out for a group session, smaller breakout activities and bracelet making.

While organizers saw the event as a first step in helping those enrolled in more rigorous courses, we agree with Wall that school officials should organize a Sunny Hills Wellness Day for all students — not just those in IB.

During high school, students



ANNIE CHOI | theaccolade

INNER PEACE: School psychologist Caitlin Sudderth leads IB students through a meditation exercise during an Oct. 17 IB Wellness Day. The event offered stress management methods.

experience many new things that they may find overwhelming and difficult. This includes not only an increase in homework, but also social issues, such as the need to interact and work with different people through group projects, school programs and clubs.

More importantly, students attempt to get rid of their stress by either relying on social media, which can potentially enhance stress, or on extremely unhealthy sources like alcohol or drugs.

During this painful process, chains of confusion and failure

overwhelm students with so much emotional pain that they cannot figure out how to deal with it.

Hence, initiating programs that build better mental health for students is a very effective method, as it increases trust among students. It can actually help them solve their personal issues.

It's true that some may have the family or religious support to help them through tough times and will feel that a Sunny Hills Wellness Day may be a waste of time and resources.

But these types of students

should consider the value of what an expert in the mental health field has to offer — advice that could add to what they receive from their parents or religious organizations.

IB has taken the first step that has the potential to change the school community into one filled with more positive mental health.

Once carried out successfully, it could increase students' sense of attachment to Sunny Hills and significantly enhance the well-being of our campus.

Be careful with what you search



noahSomphone
Editor-in-Chief

You may have heard the phrase, "Google is always listening." Or, "Big Brother is watching you."

Some believe it has already come true. I'm talking to you, Mr. Wolf.

In my AP Literature class, we're reading *1984*, a classic dystopian novel by George Orwell that describes a totalitarian state in the "future." The setting of *1984* is based in Oceania, an enormous empire that compromises the United States and several other countries around the world.

It's eerie to think that Orwell, who wrote this in 1949, essentially predicted the future with "telescreens," fictional 24/7 surveillance devices that blast



KAREN LEE | theaccolade

propaganda; these electronics are comparable to the televisions and cameras of today's age. In class, we often joke that "the Party," basically the supreme government of *1984*, is just like the internet — "all powerful." It's sad to say that, although we quip about "all-knowing" Google and other search engines, our reality isn't too far off.

Even in my college applications, one of the Boston University essays asks if "there are limits to what the perfect search engine will reveal," or "is Google is the mind of God?" Although we don't want to acknowledge this alarming ideal, all students in the next generation need to respond by speaking

out. If we don't act, no one will.

I'm scared of how *1984* closely mirrors certain aspects of society. A plethora of "what ifs," fills my mind every day. Government censorship already exists in our world — look at Kim Jong Un's reign over North Korea. His people cannot access the internet, much less speak for themselves. If they do, they may never surface again. Yet, it's our American ideals that keep us free.

Don't let any government or political party warp those freedoms until they're no longer recognizable. I fully believe that we, even as students, can make a monumental change in the next decade. Prove Orwell wrong.

For the record

The Accolade regrets the following errors from the Sept. 28 print issue:

In a page 3 Arts & Entertainment article titled, "Cast features majority of underclassmen," the last sentence is cut off. Sophomore Alyssa Ogas' quote is: "The show is bound to have you on your feet."

In a page 9 Feature infographic titled, "Homecoming Traditions," the information should be sourced to previous articles from the years listed in the timeline.

In a page 16 Sports infographic titled, "SEASON STATS," the girls golf team's Freeway League record should be 3-3. Also in some issues, the printer mistakenly left out the girls volleyball team's Freeway League record 5-1.

In a page 16 Sports picture of the girls volleyball team, senior Yasmin Bitong's name was misspelled, and sophomore Madison Rumenap should be in the caption instead of sophomore Tori Scambray.

the accolade

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ANONYMOUS | theaccolade

#MeToo Has Gone Too Far



kihoonKim
Opinion Editor

“I was harassed by him.”

“In what manner?”

“I don’t know, but he touched me so he should be in

jail.”

Welcome to the #MeToo movement, the modern witch hunt. #MeToo, a movement started in 2006 by activist Tarana Burke, was originally an admirable collectivist crusade of both genders to end sexual harassment and assault against women. Instead, under the distorted compass of third-wave feminists, it evolved into an elitist group of females aiming to turn men

into an inferior species. This is not to say that every allegation is false; yet, the emphasis is on the fact that some claims are quite absurd and erratic.

Here is a step-by-step process as to how justice works in the eyes of today’s #MeToo movement. First, an allegation is made; evidence is optional. Secondly, the alleged “criminal” is publicly shamed through a multitude of platforms such as social media and, as a result, loses his job and family in the process. Third, the trial is merely a formality as the accused is deemed “guilty” long before the trial even began. Lastly, regardless of whether the man is acquitted, he must live the remainder of his life with a tarnished reputation.

Sexual harassment is indeed a prevalent issue in our modern society,

but it’s being approached in an incorrect manner. Instead, #MeToo has created a hypersensitive, toxic and social environment that is unsafe for both men and women.

The conviction for committing such a heinous crime is commendable, but when an individual is falsely accused of doing so, it should be as atrocious as committing an act of sexual harassment.

According to a poll conducted by the Pew Research Center in 2018, 31 percent of the poll-takers say that women making false claims about sexual harassment is a major problem in the modern workplace, and another 45 percent believe that baseless allegations, in general, are a minor issue. The evidence undoubtedly shows a pattern of skepticism against recent #MeToo

sexual allegations.

The #MeToo movement encourages women to not be afraid when making an allegation against their harassers, but it has an adverse effect when women make claims about men that is almost fictitious. According to the National Sexual Violence Center, 2 to 10 percent of sexual allegations are false.

As such, men now live in fear of these feminine accusers while propaganda is disseminated, further poisoning the minds of some women. Not to mention, more women are encouraged to speak out in an unethical manner at times.

I believe it’s befitting to say that as long as we live in the #MeToo movement, men, watch out. “Big Sister is always watching you.”

Letters to the editor

I found the Opinion column on jobs distracting students from studies very informational. It gave me a very different perspective.

I always saw jobs as having a way to earn more money and have a fun time when in reality, it may not be beneficial to your studies.

I now believe that waiting to get a job later is the best choice possible.

— Estefanni Espinoza, sophomore

I found the “Peace Attained” Opinion article very informative.

This is also a relevant issue as it involves our country and the two Koreas, and we have a lot of Korean students who may be affected by things happening in North and South Korea. Great ar-

ticle!

— Luke Yang, sophomore

What I realized as I was going through the second issue was that there was an imbalance in the number of articles written.

What I mean by that is that there are several Arts & Entertainment stories written as well as Feature and Opinion stories, but the issue was lacking news stories.

I know it is difficult to find quality news stories, but I feel that those are the most important stories because they inform us with what is happening in and off campus.

— Daniel Kong, freshman

I thought the article about the installation of free pads and tampons in the girls restrooms was interesting.

The anecdote wasn’t exactly the same as mine, but I was able to relate, and it’s very nice to see the [government] and schools support women.

— Lauren Gim, sophomore

Out of the many things I like about The Accolade one thing that I liked about this issue in particular is that it had many stories about homecoming and school sports games.

It allows us, as students, to stay up-to-date on upcoming school events that we can consider attending.

I think that mentioning school events such as homecoming or our school’s

sports team is also very helpful for not only informing us but also showing school spirit.

This shows school spirit because it helps us know what happened at certain games and which games we can look forward to watching.

Overall, I really liked that our Accolade staff included and mentioned a lot of stories about our school events.

— Alice Shin, freshman

The Accolade welcomes signed letters to the editor with full name and ID number sent to Room 138 or theaccoladeshhs@gmail.com.

The staff reserves the right to edit.

PICK OF THE PATCH

Irvine's Tanaka Farms, Hello Kitty collaborate to create an animation-themed experience

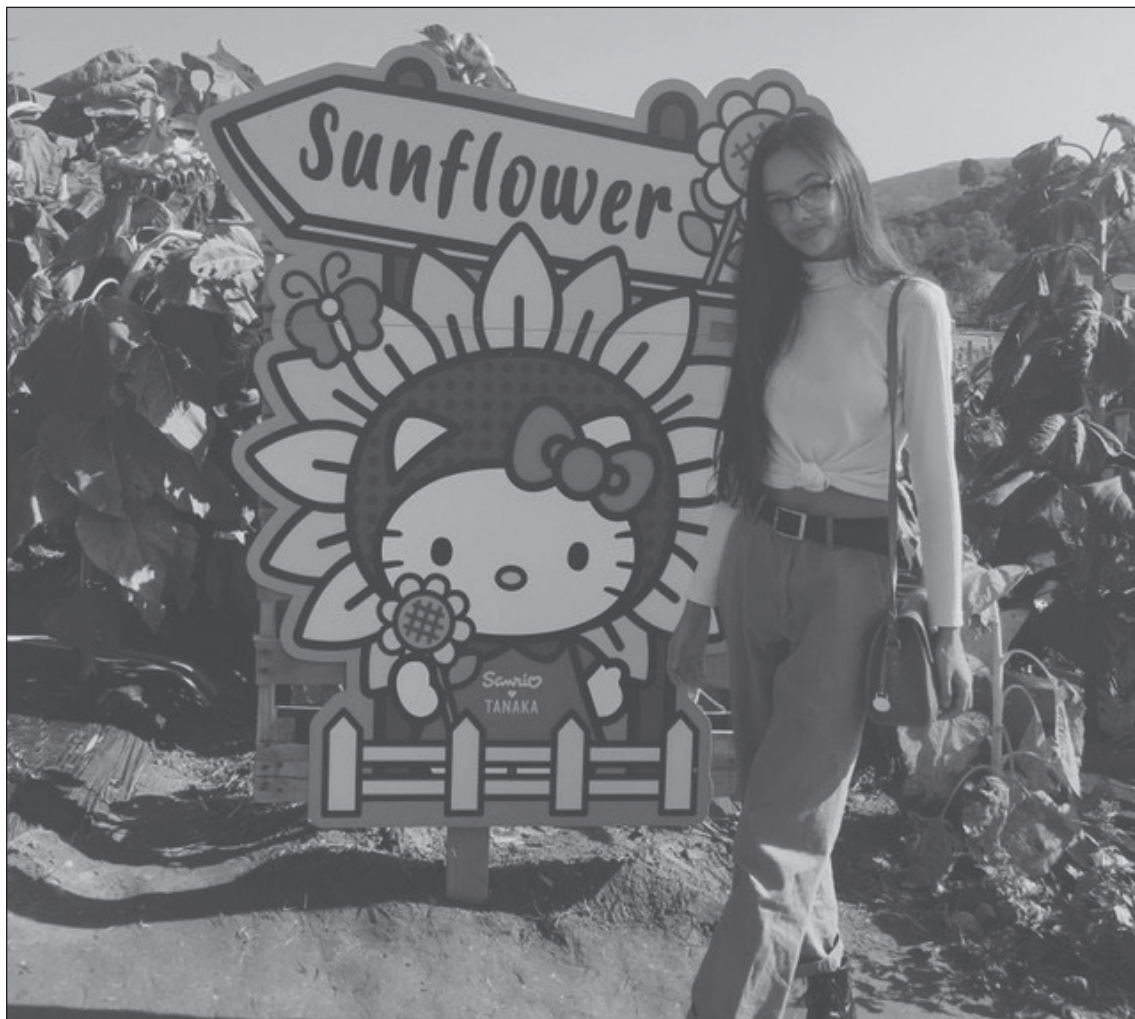


Image reprinted with permission from Jasmine Spuur

PUMPKIN PARTY: Senior Jasmine Spuur takes her picture in front of a cardboard cutout of Hello Kitty dressed in a sunflower costume at Irvine's Tanaka Farms.

LIRA JEONG

Staff Reporter

Hello Kitty is often seen in malls and Japanese stores but have decided to take its show on the road.

Sanrio and Tanaka Farms in Irvine collaborated last month to have a Hello Kitty-themed pumpkin patch for people to pick out their pumpkins for Halloween next week.

Many people use the basketball-sized orange fruit to carve for decor or bake them into desserts, but senior Jasmine Spuur attended Tanaka Farms to get into the holiday spirit and take pictures with her boyfriend on Oct. 14.

"The farm was so festive, and the environment gave out happy vibes," said Spuur, who rode on a Hello Kitty-decorated wagon.

Located at 5380 University Drive, the 30-acre property offers visitors unlimited wagon rides for \$6, a petting zoo for \$4 and game tickets for \$4 each.

Fresh pumpkins are already plucked off and placed throughout the patch for sale at \$1 per pound.

"The petting zoo [was my favorite] because there were baby lambs, and the animals were friendly," she

said.

Sophomores Kristen Kim and Elyse Yoon also went to and liked the aspect of Hello Kitty pop-ups and decorations.

"I felt overwhelmed by the beautiful fall setting and was excited to start walking around," Kim said.

Because this was Yoon's first time at the pumpkin patch, she was intrigued by the entrance decorated with scarecrows and crowded with families with little kids.

"I was anticipating a lot of it to be super beautiful and have a really cool fall aesthetic," she said. "But when I arrived, it definitely didn't quite reach my expectations, but I still had a good time."

Once Halloween is over, the farm will be transformed once again into a winter Sanrio village for the holidays, which starts on Nov. 23 and ends on Dec. 16.

"I would definitely recommend people to go because it's something you can say you experienced and check off the checklist," Yoon said.

First-time visits to Halloween-themed parks

Students share their experiences at Knott's, Disneyland

MEGAN SHIN

Photo Editor

Senior Laysha Lezama doesn't usually prefer to get spooked.

Darkness. Thick fog. Monsters popping up out of nowhere.

Lezama would rather run away from such an atmosphere rather than to run toward it.

"I actually don't like scary things like this," she said.

But for a chance to meet the hosts of a popular YouTube series, "Buzzfeed Unsolved," the senior was willing to sacrifice her aversion to such frights and go to Buena Park's Knott's Scary Farm Oct. 7 with a group of friends.

"I think the most frightening parts of this year's Knott's Scary Farm is that they had a lot of fog, so you couldn't really see anything, and the monsters kept popping up 24/7," Lezama said.

Sophomore Sania Tabbasam also visited Knott's Scary Farm for the first time, thinking that she was not going to be scared.

"I wanted to go have fun with my friends and not be scared going by myself," Tabbasam said.

Though she has no plans to return anytime soon, the sophomore was impressed with the Halloween-decorated rides and attractions there.

Farther south on Interstate 5 in Anaheim, Disneyland also offers parkgoers a chance to get into the Halloween spirit.

Junior Sophia Williams chose to go there Oct. 8 to try something new.

"I really wanted to go with my friends and make new memories," Williams said. "I saw the big Mickey pumpkin; it was really cute and was a great addition to the park."

Besides newcomers, these theme parks attract those who return year after year.

Senior Logan Ueno said he and his family have gone to Disneyland around this time for the past nine years.

While many students have decided to visit Knott's or Disneyland to get into the Halloween mood, they say that Oct. 31 is reserved more for going trick or treating or staying home to do school related activities.



Image reprinted with permission from Knott's Berry Farm

SPOOKY SEASON: Knott's Berry Farm transforms its theme park at night this month with haunted mazes and attractions.

RELATED STORY

Infographic: Check out some other local scary attractions for Halloween amusement.

See Arts & Entertainment, page 13.

THE FINAL TWO

Last set of new instructors join Sunny Hills

Autoshop new teacher with drive

ALLISON LOUIE

Feature Editor

In Room 132, the students attentively observe the teacher's lesson, while he goes over the mechanics of a car.



Carl Santiago

"How long are car batteries supposed to last?" they ask.

Before they practice in the auto shop, he shows them a video from CDX Automotive, a provider for automotive curriculum.

Newly hired Regional Occupational Program Part-Time Instructor of the Transportation Sector Carl Santiago took over the position Oct. 22 because of his passion for auto mechanics.

He teaches Introductory to Automotive Technology in third, fourth and sixth period, Automotive Technology 2 in fourth period and Advanced Automotive Technology in fifth period.

"I'm following the footsteps of my family," Santiago said. "My stepdad was a mechanic teacher in Southwestern College, while my father was an army tank mechanic."

His experience with this position goes back to January 1999, where he started as a store manager at CSK Auto Inc., a retailer of automotive parts.

A substitute took over the class at the beginning of the year, but the students could not apply their knowledge in the auto shop.

"We weren't allowed in the shop because the substitute didn't have a certificate," senior Christian Han in Intermediate to Automotive Technology said.

In his free time outside of school, Santiago enjoys playing all kinds of sports.

"I don't like to watch sports; I'm more of a participator, not a spectator," he said. "Right now, I do tennis at least once a week, and I also go to open meets to compete."

Even if the students have little experience, they are still be able to learn a lot, Santiago said.

"It may be a bit overwhelming in the beginning, but it's really not that difficult," he said. "All you [need] to do is show up, participate and get hands-on training."



KIMBERLY MORALES | theaccolade



For more information about Carl Santiago, go online: shhsaccolade.com

OUTSIDE THE CLASSROOM

Carl Santiago's hobbies

- plays tennis
- swims
- plays frisbee

Maria Torres interests

- owns a 2-year-old dog named Snoopy



ANNIE CHOI | theaccolade

EDUCATING STYLES: *New Spanish teacher Maria Torres (top) goes over workbook examples with her Spanish 1 class on Wednesday. On the other hand, new auto shop teacher Carl Santiago (right) passes around an automechanic tool among his students to teach them the different parts of a car on Tuesday.*

Troy alumna says 'Hola' to students

SHINE LEE

Asst. News Editor

Despite being an alumna from rival Troy High School, Maria Torres has been hired to teach Spanish 2 and Spanish 3 at Sunny Hills.



Maria Torres

"I've heard great comments about Sunny Hills, so I was excited, and I could not wait to teach here," Torres said. "I was very happy but also nervous."

Although she was officially hired Sept. 14, Torres could not start until Oct. 2 because she had to wait for the Tustin Unified School District to release her from her contract.

Before teaching at Sunny Hills, she taught Spanish 2, Spanish 3, Spanish 2 Native Speakers and Spanish 3 Native Speakers for 10 years at Arnold Beckman High School in Irvine.

"It was a difficult transition, but the staff [members] were welcoming and helpful," Torres said. "I also think the students are dedicated to learning."

Before she came, two substitute instructors — Patrick Worley and James Sherman — taught the students who received a schedule change because of overpopulated classes.

"I think Mrs. Torres is a nice teacher, and she considers other students with respect," said junior Alex Alonzo, who takes Spanish 2. "Having a substitute felt like I was behind compared to [Spanish teacher Gene] Bordy's class, but with her, we are catching up."

Torres said she applied to teach here because she lives in Fullerton, so she wanted to be a part of her district.

"I wanted to work in my community, along with the people who are part of it," she said.

To improve her teaching, Torres visited workshops and used edutopia.org, a website that provides educational videos and tips for teaching.

"I look forward to helping and building a strong relationship with my students," she said.

Instructional aide earns recognition as 21st Duck

Sunny Hills instructional aide Michael Lu was recognized Sept. 29 as part of an Anaheim Ducks program, Learn to Play.

As the 21st-awarded Duck, Lu had the chance to spread awareness about Parkinson's disease, which he was diagnosed with in January.

Lu shares Aaliyah this recognition in an interview Monday with The Accolade staff writer Aaliyah Magana.

Q: How did you find out that you were awarded the 21st Duck?

A: I got the call [while at] work, even though I requested that day off. They had a mimic session for me to just be there, and that's when I was surprised.

Q: How did you feel when you found out about being nominated and winning this award at the Pond?

A: I was honored to be selected to be the 21st Duck for the season. I was at [The Rinks] Anaheim Ice, [in] the Ducks practice facility when I was announced as the 21st Duck.



Michael Lu

Q: What did you do with the Ducks players?

A: I attended their practice [on Oct. 1] and engaged with them in the locker room. I got to see what their lifestyles were like on a daily basis, as well as their rituals after the game.

Q: What was the most memorable experience so far?

A: [On Sunday], it was meeting former Ducks greats, Paul Kariya and Teemu Selänne. They are like my childhood superheroes, but to meet them, take pictures and crack jokes with them, it was just truly amazing.

Q: What would you like to say to students about what they can do to encourage those around them and possibly become a Duck themselves?

A: Just keep a positive attitude

and focus on the good. Life's about making mistakes.

You've got to move forward with mistakes. Don't let anything hold you back from what you want to do with life. Believe in anything you can keep your mind to.



Reprinted with permission from Michael Lu

GREETINGS: *As the 21st Duck, Michael Lu (right) wears a uniform with the same number as he is welcomed by a Duck player.*

SENIOR ROCKS PHYSICS CONFERENCE

Senior Shaan Sheth receives the opportunity of a lifetime

CHRISTINE CHOI
Copy Editor

A 17-year-old student would probably spend days at home studying or hanging out with friends at the beginning of the school year.

But senior Shaan Sheth is different. Sheth spent the beginning of his senior year surveying different locations throughout Fullerton for his IB extended essay, which is a prerequisite for IB students in order to receive a diploma at the end of their high school careers.

He coalesced his innovation and aptitude for physics to achieve his research and present on "Void Detection Using Gravity Methods" at the Geophysicists Annual Meeting at the Anaheim Convention Center on Oct. 18.

His project was inspired by the ongoing controversy between North and South Korea, so he wanted to see if his method of measuring gravity could be used to detect possible underground tunnels.

"Shaan and I talked about industrial applications, and from there, he asked me about doing it for his extended essay project, so we arranged with a professor because [we didn't have] the technical capability to carry out that type of project," AP Physics teacher Chris Peoples said.

Students in People's AP Phys-

ics classes attended the annual meeting to not only observe the instruments used in the geophysics industry, but to also watch Sheth's presentation.

"Mr. Peoples planned on attending this conference and thought it would be a good idea if I presented my research there because it correlated so perfectly," Sheth said. "In the end, I guess it worked out great."

The main focus of his project was to determine whether or not a small void in Earth could be detected by measuring the gravity across it, he said.

"I saw an application that I'd be really interested in exploring... so I pursued it," Sheth said. "Peoples first piqued my interest in the subject then kept me on track by advising my paper."

To carry out his experiment, he had to use a CG-5 Gravity Meter, which is used to measure the force of gravity at a specific location. However, because the equipment Sheth was working with was priced at nearly \$100,000, he sought the help of Phil Armstrong, a professor at the California State University of Fullerton.

After his presentation, the owner of Micro-g LaCoste (the company that made the gravity meter), said he really loved Sheth's use of the instrument and hoped to see him somewhere down the line in the field.

"It was certainly an honor to showcase what I worked on in front of peers my age and industry professionals," Sheth said. "It was the perfect experience for me, and I definitely won't forget about it."

Image reprinted with permission from Brandon Vu

PRESENTING PHYSICS: Senior Shaan Sheth delivers his research Oct. 18 to at the Anaheim Convention Center.

JAIME PARK | theaccolade

New club seeks to alleviate the world from economic, emotional hardships

SHINE LEE

Asst. News Editor

Approximately 50 percent of the world live on less than \$2.50 a day, according to globalissues.org.

To make matters worse, 22,000 children die each day from poverty, according to the U.N.

To help those who are in need of assistance — whether it is the lack of money, support, education or nutrition — former assemblywoman and current candidate running for congressional office Young Kim's Cooperation Act will perform projects to alleviate their pain.

According to cooperationact.com, the purpose of CO.ACT is to provide monetary and emotional relief around



Sarah Roh

the world to students who are struggling with financially difficult times in places such as Guatemala and Chile.

"Our club is about gathering young leaders together to make a difference in the world," co-president sophomore Sarah Roh said. "This club is for kids around the world who do not have support as we do, so we do projects to provide them for whatever they need."

The club meets during lunch every other Thursday in Room 64 and converses about its tasks given by the national board for a project in Uganda.

"In our meetings, we talk about what we are going to do for the projects and talk about the details of the fundraiser," vice president junior Daniel Lee said. "Different schools are given different tasks for this project in Uganda, and we are assigned to come up with blueprint ideas for monkey bars."

After attending Kim's campaign in June, Roh thought that it would be a great

idea to establish the club at Sunny Hills.

"During the summer, I went to her campaign event with my dad, and there were volunteers from this non-profit organization who asked me if I wanted to join and create a club at Sunny Hills," she said. "Since it sounded like a great club, I decided to take the job."

Although the organization has only been around for four years, Roh said that CO.ACT expands throughout the United States, South Korea and even China.

Because the group was so successful in fulfilling its tasks, CO.ACT will further develop into a company.

In the future, Roh's goal is to make the club stable and influential so that many students can have the opportunity to help the countries that need support.

"We are the club that reaches out to kids here, so we can have the heart to reach out for kids who are in need," she said.

Other new campus groups

We Care for the Air

Room 48; Tuesdays during lunch

Coding Club

Room 182; Tuesdays during lunch

Equal Opportunity for Children Club

Room 74; Mondays at lunch

Table Top Gaming Club

Room 24; Wednesdays during lunch

Sports Fan Club

Room 109; Wednesdays during lunch

Spooky season plans?



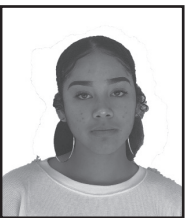
"I am going to watch a horror movie with my friends."

-Kristel Laceste, 9



"My friend's throwing a party, so I am going to go and chill with my friends."

-Noah Chang, 10



"I plan to hang out with my friends and trick-or-treat."

-Gabrielle Sanders, 11



"I'm going to Knotts Scary Farm to have a good time."

-Ben Byun, 12

Compiled by Andrew Hong

HALLOWEEN HAUNTS

Because Oct. 31 lies on a Wednesday, The Accolade offers local attractions for Halloween amusement



Image reprinted with permission from Sinister Pointe

2. Sinister Pointe: Journey through this haunted house in Laguna Hills filled with three different floors of frightening shows, scream zones, vendors and visit some sinister friends along the way.

1. Fox In A Box: Join in a live game in a themed room in Fullerton with friends and try to escape by finding clues and solving puzzles in under 60 minutes.



Image reprinted with permission from Fox In A Box



Image reprinted with permission from 17th Door

3. 17th Door: Take a walk through this scary and intense haunted house in Fullerton and follow Paula in this year's theme "Crybaby" and her continuing decent into darkness.

Compiled by Michelle Buckley

For those who seek faraway frights, visit Universal Studios 'Halloween Horror Nights'



Image reprinted with permission from Universal

INTENSE THRILLS: Viewers, until Nov. 3, can visit Halloween Horror Nights with an opportunity to see the return of Michael Myers (left) based on the classic horror film franchise and can also take a walk through the new maze The First Purge based on the 2018 film, "The First Purge."



Image reprinted with permission from Universal Studios



RESTAURANT REVIEW

Korean ice cream worth every scoop

HANNAH YI

Staff Reporter

Naturalism — a concept you'd usually hear about in an art or English class. However, Sobok, a Korean dessert place, redefines this concept in its own way — a way to provide customers with the most organic ingredients in its indulgences.

Sobok opened on Oct. 5 and is an ice cream shop that focuses on naturalism. The dessert place offers a menu ranging from \$3.95 soft serves to \$4.95 sparkling ades.

Located on Beach Boulevard and Malvern Avenue in Buena Park, Sobok serves healthy and delicious delicacies using roasted soybean powder as the main ingredient, instead of artificial flavoring.

Along with providing a healthier alternative to the dessert, the eatery also uses biodegradable cups made of polylactic acid and disposable wooden spoons instead of normal plastic utensils and cups.

This cafe does not have a long list of desserts to choose from. The ice cream and ice balls carry a pretty hefty price and come in a relatively small portion. Despite its size, Sobok makes its products fresh every morning according to its advertising.

These frozen treats come in a white paper cup — similar to the shape of a shaved



ANNIE CHOI | theaccolade

CLEAR ARRANGEMENTS: Clean, white walls and simplistic design decorate Sobok's interior

Sobok

5444 Beach Blvd., Buena Park

Open noon to midnight seven days a week

Top menu items: Sobok soft serve (small, \$3.95, large, \$5.95) and ice balls (eight, \$6.95, 14, \$11.95)

ice cup — which makes it easy for customers to hold their desserts. Featured as the best-seller on the menu, the \$5.95 Sobok ice cream is a soft serve with a sweet surprise at the bottom: dried persimmons, squash, rice cakes, sunflower seeds and grain syrup. The nutty flavor of the soy-

bean powder in the soft serve is not too sweet and filling; it also comes in matcha, strawberry or chocolate flavors.

Another popular item that makes Sobok stand out is its handmade ice cream balls. The sweet rice cake inside the ball of ice cream and dusted soybean, matcha, straw-

berry or cocoa powder creates a perfect balance of sweetness and chewiness from the rice cake to satisfy customers' palates.

Overall, Sobok entices new customers with its ability to exquisitely tie in a traditional Korean dessert to fit the palette of all.



HANNAH YI | theaccolade

CEREMONIAL DEBUT: Colorful flowers and a free ice cream accompany large dessert orders during Oct. 5.

Chipotle offers to deliver meals for orders over \$20

HANNA OLTMAN

Staff Reporter

Everyone who craves a veggie bowl or burritos knows that Chipotle is the place to go to; they also know about the dreaded lines they'll have to wait in.

However, customers do not have to wait any longer. Online delivery is here.

The Mexican grill has teamed up with DoorDash — an on-demand service that picks up and drops off food — to add a delivery option to the official Chipotle website and application.

"Fans have long been requesting Chipotle delivery, and as part of our commitment to make it easy for our customers to get the delicious food they love, ... we're rolling out our own delivery service," said Curt Garner, Chipotle's chief digital and information officer, in a press release.

So far, fastcasual.com states that this new update has been a huge success, and delivery sales have skyrocketed by 667 percent. According to businessin-

sider.com, digital sales account for a little over 10 percent of all sales. Chipotle has always been a crowd favorite; however, the winding line used to be people's top complaint. But now, with the online delivery option, customers can still enjoy some sofritas or tacos without having to go through the conveyor-like lines.

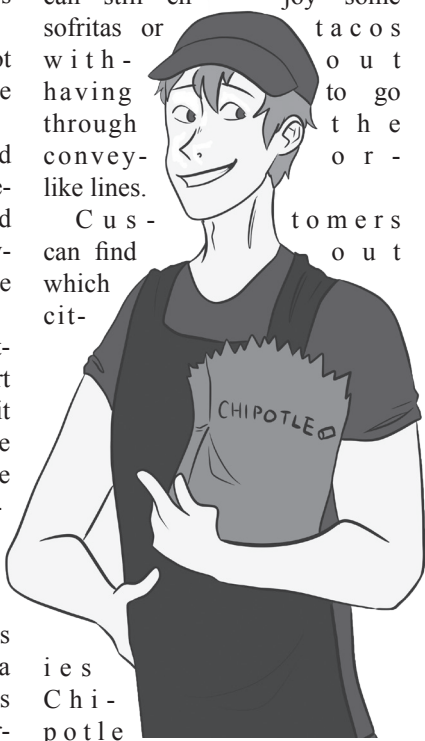
Customers can find which city-

livers to through Google — however, not all restaurant locations deliver. Once that is confirmed, customers can use the Chipotle website or app and select the "Start a Delivery Order" button. From there, they go through the steps of choosing what to order; customers must enter an address and payment information. The total can include a delivery fee option that varies depending on the order.

The closest Chipotle is located near the California State University of Fullerton. It's not walking distance from school, but it's perfect for the delivery option.

Yet, ordering through DoorDash does have its limitations. Individuals have to spend at least \$20 or more, and only bottled water or IZZE drinks can be ordered.

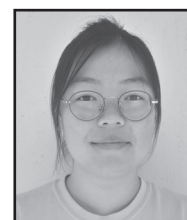
Despite minor downsides, the delivery system, initiated Aug. 27, satisfies almost all customers. The food is undoubtedly a delight, and it's rarely Chipot-late, so order now.



ERIN LEE | theaccolade

Audrey's 'Jo'-urnal:

'Unsolved' encounter at Knott's

audreyJo
Entertainment
Editor

My life is now complete — and I haven't even graduated yet.

That's because of an Oct. 7 event I attended at

Knott's Scary Farm, where the cast of YouTube show, "Buzzfeed Unsolved," came to meet fans.

I had not planned to go to the park this year because of its pricey \$57 admission; however, once I saw BuzzFeed's Instagram page claiming that the iconic show hosts, Shane Madej and Ryan Bergara, would be there, I knew I had to go.

It was an amazing experience; my friends and I had to navigate through Ghost Town to find where the internet celebrities would be. Many of the routes led through "scare zones" that pumped heavy fog so that one could not see the road — or oncoming "monsters" — ahead of them.

Online: to see the picture we took with Shane and Ryan, go to our website, shh-saccolade.com!

We were finally able to locate the building and a long, winding waiting line. We had to walk at least a block through the fake town to see the back.

It took two hours for us to meet the duo and take our picture with them. Was it worth it? As a die-hard fan of "Buzzfeed Unsolved," I'd say every second.

My friends and I were absolutely feverish; this wasn't the first time I had seen a YouTube creator, but to meet my favorite show's hosts at a horror-themed park was unbelievable.

Now, after the third season of "Buzzfeed Unsolved" has been released, I watch and relive when I had actually meet them in person. Though it was only a few minutes of bliss, the meeting and overall experience at Knott's Scary Farm was nothing short of a frightful delight.

Love for the ice

Senior Garek Yamamoto finds his passion in the hockey rink

HANNAH YI

Staff Reporter

Rapid movements, ice skates scraping against the cold floor and a sudden cheer as the team makes a goal.

That's what Sunny Hills senior Garek Yamamoto experienced Oct. 20 when the hockey team he plays for — the Villa Park High School Spartans — defeated Beckman High School in a 1-0 victory at an ice rink in Lakewood.

It was the first of a 15-game season that usually ends in mid-March.

"Hockey is a sport that I respect and enjoy," said Yamamoto, who is in his second year with Villa Park, playing the forward and defenseman positions. "I love the team that I play with because of our strong teamwork, and through that, we are able to win many games."

The senior is the only SH student listed on the team's roster. Formed in 2014, Villa Park's squad is part of Division 3 in the Anaheim Ducks High School Hockey League and is allowed to recruit players from outside the school.

With an overall 16-4 record last season, the team lost in the first round of playoffs against — ironically — Beckman High School, team manager Dana Janskey said.

Yamamoto said he first became interested in ice hockey in the 8th grade five years ago when he saw his 11th grade cousin play hockey.

At that time, Yamamoto's cousin was playing for the ice hockey club, Arizona Junior Coyotes.

"I decided it looked fun, and I wanted to give it a try," he said. "I then realized how much I loved hockey."

Though Yamamoto is not aware of the funds required to join the team, Janskey said the costs can amount to thousands of dollars. Season dues are \$3,200, which does not cover equipment fees. Home and away jerseys cost \$120. Just to go out on the ice for a one-hour practice costs \$800 per player.

Nevertheless, the experience has reaped academic rewards for the Lancer.

Yamamoto said his playing two positions on the ice has impressed the eyes of many college scouts who have offered Yamamoto scholarships to play for St. Cloud State University, Northern Michigan University and Northern Arizona College earlier this month.

"It is relieving to know that I already have somewhere to go in the future," he said. "It is nice that I do not have to worry about whether or not I will get into a certain school."

Despite his talents, Yamamoto still sees many weaknesses on his speed and puck handling skills that he wishes to improve.

"My strength in hockey is really just my size," he said. "All I need to focus on is my ability to hold onto the puck and protect it in order to make good plays."

Yamamoto's teammates and coaches see the senior as a valuable member of their team.

Branden Boudreau appreciates the Lancer's strong physique that allows him to tackle his opponents.

"Yamamoto is a solid player that stays on his feet," Boudreau said. "He has a lot of nice shots and knows where to be on the ice."

Head coach Don Johnson anticipates this season with the full excitement of Yamamoto being on the team this season.

"I was happy to have Yamamoto come out to play for us again," Johnson said. "He contributes well to the team and is an overall nice kid."

Yamamoto said he looks up to Kris Letang — a French-Canadian professional ice hockey defenseman and alternate captain for the Pittsburgh Penguins of the National Hockey League — to motivate him and allow him to become a better player.

"I would say he has always been one of my favorites,"

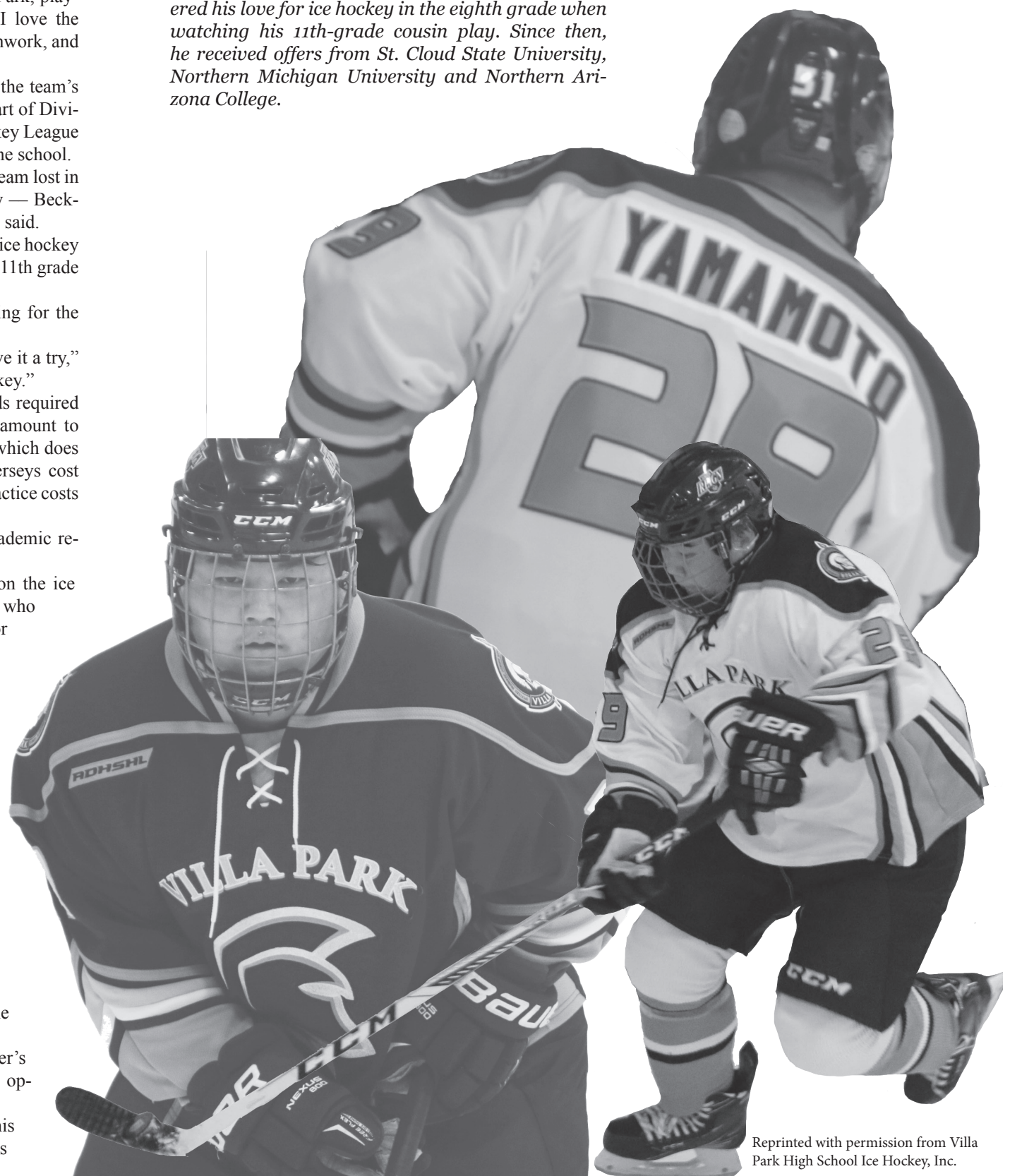
he said. "Even after all of his injuries, he is still a top defenseman and an all-star."

Through encouragement from his coaches, Yamamoto said he finds more confidence in his plays as well as a desire to keep pushing himself to the fullest.

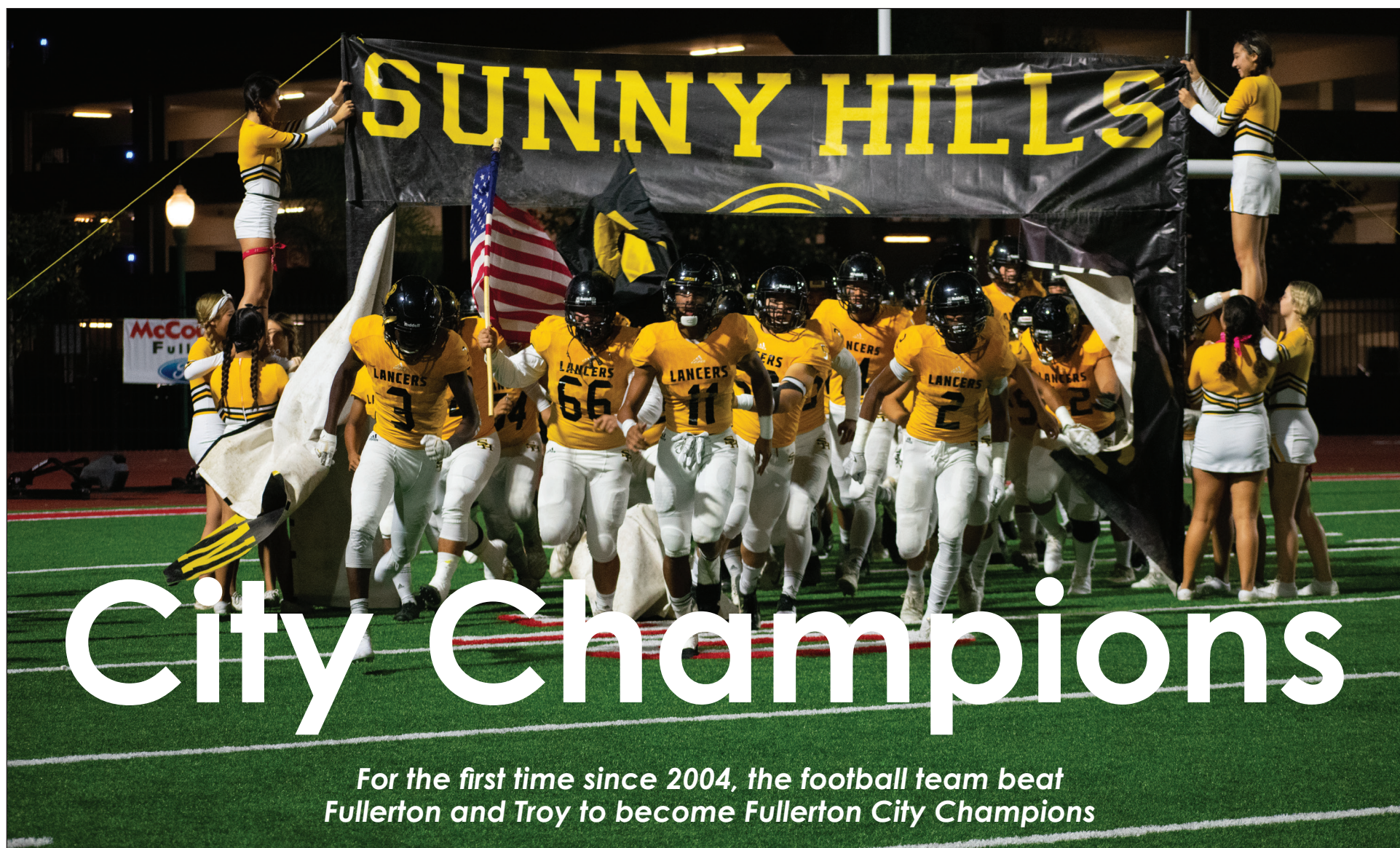
"My future goal is to just play for college and become the best player on my team," he said. "I am so glad to have started hockey, and I hope that I can stick with hockey for a long time."

Anyone interested in watching Yamamoto play can catch his team's next game Saturday at 5:25 p.m. against Bishop Amat Memorial High School at Lakewood Ice.

A NEW SPORT: Senior Garek Yamamoto discovered his love for ice hockey in the eighth grade when watching his 11th-grade cousin play. Since then, he received offers from St. Cloud State University, Northern Michigan University and Northern Arizona College.



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For the first time since 2004, the football team beat Fullerton and Troy to become Fullerton City Champions

ALL PHOTOS BY KIMBERLY MORALES | theaccolade



Head football coach

Q: How do you feel after all the games you've won this season and winning the City Championship?

A: We haven't done that in 14 years. To win the city and be in a position to do damage in the [CIF] playoffs is really good for our program.

Q: What are your plans for the team in the next few games you play?

A: I think what we have to remember is that at the end of the day, it's not being worried about how many points we win by, what our stats look like or anything like that. It's just playing our best football, whatever that looks like.

Q: How do you feel about this year's set of players compared to before?

A: We probably have a younger team this year than we did last year. We said at the beginning of the off-season that we want to reload and that we didn't want to take a step back. We wanted to continue to step forward. Our kids have done exactly that, so I'm really proud of them.

Compiled by Jana Yi

Star Stats

Running back junior Jun Ahn and quarterback junior Luke Duxbury have been the one-two punch for the Lancers all season.

Duxbury's cast of go-to receivers — seniors Railan Peace, Jaydon Medina and Jeremiah Flewellen, junior Wilson Cal and sophomore Noah Brown — along with Ahn's offensive line, allowed the team to blow out several opponents.

The squad's next game is at Sonora at 7 p.m. tonight.



**Running back junior
Jun Ahn**
Fifth-leading rusher
in Orange County

**Quarterback junior
Luke Duxbury**
15th-most pass yards
in Orange County