

POR A CE LE 2200 E. DOROTHY LANE, FULLERTON, CA 92831

Warrior campus honors Troy Tech mentors





PHOTOS BY LAUREN KIM

THE BREAKFAST CLUB: (Above) In her address to the congregation of Warriors and professionals, Troy Tech Coordinator Laurie Downum commends the mentors for their contributions to the program. (Below) The mentees and mentors converse over continental breakfast.

Continuing the 17-year tradition, the Troy Tech program organized a commemorative breakfast in recognition of its mentors.

By Kyle Patel STAFF WRITER

Introducing Warrior academic programs to mentors, the campus held its 17th annual Troy Tech Mentor Breakfast in the North Gym Oct. 9.

Since 1986, the Troy Tech program has connected career professionals and students through summer and fall internships. To acknowledge the professionals who collectively oversaw approximately 400 students, Troy Tech invited mentors and mentees to reunite for an appreciative breakfast. After an introduction of the Troy Tech program and a reflection by senior Nicholas Bowman, IB Coordinator Charlotte Kirkpatrick and Computer Science Department Chair Stephen Grack officially recognized the participating organizations and mentors. Later, mentors took a campus tour, which focused on the science, technology, engineering and math tracks.

The breakfast provided an op-

portunity for mentors to become acquainted with the pathways and courses of the Troy Tech program, said mentor Kristy Forsgren, biology professor at California State University, Fullerton.

"I learned a lot about the different programs and different clubs that [Troy has]," Forsgren said. "The opportunities that [students] have are far more different and impressive from those that I was exposed to [in high school]. Also, the number of students who participate in this program is amazing. There are so many students seeking internships, doing great things and getting [professional] experiences."

By allowing students to choose their course of study, Troy Tech helps the interns hone their abilities and make themselves marketable to employers, Troy Tech Coordinator Laurie Downum said.

"The program as a whole helps students have a focus during high school when they're choosing their electives," Downum said. "Our students are great students, but they don't have time to do practical things like get a job or learn how to write a resume. This really bridges that gap in help-

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Fullerton residents consider measure to improve schools

Locals will vote in November to decide the fate of a bill that would raise money for FJUHSD campuses.

By Sarah Kremer STAFF WRITER

Considering the merits of modernizing the district's high school facilities, citizens will vote on Measure I in the midterm election Nov. 4.

Measure I would raise money for schools through the sale of general obligation bonds, which consumers can buy from the city to be reimbursed at a later date with added interest. The Fullerton Joint Union High School District (FJUHSD) would then use the funds from these sales to conduct repairs and improvements on its six high school campuses. However, a tax of no more than \$19 per \$100,000 of assessed valuation of property would be needed to help

pay off the bonds.

If passed, Measure I would address the lack of funds and the needed large-scale repairs on campuses, Superintendent George Giokaris said.

"All of our schools were built over 50 years ago, and our facilities are worn out," Giokaris said. "If we want to keep our promise to our community to maintain and improve upon the quality of education available in the district schools, we need to repair and improve our facilities. Without this facility improvement project, we do not believe that we can ensure that our schools remain among the best in the nation."

Specifically, the funds *up* would allow the Warrior campus to initiate construction projects in multiple departments, Giokaris said.

"First of all, Troy has the old-

est library in the district," Giokaris said. "It needs to be totally redesigned so that it can be used more effectively to support student



RACHEL LEE

POLITICS AND POLICY: Measure I will soon appear on local ballots in the upcoming midterm election.

learning in all areas. As we look to our two major career technical education programs, engineering and cinema production, we have run out of space right now based upon the limited facilities we have."

However, critics of Measure I claim that the extra funds may

harm the school district, Fullerton City Council Member Bruce Whitaker said.

"I think part of the reason why the school district has worked well is that they have had to make use of a limited amount of funds," Whitaker said. "Sometimes when the funding comes too easy, the operations get sloppy. Our school district performs better because we maintain that it has to operate on existing revenues."

The increased property taxes for all Fullerton citizens could potentially harm the city's economy, Whitaker

said.

"Money that is not left in people's pockets leaves them fewer options on discretionary expenditures," Whitaker said. "If the school district takes that money from all of the property owners, they will have relatively less money to spend it in other areas. Even though it might help the schools, it can lead to a local economic shortfall of \$170 million over this time."

Despite the opposition to Measure I, supporters insist that the act will benefit the schools and private citizens, Giokaris said.

"[Measure I] will continue to improve the quality of life in the community," Giokaris said. "There is a direct correlation between the quality of schools and the quality of the community. A quality community produces quality schools, and the quality of schools reinforces the quality of the community. Also, with good schools, property values go up. So even [for] people who do not have kids in school, the value of their property will continue to grow."

ISSUE ISSUE



FEATURE

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Follow English teacher Dorey Madrid on her inspirational journey and progress in overcoming the challenges of breast cancer.

ENTERTAINMENT

As the League of Legends World Championship Finals approaches, learn about the game that has become a global phenomenon.

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The Warrior girls tennis team eclipsed the Sunny Hills Lancers 16-3 in its first league victory this season.



2 NEWS

Warrior clubs join Jog-A-Thon to support End Polio Now campaign

Attendants fundraise for their organizations while advocating Rotary International's project.

By Tiffany Hall staff writer

Raising awareness for polio, Warrior club members and athletes will be running at the End Polio Jog-A-Thon on the Warrior track Oct 18.

The Fullerton Rotary Club, a subdivision of Rotary International, created the Jog-A-Thon to prevent polio, a debilitating disease that continues to exist in some areas around the world. Warriors from nearly 40 clubs will run with students from nine other schools.

amounting to a participation of over 1,500 runners. Together, they will collect pledges from friends and family and jog to reach the organization's objective. Seventy-five percent of the pledges that clubs earn through the Jog-A-Thon will go back to the clubs directly, and the other 25 percent will be donated to the campaign, End Polio Now.

Rotary International is striving to gain student participation in the Jog-A-Thon, which will raise funds needed to eliminate polio, Athletic Director Mike Silzer

"One purpose of Rotary International is to end polio," Silzer said. "We do not have polio in the United States [now], but parts of

the world still have it, and as an international organization, [Rotary] is trying to wash it out. This is Rotary's cause, and the creative part is that they came up with a fundraiser, the Jog-A-Thon, to get kids involved [and] to raise money for their organizations."

Through the Jog-A-Thon and other campaign efforts, Rotary continues to remain dedicated to its international project, Chairman Dan Ouweleen said.

"[We picked polio] mainly because it's been the number one disease Rotary has gotten behind eradicating over the last 20 someodd years," Ouweleen said. "The reason why we are staying at it is because we are so close to making it the second disease that has ever been eradicated. We are down to [three] countries. Polio was one of the worst diseases here in the United States in the first part of the 20th century. We do not want it to come back, and we feel that it is important to show the world that it is possible, if you put your heart behind [a cause] like this."

The participating clubs will not only aid the End Polio Now campaign, but will also raise money for their own causes, Warrior Inter-Club Commissioner Lawrence Wang said.

"[The events that] clubs usually do, like bake sales, are much smaller," Wang said. "They're still good fundraisers, but they're on a much smaller scale. In my opinion, [the Jog-A-Thon] is on a much larger scale and makes more profit. Even though not all the money made goes to the clubs, all of it is going toward good places, so in the end, it is beneficial to everyone."



LAUREN KIM

INTERN-ACT: A senior intern enjoys breakfast with her mentor from the American Diabetes Association.

Continued from page 1

ing them get practical experience as well as solidifying what they really are hoping to do."

Students are better qualified to apply for jobs because they become familiar with the professional work environment and the career application process, teacher Don Allen said.

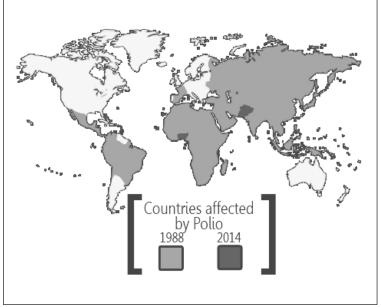
"The internship forces students to work with adults that are not their teachers; [it creates] a relationship with authority figures," Allen said. "Students are also better prepared for the workforce because they start looking at [resumes and careers], so they will get a feel for what it means to be a professional. The internship helps prepare them for the job market [and] sets their path for when they leave high school."

Additionally, the on-thejob training encourages students to apply and expand their academic knowledge outside of the usual classroom setting, Bowman said.

"In the middle of the internship, I was forced to learn in depth and do things that I would not have done in school," Bowman said. "I got to do actual work and program actual code. I contributed to the project, [and] I got to learn a little bit of all the different things that go on and how different departments work. I am thankful that I got the opportunity to push myself to try new things and learn this from an actual work experience."

Troy Tech helps students to refine their career pathways, inspires them to look beyond high school, and motivates them to reflect on their current achievements, senior Emily Sim said.

"[Troy Tech] gave me a reality check [and] an access to how the real world works," Sim said. "Interacting with my mentor's colleagues made me realize that after college, you have your entire life ahead of you. A lot of times, we are always so focused on the next test and the semester grades because we think that they are milestones, but I realized that I can't be so myopic [about] life. I have to look at the big picture. Troy Tech creates the framework for you to see that big picture."



RACHEL LEE

ALL ABOUT POLIO: Also known as poliomyelitis, polio is a contagious viral disease that targets the nervous system and can result in paralysis. According to the World Health Organization, polio cases have decreased from 125 countries in 1988 to only three countries—Afghanistan, Nigeria and Pakistan—in 2014.

Marching band ready to contend in first competition

Assuming more responsibilities, students enhanced their rehearsals and heightened their spirits in preparation for the contest.

By Nicole Kuntjoro STAFF WRITER

Improving its strategies during practices, the Warrior band plans to march its way to success at the Kennedy Field Tournament Oct.

The ensemble will execute its three-movement show, "Warrior's Creed," in the competition at Kennedy High School. The performance draws its musical score from the film Gladiator and recounts the myth of a fallen soldier. At the competition, the band will be judged on its marching technique, musical routine and visual effect. A score out of 100 points will then determine Warrior ranking among the other participating schools. However, with fewer instructors to assist in the preparation, the ensemble has been implementing different techniques during practices to better its routine.

In addition to performing, student leaders have been helping their fellow musicians by coaching their respective sections, senior Philip Kamei said.

"Before, when we had instructors, they would usually lead sectional practice," Kamei said. "But now that we don't have [that many] instructors, it's more on the student leaders to lead [the band]. When we all have a big practice together, sometimes the section leaders would fall out of performing to help other members"

Another new tactic involved separating each section into different class periods to allow for more tailored experiences, senior Paige Rooney said.

"The good reason behind [splitting the band] is that we can focus more on the smaller sections," Rooney said. "In second period, the woodwinds and color guard practice, while in sixth period, brass and percussion practice. We can work in smaller groups on smaller details. An example would be if the trumpets have a problem, they can fix it easily without taking up the whole band's time."

Despite various changes that occurred recently, the student leadership team inspires Warrior band members to feel more confident in their abilities, Rooney

"I see a lot of sophomores and juniors stepping up," Rooney said. "The students who are not section leaders or do not have leadership positions are a lot more motivated to do well. I think that's partially because of our strong leadership team. The section leaders and the drum majors work really well together. Overall, our vibe is a lot better with this group."

Unlike tournaments in previous years, the competition will lift team morale and set a precedent for future events, Kamei said.

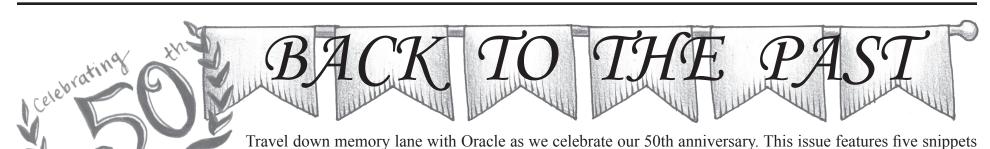
"In years past, the first competition of the year was a kind of wake-up call to new band members," Kamei said. "It's a wake-up call because they see that the other schools' bands already have their entire shows prepared or have more money than our school's band. But this year, I'm hoping that instead of being a wake-up call, [this event] will be more encouraging than that. It will boost everyone's confidence as we go on to compete against other schools."



SARAH LEE

DRUMMER BOYS: Drumline members organize into a line during their after school practice for the upcoming competition. With drumsticks in hand, they wait for further instructions from the student leader.

FOCUS 3 OCTOBER 17, 2014



from past papers published from 1976 to 1980. Compiled by Ariel Liu and Angela Zeng, EDITORS IN CHIEF and cartoons by Ariel Liu and Hanbi Ko, CARTOON EDITOR

Prepositions — Preposterous

Never end a sentence with a preposition.

That's the rule.

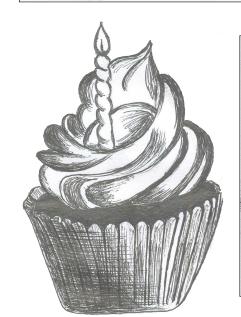
So that's what I'll never end a sentence with.



PLEASE HELP ME BY DONATING YOUR UNUSED GRADUATION TICKETS TO MY PROUD (?) FAMILY. FIND A KIND SPOT IN YOU'RE HEART FOR AUNT KELLY. CALL MYMOM AND SAY "I WANT TO HELP! HER NUMBER IS 993

1976





Students Prayer

Now I sit me down to study, Pray the lord I won't go nutty. If I do not learn this junk, I hope to God I do not flunk.

When I die don't pitty me at all, Just lay my bones in study hall. Tell my teacher I did my best, And pile my books upon my chest

If I die before I wake, That's one less test I have to

EDITORIAL **Criminal**

Control Needed The United States does not have a gun problem. It

has a handgun problem. Revolvers and pistols are not used for hunting. They are used to maim and kill

The majority of Americans support gun control. In the last election, twenty seven congressmen who favored private ownership of firearms were defeated while all the congressmen who sponsored antigun legislation were re-elected

The crime rate has gone up tremendously in the last decade. Making guns harder to get, and offering rewards to people who turn in their guns would lower the crime rate automatically

This year, Flag has received superior ratings. Members are: (seated) Cathy Decker, Terry Boehringer, (standing) Cathy O'Berg, and Karen Kobayashi.

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"The two classes that I appreciate the most are Calculus AB and Physics. After 2 quarters in college, I still consult my notes and it is imperative to my success." -- J.T. (Betty)

"I believe that choosing to attend Alpha Science three years ago was one of the best decisions I've ever made in my life." -- Natalie J.

"No other teacher had shared so much knowledge and wisdom with me, and I am indeed very grateful for your patience, courage, and selflessness..." -- Jacky L.

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Warriors should not rely on energy drinks

Picture a zero period classroom. Everyone's droopy eyes tell the story—the majority of the class stayed up late studying for today's test. But the person next to you is wide awake. Of course. He has a 5-Hour Energy on his desk.

If you think like 30 percent of the teenage population, you probably assume energy drinks are a relatively harmless way to stay awake. But that is definitely not the case. Consuming multiple drinks a day can have dangerous side effects, especially on younger people. To stay healthy, we must understand exactly what is in an "energy" drink. Or better yet, we should adjust our habits to avoid needing them in the first place.

As each school year cuts our precious time in bed by another hour, it is tempting to drink caffeinated beverages to get through the day. But according to the Centers for Disease Control and Prevention, of the eight percent of teens who consume energy drinks on a weekly basis, 20 percent think that the beverages are safe and 13 percent believe they are a type of sports drink. Many do not know that energy drinks actually contain highly concentrated amounts of caffeine and sugar which are not regulated by the Food and Drug Administration.

Yet we may not entirely be at fault. The way energy



drinks are advertised make them seem like the better alternative to coffee. For instance, 5-Hour Energy uses slogans such as "zero calories" and "no crash," misleading consumers to assume that the drink is harmless. Other companies such as Red Bull sponsor extreme sports, creating the false impression that their products can enhance athletic abilities. These outrageous correlations promote the belief that energy drinks are positive supplements.

Nevertheless, students still contribute to the cause of their own exhaustion at times. Because too much homework can be difficult to handle, many of us will take on ing beats a good night's sleep.

unhealthy habits. According to the American Academy of Pediatrics, adolescents should not take more than 100 mg of caffeine per day and never on a regular basis. Shockingly, a 2 oz bottle of 5-Hour Energy contains 215 mg of caffeine and a 16 oz Grande Starbucks coffee has 330 mg. If safe levels are exceeded, caffeine consumption can cause insomnia, heart palpitations and even seizures.

In any case, Warriors should not consider caffeine as the gateway to never-ending energy. At the end of the day, noth-

Dear Editor,

There is a great issue in this school that has been a problem for four years. Every time the lunch bell rings, you will see three types of people: the runners, the average people and the Dauntless. The runners are seen sprinting from the 300 building at speeds that would make Usain Bolt proud. They arrive at the lunch line sweaty and out of breath, but proudly walk out of the cafeteria with their food in hand when the average people arrive. The average people arrive three minutes after the bell rings and create a peaceful single file line. However, the latest and greatest to arrive are the Dauntless. They come clothed in black and change the peaceful single file line into a chaotic frenzy. Originally, the administration tried to fix this issue with a zig-zag line and a watchful guard yelling at people "If you duck under the red line, YOU WILL GET A DETEN-TION!" But this school year, line security slacked due to reasons unknown. Now, the line has completely disappeared and the guard has left his post.

Furthermore, the cashiers are too busy to worry about which student is supposed to be next. Sadly, many of us decide to give up our lunch because we cannot buy our lunch in time to attend club meetings or make up quizzes.

To show you how drastic the Dauntless increase the lunch wait time, I timed my wait before and after they arrived. My results indicate that in order to get your lunch within five minutes, you must arrive at the lunch line specifically at 12:22. If, however, your teacher keeps you in class for even one extra minute, the lunch line wait time drastically increases from five minutes to 12 minutes. If you do decide to wait in the line, you will have about 15 minutes left of lunch. By this time, most club meetings will be adjourned by the time you

There is one alternative solution for hungry students. If you do happen to be late, you can wait until lunch is about to end, when the food frenzy has died down, to buy your food. However, not many people have the luxury of a 5th period teacher who allows students to eat in class. My solution to this problem is to move the useless red lines to a more influential location: inside the cafeteria. Secondly, one guard needs to be reinstated inside. He will be able to clearly see who is trying to cut and hopefully deter them.

Even with new cutting edge technology, we still have not been able to solve this simple lunch line problem. It is time for people to learn some respect, gain some patience and cut it out.

Brian Loh, senior

NFL must hold players accountable for their actions

By Yannie Hoang STAFF WRITER

Ray Rice should be throwing a football around, not his wife.

In recent light of National Foot ball League (NFL) player Ray Rice's assault case, fans have begun to reevaluate their support for the NFL. In a video released to the public, Rice slapped his wife unconscious and roughly dragged her limp body out of an elevator. His scandal not only shocked viewers but also resurfaced other

players' crimes, which have ranged from sexual asmurder. Rice, among

many others, was much too quickly exonerated. His lenient punishment for such a serious

crime exemplifies the reason why the NFL must enforce harsher consequences.

"Until the NFL reforms its standards, viewers and sponsors should push for change by opposing unpunished players.

> By resurfacing many other brushed-off crimes, Rice's scandal highlights NFL's lacking

moral standard. Although players' misconducts are a source of public concern, an even greater

issue is the association's apparent indifference. team knew about the as-

sault but chose not to report it, according to Time Magazine. Rice's mere two-game suspension dem-

onstrates that profit and reputation trump human safety and the law for the NFL. However, if the league expects to maintain respect from the community as the top football network, it should sustain higher standards for members rather than excuse offenders simply because they are sports celebrities. In fact, a recent Saturday Night Live skit mocked the association for harboring criminals. The program reflected

Continued on page 5

Once Upon A Troy: Sweet Surprise by Hanbi & Hanmin Ko

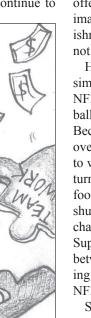


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the public consensus that the NFL must hold its members accountable or risk losing faithful viewership and hard-earned

As long as the association continues to ignore players' criminal actions, viewers should not support offenders' teams. According to a Reuters/Ipsos poll, continued viewership is predicted to rake in \$9 million before sponsorships are even accounted for. Based on the same poll, more than half of Americans oppose the NFL for its ineffective penalty of offenders, but 80 percent in the same poll will continue to



HANMIN KO

watch NFL games anyway. This hypocritical conduct will undermine the viewers' collective attempt to pressure the NFL into reforming its policies. If audiences truly want to see the change they are demanding, they need to fit their actions to their words by actively boycotting unpunished offenders' games. To clean up its tarnished image, the league should reform its punishment system as soon as possible so that not too many games are missed.

However, the solution may not be so simple. Viewers who do not support the NFL's inaction but still want to enjoy football games encounter a major obstacle. Because the league holds a monopoly over the sports network, viewers wanting to watch a game have no other network to turn to. By withholding their support from football games, these viewers are also shunning NFL games shown on sports channels such as ESPN, CBS and Fox. Supporters should not be forced to choose between financing NFL offenders and giving up their pastime simply because the NFL controls all televised football.

Still, sponsors can also pressure the organization by refusing to support unpunished players. While PepsiCo Inc., Budweiser and CoverGirl have condemned the NFL for defending criminals, they have not broken ties with the association. Other businesses have sent a clearer message by pushing beyond mere criticism and actually cutting off sponsorship for teams until the NFL reforms its punishment system. For example, Radisson Hotels, a previously prominent brand in Minnesota Vikings games, revoked its support after running back Adrian Peterson's child abuse scandal. However, shunning entire NFL teams unjustly punishes players who have clean records. Sports stars who are innocent do not deserve to undergo sponsorship withdrawals and should instead continue to be promoted. In this way, sponsors and viewers can send a clear-cut message of their expectations by rewarding only the athletes who abide by the law and condemning those who do not.

If football truly promotes upstanding character qualities such as strong teamwork, positive sportsmanship and athletic integrity, then the NFL needs to acknowledge that it is at a loss when it comes to ethics. Until the NFL reforms its standards, viewers and sponsors should push for change by opposing unpunished players. The league's current inaction has allowed crimes to be disregarded and offenders to be excused. The NFL needs to stop fumbling with the issue and tackle it head-on.

Sam Pepper's "Fake Hand Pinch Prank" trespasses on participants' comfort zones

By Christina Meyer STAFF WRITER

Though mice are popular among scientists, human lab rats are famous online.

Social media pranks labeled as harmless "experiments" seem to have taken the Internet by storm. Sam Pepper, a wellknown video blogger, or vlogger, posted a concerning video, titled "Fake Hand Pinch Prank." In this program, he asks women for directions and nips their bottoms when they look away. Though the videos were initially seen as comedic, the prank later garnered wide-spread criticism for its disregard of women's personal space. With

his pinch trick igniting the debate, Pepper and others who posted similar pranks stirred up a fiery rage in the online community. After watching the video, there is one question on everyone's mind: where is the line drawn between a good-natured prank and an intrusive gesture? The toxic mentality and crude behavior promoted by the videos can only be revealed through a critical view of the social experiments.

By finding such crass antics amusing, society neglects the more serious aspect of harassment common to all these pranks. When vloggers use comedy as an excuse to badger strangers, they promote the idea that street harassment is nothing but a joke. However, according to a survey conducted by Stop Street Harassment (SSH), as many as 65 percent of women and 25 percent of men report that they have been a victim

of street harassment. The overwhelming amount of these incidents suggests that there is not a strong enough deterrent for inappropriate prank-These so-called social experiment videos also disregard the rights of those who are featured in the

video. Oftentimes, because they are abruptly costed, victims of the pranks never even have the opportunity to give their c o n s e n tbefore being filmed. The receiver's personal boundaries are an afterthought, cast aside for the comedy. When online stars go too far with their jokes, their intended humor falls short.

ans naked in a complete breach of their personal boundaries. More often than not, these indecent tricks leave their subjects permanently scarred. According to another survey by SSH, victims of repeated street harassment are more likely to be anxious and depressed. Though the audience and photographer may be laughing, the participants in the videos are forced to suffer

million subscribers, promote inappropriate gags and expose millions of viewers to a toxic mentality. Even worse, according to

through humiliation and discomfort.

HANMIN KO

For instance, popular You-Tube vlogger SoFloAntonio ignored the discomfort expressed by those he unexpectedly kissed in his public kissing pranks. It was also not a laughing matter when notable web celebrity, Adrian van Oyen, approached unsuspecting pedestri-

Popular vloggers, some with over two YouTube, 18 percent of its users are minors. Though the messages in these prank videos are harmful to all age groups, they are particularly damaging to younger kids. Because children are more impressionable, they may begin to accept the pranks as innocuous and something to laugh at without truly understanding the implications behind the pranks. Consequently, if younger generations become desensitized to harassment and begin to disregard the problem, society's dismissal of this serious issue will only continue in a vicious cycle.

These pranks are at best a poor attempt at humor and at worst a reinforcement of society's poor values. Entertainment that features these tricks under the guise of comedy should be subject to criticism and rejection. We all need to cleanse our minds of this toxic mindset and stop groping around for sources of crude humor.

Oracle Sta

Yuri Ceriale Adrija Chakrabarty Tiffany Hall Yannie Hoang Anthony Kim Lauren Kim Hanmin Ko Sarah Kremer Riddhima Kumar Nicole Kuntjoro Grace Lee Rachel Lee Evan Lewis Lisa Mattson Christina Mever Kyle Patel Austin Shin Renee Susanto Angie Won Jamie Xie

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> Dallas Nguyen sports

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EXECUTIVE

Priscilla Cheney, advisor

Jennifer Yi, ads & business

2200 E. Dorothy Lane Fullerton, CA 92831 Phone: (714) 626-4518 Email: oracle.troy@gmail.com

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The Sun Always Rises

In observation of Breast Cancer Awareness Month, commemorate Dorey Madrid's unbelievable tenacity in her fight against breast cancer. With her kick-butt attitude and priceless words of wisdom, the beloved English teacher is truly the epitome of a warrior.

Article by Grace Lee and Yuri Ceriale, STAFF WRITERS, photos by Renee Susanto, PHOTO and courtesy of Dorey Madrid, cartoon by Hanbi Ko, CARTOON

spiration to all. With family at home and Warriors on camfighting strong like a warrior to strike out cancer for good. Madrid's battle began last May when she was first diagnosed with breast cancer. The cancer was classified as Stage IV, which meant it had already started to spread to other regions of her body. However, Madrid found the strength to remain bright and positive, she said.

"I knew my situation was bad from the moment I first felt the lump," Madrid said. "I had noticed some swollen lymph nodes in my neck first and then I felt one in my breast. I was terrified, and I still get scared. But I really don't want to show that fear because that's not who I am."

Despite the severity of the situation, Madrid

support. Random acts of kindness from unexpected people have purpose: to defeat the disease for good. This goal can pus standing behind her, English teacher Dorey Madrid is reshaped Madrid's perspective on those around her, she said. only be achieved by confronting it head-on, she said. "You start to see the beauty in people," Madrid said. "Peo-

> "I was terrified, and I still get scared. But I really don't want to show that fear because that's not who I am.'

> > **Dorey Madrid** English teacher

ple that I thought I maybe didn't like so much suddenly do some thoughtful gesture, and I think, 'Let's stand corrected one more time.' There is that wonderful part of everybody that always seems to come out in bad situations.

When you see it, it takes your breath away." The endless voices of encouragement and love have bolstered Madrid's drive to provide support for those afflict-

She is a mother to two, a teacher to hundreds and an in- attributable to both tremendous will power and community-wide the disease. Her diagnosis instilled in her a newfound

"The metaphor I use is 'I want sunlight," Madrid said. "I don't want there to be any shame. People tend to shy away from talking about these things and that doesn't really help the situation. It doesn't help find a cure, it doesn't help people raise money and it doesn't help the whole process of fighting this disease."

Madrid's optimism is even more apparent in her daily life, and her experience has made her more grateful of the little gems in life. Not only has she bounced back from her diagnosis, but she has also leaped forward, she said.

"I feel like I have been handed a new life," Madrid said. "There is this intensity to [life] that I did not feel before, with each meaningful moment feeling even more meaningful. We build so many things up in our heads to be so scary and usually they're not. Stage IV cancer is scary, but I'm here right now. I've had a great day. My freshmen's thesis statements could have been better, but I've had a great day."



A FIGHT TO THE FINISH: Despite the physical setbacks of chemotherapy, Madrid remains optimistic and makes tremendous progress in her recovery.

> TRUE LOVE TRIUMPHS: Providing one another tremendous support against countless obstacles, the Madrids are a true representation of "soul mates."

PRETTY IN PINK: After receiving news of Madrid's diagnosis, Warriors, clad in pink, rally together to provide encouragement for their beloved teacher.

In Her Own Words:

A: My husband. The saint. I don't know how to describe this man, or what I did to deserve him. He is everything you could ever possibly want in a human being, for me. I've never been treated better in my entire life by another person than I am by my husband. We have a lot of respect for each other. He has not left my side at all through this. He knows what to do, what to say, and even when he describe him at these seems had me. He has stepped up at when he doesn't, he's always there to hug me. He has stepped up at home when I haven't been able to do the things that I'd normally be able to do. He's always there for the kids, and me. He goes to every appointment, every chemo, everything. Everything, and he stays positive. He does my research, so that I don't have to read the scary stuff until he tells me what I need to know. He is just 100 percent love and strength for me every single day. He's amazing.

Q: How have you responded to chemotherapy?

A: I went into the first couple rounds like, "C'mon, bring it! Let's go! Give me more. Can you make it stronger?" And then as it accumulates in your body you feel it more and more and it gets harder. Knowing what to expect made it a little harder to pull out of it and to bounce back each time. I definitely struggled on the last one more so. You have the days where you just pull the sheet over your head and cry. You let it all out for a few hours. You get a lot of hugs from your kids, licks from your dog and hugs from your wonderful husband. Then you know everything is going to be okay.

Q: Has your new outlook on life led to any adventures?

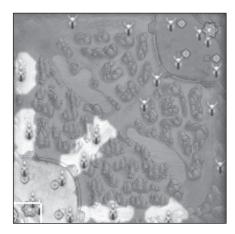
A: I'm a pretty adventurous person to begin with. I mean, I married Mr. Madrid, right? So I always tell people, 'Yeah, my home life's very entertaining.' We go camping, fishing, go to national parks and go on adventures. We've always been a very outdoorsy family. I've always lived very fully that way. I'd like to have some creative goal, though, whether it be making something or doing something or going to the summit of Mt. Kilimanjaro with a frozen leopard. I'd like to do something like that. I'm also throwing myself into the cause. Every time somebody asks me to do something to help with fundraising or raise awareness through events like the Pinktober with the firemen or the St. Jude fashion show, Walk Among the Stars, I agree. I'm just saying yes to anything that promotes awareness or fundraising for the cause. So that's definitely a new purpose for me.

LET'S "EXTINGUISH" CANCER: Fullerton fire fighters visit the Warrior campus during "Pinktober" in honor of the Madrids' tireless fight against breast cancer.

Welcome to Summoner's Rift: League's Iconic Battlefield

Curious about all the hype around League of Legends? Look no further than this quick synopsis of the game's fundamental components.

By Maggie Deng, MANAGING EDITOR and screenshots taken by Austin Shin, STAFF WRITER



OVERVIEW: The most popular game mode is Summoner's Rift, a battleground split by three pathways: top lane, middle lane and bottom lane. On the far left of the map, top laners act as the front line, using fighter and tank class characters to outlast and overpower their opponents. At the center, mages wear down the enemy team with their skillsets and assassins execute targets with tons of damage. Finally, the farright lane is comprised of marksmen and their supports. The former attack their opponents from afar, while the latter ensure that neither of them is too bruised by enemy attacks.

JUNGLE: Covering all ground among the three lanes, the jungle is filled with a wide range of beasts for players to slay. It is also where the fifth element of every conventional team, the jungler, spends most of his time. After slaughtering a sufficient amount of creatures to level up, the jungler then aids his comrades in their respective lanes. In addition, junglers are responsible for guarding the Dragon and Baron Nashor, the main monsters, to ensure that the rival team does not kill them first.

NEXUS: As the heart of each team's base, the Nexus periodically spawns computercontrolled soldiers, the minions. Once this structure is destroyed, the game ends and the team responsible for its demolition claims victory. Three similar structures the inhibitors—surround the Nexus. Upon shattering an inhibitor, players can then attack the rival Nexus, while their own begins to generate super-minions that have more health and strength than regular minions.







TURRETS: These towers are the main structural defenses for each team. If players or minions from the opposing side stray into their range of attack, turrets will bombard them mercilessly. Minions, despite their diminutive size, weather this damage for players. Also, killing enemy minions provides you with gold to purchase items and experience points to advance your champion's level. Successful teams balance offense with the defense of their own turrets. A final note: though the thrill of slaying rivals is tantalizing, the foremost objective should be to take down turrets and reach the Nexus as quickly as possible.

How League Leveled Up

By Anthony Kim and Leanne Ho STAFF WRITER & ENTERTAINMENT AND LIFESTYLE EDITOR

Since its release on Oct. 27, 2009 by Riot Games, League of Legends (LoL) has rapidly evolved both financially and socially through its international influence. The game now hosts more than 20 million players every day from all over the globe. A select few of these players will represent their countries at the Riot Games-hosted World

Championship 2014 Finals in South Korea Oct.19. With teams of five competing to win for their countries, media giants live streaming the event and a roaring crowd cheering for their favorites, this annual tournament has an atmosphere comparable to that of the

Through the large number of players and fans, Riot Games has earned \$614 million in 2013 by advertising at the many tournaments and selling in-game items and LoL-themed merchandise. To increase their popularity and thus their annual revenue, Riot Games has even reached out to professionals. One of the game's most famous players, Faker (Sang Hyeok Lee), has earned \$262,603 through sponsors, advertisement streaming

and game playing. Even high school graduates looking to pursue a career in eSports can make thousands of dollars by playing LoL. To cater to such students, Robert Morris University has begun ofness of eSports, video games are just like any other

Even if you don't intend to be a full-time competitor, LoL provides a great opportunity to interact with friends both online and offline. LoL players run rampant on campus, most notably in the eSports club, where those

who enjoy gaming can meet and compete with other players. The strategic, teambased nature of the game promotes cooperation as players collaborate to destroy enemy turrets and minions. Group chats within the game facilitate conversations and eventual friendships between players. And if nothing else, LoL is always a great fallback conversation topic.

So whether you want to become a professional gamer, meet new people or simply hop onto the eSports bandwagon, feel free to download League of Legends for a low price of zero dollars (available for both PC and Macintosh). Enter Summoner's Rift, choose from one

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of 121 unique heroes, known as Champions, and compete with other play-

ers. But once you hit level 30 and unlock the competitive "ranked" tier, good luck trying to achieve even the "Silver" tier. And if you have your eye



Anticipate the World Championship 2014 Finals Oct. 19 with overviews of the contenders' lineup, basic gameplay and League culture.

> Graphics by Rachel Lee, GRAPHIC Logo and screenshots courtesy of Riot Games

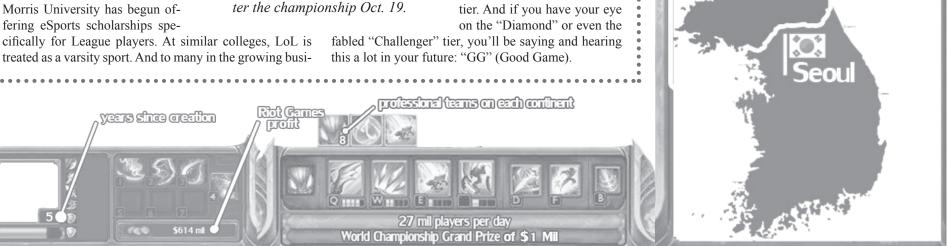
Oracle Predicts Final Champions

By Dallas Nguyen SPORTS EDITOR

The 2014 World Championships was comprised of 14 teams that qualified after placing in their regional competi-

tions (North America, Europe, Korea, China and Taiwan) and two global wildcards for a total of 16 representatives. For the preliminary rounds, the teams were broken into four groups of four to compete in either Singapore or Taiwan. Then, the two squads with the best record from each group advanced to the single elimination quarter-finals held in Korea. Matches are determined in a best of five format until only one group is crowned the champion.

Still in the running after a month of grueling competition are the number two Korean seed, Samsung Galaxy White, and the number two Chinese seed, Star Horn Royal Club. While the former builds its strategy around team-fighting with an emphasis on lane dominance, the latter focuses primarily on its premier marksman, Uzi. Expect this battle between giants to be an aggressive bloodbath with the scale tipping heavily in favor of White's superior team coordination.



OCTOBER 17, 2014 LIFESTYLE 9

In honor of Old Farmers Day on Oct. 12, visit the Anaheim Farmers Market, 205 West Center Street Promenade, Anaheim, CA 92805; Thursdays, noon to 7 p.m. By Adrija Chakrabarty, STAFF WRITER and photos by Lauren Kim, PHOTO Cartoons by Hanmin Ko, CARTOON You don't have to travel 100 miles the farmers market appeals to the mainstream and the to find your 100 mile diet. Ready to hipsters alike. compete with supermarkets, farmers One of the most striking aspects of the market is the markets across America are gaining vibrant environment. Nestled between looming skypopularity as the alternative place to scrapers, the Downtown Anaheim Farmers Market shop for produce. provides a much needed reprieve from the surrounding In the wake of the growing locavore jungle of concrete. The perimeter movement, in which people choose of the market consists of cafes selllocally grown produce over supermaring health foods and shops adverket brand food, many Americans have tising everything from eco-friendly PUTTING DOWN ROOTS: A furniture jumped onto vendor piles carrots and turnips. the healthful to recycled Farmers markets provide lifestyle bandclothing. In wagon. Waging you with a chance to put addition, the undeclared war on pesticide-invariety of cola face to the food. This interfested produce, these conscienorful fruits, action adds a new dimension tious eaters are opting for foods vegetables to grocery shopping, allowing that don't damage their bodies and flowor the environment. With the ers make the you to interact with the marketplace advent of the locavore movecultivator or craftsman in a ROAD TO HEALTH: Tents displayment, health aesthetically more personal way. ing healthful, all-natural fruits and regimens like pleasing. Althe 100 mile though the provegetables line the street. duce and flowdiet have surfaced, in which people eat foods ers are more expensive than those of grown within a 100 mile radius of most supermarkets (\$5.00 per box of where the food was sold. However, strawberries to \$9.00 per bouquet), the products are well farmers markets are not exclusively worth the price-tag because of their freshness and qualfor those that live the green-juice ity. The strawberries taste deliciously sweet and soft, and yoga lifestyle. With a cornucounlike the faintly sour supermarket variety. As for the pia of options and friendly vendors, flowers, each bouquet is a kaleidoscope of colors, greeting all who pass. Another equally interesting aspect of these markets is the presence of the farmer or artisan in the purchasing **BOUNTIFUL BERRIES:** Boxes of process. Unlike neighborhood grocery stores, farmers strawberries, blueberries, blackbermarkets provide you with a chance ries and raspberries burst with color. to put a face to the food. This interaction adds a new dimension to grocery shopping, allowing you Wear sunscreen, a to interact with the cultivator or hat and sunglasses. craftsman in a more personal way. Although many of the But the experience doesn't end shops have tents, most of with the food; the farmers market your time will be spent under the bright sun. also sells jewelry and second-Bring a water bottle. Water (preferably in an hand clothes. A prime example of eco-friendly reusable bottle) will keep you cool these one-of-a-kind shops is Popthroughout the day. sickle, a thrift store that sells both Pay with cash. Most farmers market vendors clothes and shoes. The boutique don't have the equipment to process credit and is located inside a Mean Girls debit cards. Checks are also not accepted. themed trailer, complete with a Walk around before purchasing anything. A Burn Book where people can quick stroll around the shops may help you select sign in. what to buy. If you familiarize yourself with all Offering a memorable expe-TREASURE TROVE: A shopper the options, making choices will be much easier rience for both health enthusibrowses a selection of handcrafted and you'll avoid impulsive purchases. asts and the general public, the Don't hesitate to try something new. Since Downtown Anaheim Farmers some of the foods are from different cultures, Market lets you get a taste of tasting them may be out of your comfort zone. nature without straying too far However, there's no harm in trying them out. Affrom the city. So next time you feel those hipster vibes, ter all, the samples are free, and you may end up don't hesitate to look for some fresh fruits and homewanting more! made goods at your local market. Your efforts to be green will not be fruitless. OTATOES CARROTS



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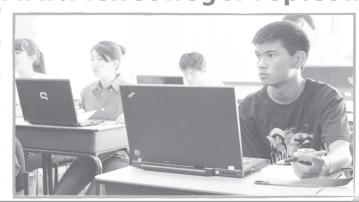
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OCTOBER 17, 2014 SPORTS 11

Girls golf yield to Walnut Mustangs

The Walnut Mustangs subdued the girls golf team (5-4, 1-0) in a close match-up.

By Evan Lewis STAFF WRITER

Swords and shields do not tame Mustangs.

Despite gauging its abilities against ranked opponents to improve performance, the Warriors girls golf team (5-4, 1-0) submitted to the Walnut Mustangs 202-188 Oct. 9.

Leading the charge for the Warriors was co-captain Ysabel Tran who hit two under par, earning a 34. Junior Felicia Chang maintained the Warriors' score by nailing back-to-back birdies to reach par with a score of 36. However, co-captain Yena Yang failed to find her swing, and shot 12 over par with three bogeys, obtaining a 48. Sophomore Beth Lillie also struggled to recover a Warrior lead as she hit four over par and scored a 40. The hardships continued for the Warriors as sophomore Hannah Roh shot 13 over par to settle for a 49. Although the Warriors had several bright spots, they ultimately fell to the Mustangs 202-188.

The Warriors view their recent two losses against Walnut in a positive light, as matches against the Mustangs have provided the team the experience necessary to enter league play, Tran said.



RENEE SUSANTO

DRIVING AMBITION: Advancing her position of play, the senior athlete fires a shot down the fairways in an attempt to secure a scoring lead.

"Walnut is always really good, and last year they finished second in CIF," Tran said. "This year is no different. They shoot well, and they're hard to beat, and as much as we hate losing to them, they're a great way to test our strength as a team and see where we are against the best teams.

Tough matches like this also help us perform better against teams who aren't as good because we're used to high-level competition. It makes other games seem easier."

Playing against top-tier teams such as Walnut helps expose the Warriors to a competitive environment, Lillie said. "We're trying to play harder teams this year," Lillie said. "Last year our schedule wasn't that hard, and the teams we played weren't that good, but this year is different. We've already played Walnut twice, and they're a great team. We played Edison and Marina, and those are both pretty

good teams as well. Getting game experience against these teams is invaluable because whether we win or lose, we come out as a better team."

The boost in experience coincides with rigorous training and bridges individual talent into a strong team, Tran said.

"Not a lot of people see golf as a team sport," Tran said. "And of course at the end of the day, everyone has to perform well individually, but teamwork is important for us. We practice together every week just like other sports and we have team meetings. It's not like we practice separately and then show up to the matches. It's important for us to take swings together and just practice together, and I think that it really helps us as team. There is a lot of individual talent on the team, but practice brings it all together."

By combining matches against high caliber opponents with an increased focus on practice, the Warriors hope to capitalize on their first regional victory this season, Tran said.

"We already beat Yorba Linda, which is a good first step for us, but we still need to improve," Tran said. "We have off days against Walnut where we don't shoot well as a team, which can't happen if we want to do well in league and CIF. The first step to avoiding those kinds of situations is just practicing harder."

Lady Warriors dominate Sunny Hills Lancers 16-3

The girls tennis team (5-2, 0-0) captured its first league win with a 16-3 victory against Sunny Hills.

By Angie Won STAFF WRITER

The Warrior girls tennis team works hard off the court to play hard on the court.

Fortifying physical endurance through rigorous conditioning, the Warrior girls ten-

the Warrior girls tennis team (5-2, 0-0) conquered the Sunny Hills Lancers 16-3 Oct. 7.

In the first round, captain Kindall Yeung earned two sets for the Warriors by pounding the Lancers with solid forehand strokes. Following suit, senior Emily Wang swept two matches 6-0

to add to the Warrior advantage. Sophomore Michelle Lau concluded the wipeout with rapid crosscourt play, cementing the team's dominance in singles.

On the doubles side, the Warriors maintained their superiority with short volleys from junior Carmina Luminarias and sophomore Julia Aguirre. However, a falter in Warrior defense allowed the Lancers to steal two games from senior Lavanya Logan and junior Camille Yuboco. Quickly

recovering, seniors Aishwarya Jayabharathi and Grace Lee outmaneuvered the Lancers with quick footwork and precise shots. In the last round, the Warriors secured their lead with senior Julie Lim and Yuboco's dynamic net and ground stroke strategy, clinching the final score 16-3.

Incorporating skills developed from pre-season training regimes, the Warriors have increased the force and pace of their strokes

"When you're trying to serve or hit more aggressive shots, if you're more toned, then it really helps with power and speed."

Emily Wang senior

during rallies to overwhelm their opponents, Wang said.

"Over the summer, we started to do a lot of conditioning along with our normal summer camp," Wang said. "We do a lot of footwork to get the endurance up, a lot of biometrics, a lot of stretching and a lot of muscle exercises to strengthen certain parts of our body. When you're trying to serve or hit more aggressive shots, if you're more toned, then it really helps with power and speed."

Maintaining strenuous drills during the regular season also gives the Warriors an edge over their adversaries by increasing the team's consistency in lengthy matches, Yeung said.

"When you're playing, conditioning really helps out because you last longer," Yeung said. "Everyone also has better footwork during matches. You last longer and know how to hit longer in the heat. We also get much stronger

in our strokes."

By taking advantage of their heightened physical limits, the Warriors are able to refine their mental perseverance against tough competitors, Wang said.

"Conditioning is focusing on the physical parts of tennis," Wang

said. "Once we get that down, the next step is becoming a lot better and more focused on the mental game. Conditioning can help with that because mentally you become stronger when you do conditioning since you push yourself to your limits. But working on strategy on the tennis court and being a smart player is definitely one of our next goals that we're working on along with conditioning."

As the season progresses, the



LAUREN KIM

BACKFIRE: Drawing power into her forehand stance, the freshman tennis player prepares to slam the ball past her opponent for a decisive Warrior victory.

improvement of rival schools that challenge the Warrior legacy inspires the team to maintain their edge and dominance in league, Yeung said.

"We want to get to a level where we can pretty much beat everybody out there," Yeung said. "Obviously competition is getting fierce between Sunny Hills, Troy and Fullerton in recent years. Those are the top three schools in our league right now. We haven't lost league since 1995 and that's something we want to keep going." 12 SPORTS TROY HIGH ORACLE

Cross Country trails in cluster meet





PHOTOS BY RENEE SUSANTO

RUNNING BEHIND: Junior runners dash forward as they contest for the boys' lead. Contending for the girls' side, a junior athlete pursues a solid finish to boost the team's score.

Girls (1-4) and boys (3-2) cross country finished fifth and fourth, respectively, in a cluster meet with schools from the Fullerton district.

By Dallas Nguyen and Austin Shin SPORTS EDITOR & STAFF WRITER

Despite benefitting from an aggregate of new runners, the Warrior girls cross country team (1-4) fell to a fifth place finish while the boys cross country team (3-2) seized fourth place during the Freeway League cluster meet at Craig Regional Park Oct. 8.

Undeterred by a delayed start, junior Jorge Sanchez Velazquez led the boys and snagged third place with a burst of speed in the last stretch, beating out four other runners. Sophomore Jonnah Lee similarly maintained a steady lead at the head of the rear pack, clutching a 27th place finish thanks to a strong second mile rush. Although co-captain Jadzia Nguyen-Khoa could not complete the race due to an injury, sophomore Dominique Pillos took charge at the helm for the girls' side by maintaining a steady pace near the head group of runners and finishing at a solid fifth place.

To add to the team score, freshman Paul Yoo started off strong, rushing past four runners at the first hill and hitting his stride during the second mile. He finally capitulated his advantage through the third mile to grab a 19th place finish. While the rest of the Warriors were able to blaze by their competition for a speedy opening, they failed to carry through their dominance,

leaving the team in fifth place for the girls and fourth place for the boys.

With an influx of underclassmen joining this season, the team aims to enhance the new runners' performance without straining them during practice, coach Rick Chorpenning said.

"This year, our team is very young," Chorpenning said. "In fact, four of the girls are freshmen, and two on the team are sophomores. For the boys, only two are juniors and the rest are sophomores and freshmen. What I am faced with is trying to develop [the athletes] to become [more experienced] without overworking them, and [at the same time] trying to get them to win meets."

By maximizing their efforts to match the technique of experienced runners, the rookie athletes have also encouraged the veterans to push to their limits, Nguyen-Khoa said.

"The upperclassmen work harder because they see all these freshmen come in and quickly improve," Nguyen-Khoa said. "[The veterans] see all of their efforts and think that the freshmen will catch up to them, so they strive to better their running."

The new faces on the team will help foster a core group of talented runners for the future, Nguyen-Khoa said.

"I see a lot of potential growth in the team," Nguyen-Khoa said. "For the past few years, we've been losing a lot of seniors and not gaining as many people. It's nice to see that maybe in a few years, we'll have a nice team who can win League, CIF or maybe even state."

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