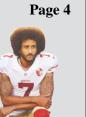
TROY HIGH SCHOOL

2200 E. DOROTHY LANE, FULLERTON, CA 92831

OPINION



Weigh the pros and cons of Colin Kaepernick's decision to kneel during the national anthem to show his support for people of color.



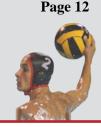
FEATURE

Check out JAGD Designs, an urban clothing company started by juniors Jonathan Del Rosario and Alyssa Goh.



SPORTS Pages 6-7

Read about the Warrior girls golf and boys water polo teams' triumphs over the Sunny Hills Lancers on Oct. 4 and Oct. 5, respectively.



Speech and Debate prepares for invitational



STAND AND DELIVER: Freshman takes part in a practice Lincoln-Douglas debate, a one-onone format that emphasizes application of ethical and moral arguments to topics such as justice and social welfare.

HOSA

The Warrior branch of the pre-med organization will

at

HOSA-FHP encourages compre- ference, Cal-HOSA aims to mo- events such as science exhibitions different groups will allow prohension of a variety of health- tivate members and encourage and research fairs. According to specific specialize related technical skills. local HOSA-affiliated clubs to President Sarah Lee, the club af- their areas of expertise and adapt

The club will compete for the first time at one of the largest speech and debate tournaments in the region.

By Michael Kao STAFF WRITER

Applying its argumentation skills, the Warrior Speech and Debate team will compete in the California State University, Fullerton (CSUF) High School Debate Invitational Oct. 14-16.

The CSUF High School Debate Invitational is an annual speech and debate tournament that attracts more than 1,200 students from over 70 schools across the country. A variety of competitive events, from parliamentary-style debate to oratorical interpretation, is offered at the tournament for both middle and high school students. Hosted by the CSUF forensics program, the nationally recognized invitational is an opportunity for students to test their abilities to analyze, discuss and communicate ideas with opposing teams.

Warrior participation in the CSUF Invitational reflects the team's reinvigorated effort to improve team performance through a rigorous practice schedule and increased competition participation. Additionally, a recent surge in team size and school-wide interest has necessitated significant changes in team organization, such as the division of members into different levels based on experience and more student-led training sessions to enhance newcomers' skills.

According to Speech and Debate Co-President Justin Chang, the CSUF Invitational, one of Southern California's speech and debate season openers, will introduce new team members to the competitive atmosphere of speech and debate events and prepare experienced members for future tournaments.

"[This event] is a very critical addition to our tournament list because it gives our entire club an opportunity to participate," Chang said. "It's great for our team since it's essentially a test run for members to adjust to the format of speech and debate competitions, allowing [them] to get a feel of what a competition is really like."

According to Debate Captain Noella Park, the team has seen much progress in its performance and has consistently placed higher in competitions, particularly after

Continued on page 2

regional conference

IDA KAZERANI

use this opportunity to prepare for its upcoming competitions.

By David Hou STAFF WRITER

Preparing to expand membership and attend competitions, members of the Warrior HOSA Pre-Med club will attend their first Cal-HOSA Regional Leadership Conference (RLC) at East Los Angeles College Oct. 15.

Cal-HOSA is the state-level affiliate of HOSA-Future Health Professionals (HOSA-FHP), a nationally-recognized Career and Technical Student Organization that provides leadership and competitive opportunities for students interested in health professions. Through a variety of conferences, including competitive events,

The conferences that members will later attend include the optional RLC, various teambuilding and networking events and the

competitive State Leader-

trains

ship Conference in Sacramento that is followed by the National Leadership Conference in Washington, D.C. At the later two conferences, club members compete in 58 different team-based and individual events drawn from six general topics: health sciences, health professions, emergency preparedness, recognition, leadership and teamwork. According to Secretary Pallavi Malladi, the wide scope of the competition topics allows students to customize their competition agenda.

By attending the regional con-

create a program detailing club preparation for future conferences.

At present, members are hold-

"This is an opportunity for students to be surrounded by people with the same goals and aspirations."

Sarah Lee president

ing boba sales and other fundraisers to cover competition costs. Additionally, they are highlighting the benefits of the competition to raise awareness and encourage more Warriors to join the club, which also hosts guest speakers and attends non-HOSA fords members the opportunity to explore and share their interests in the health sciences by gathering a community of like-minded individuals.

> "This is an opportunity for students to be surrounded by people with the same goals and aspirations," Lee said. "You get more opportunities to learn about fields you are interested in."

Following the RLC, the club plans to immediately begin preparing for the March state conference. Because there is no comprehensive set of study materials to guide participants, designated event captains will train members in study groups that meet after school and on the weekend. According to Vice President Brandon Shin, the

their preparation to their busy schedules.

"We chose event directors we felt would be engaging," Shin said. "We all go to Troy, so it's hard to study [more], and it's easy for members [to fall behind]"

The club hopes that the use of study groups and intensive preparation will effectively train members for the state conference. Although this will also be their first time attending the state conference, members believe their work will translate into strong results at competitive events, Lee said.

"At Troy, [we've] never [gone] to the competition before," Lee said. "There's always been a problem [impeding our participation], so we are really working hard to get to the state [competition] this year. That's our goal. Baby steps."

Business classes suggest campus improvements

Students in the Troy Tech business pathway analyzed the marketability of Warrior academics, athletics and activities.

By Caroline Zhu STAFF WRITER

Assessing academic and extracurricular opportunities on the Warrior campus, students in the business program offered administrators insights to improve the school and its marketability.

Warrior administrators asked students in the Troy Tech business program to evaluate strengths and weaknesses in campus facilities and academics in a project that spanned from mid-August to early September. Through this investigation, business students applied business theory to the school's marketing strategies and presented their findings to Warrior administration in an effort to make the school and the Troy Tech program more attractive to incoming students.

According to business teacher Deborah Henniger, students analyzed strengths, weaknesses, opportunities and threats (SWOTs) of Warrior facilities and academic programs in their projects. For example, students identified the Troy Tech magnet program as a major opportunity for incoming freshmen. Students also identified threats to student enrollment such as the damaged pool, which could discourage swimmers from attending this school.

As part of the project, business students also interviewed other Warriors to gain a more comprehensive understanding of the Troy experience. Students also proposed solutions for the problems they noticed on campus, including requests for more vending machines on campus that sell healthier food. After compiling their research, students displayed their findings in group presentations to their classmates and to administrators, including Troy Tech Coordinator Laurie Downum and Assistant Principal of Instruction and Operation Sonje Berg.

"It was very informative," Henniger said. "[The business students] talked about opportunities [including] the new Cybersecurity program and the potential increase in student population through that [pathway]. We also [evaluated] threats that might cause students to leave Troy, such as if another school started a tech program. We then compiled the data and gave it to administrators for them to understand, from a student viewpoint, the [Troy experience.]"

According to Downum, students raised many valid concerns that administrators will try to address in the future, including

pare juniors for their Troy

Enhancing the Troy Tech

dedicated teachers and faculty

continue to improve the pro-

gram through the introduction

of pre-internship coaches who

will meet and plan with juniors

to discuss career goals each

Tech senior internships.

By Ariana Chow

STAFF WRITER

pre-internship

short library hours, litter on campus and crowding in the breezeway. Administrators are now working to extend library hours for students and adjust the placement of campus trash cans to help decrease student litter. To reduce congestion in the breezeway, administrators are even considering banning cell phones in the breezeway, Downum said.

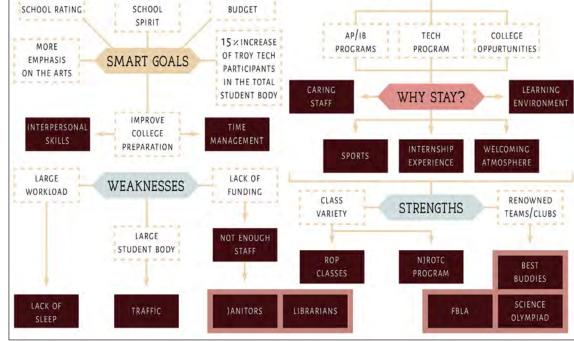
Although the original purpose of the project was to provide stu-

dent feedback on how to make the school more attractive to prospective students, it has expanded to include suggestions for improvements that will affect current students as well. This project gave students the opportunity to communicate their concerns to administrators in the hopes of a better campus environment, Downum said.

"What started out as seeking student input to [better] market

Troy has grown in several different directions," Downum said. "[This project] has prompted students to think more [analytically] about their decisions on campus and how they can help promote our campus by bringing about positive, tangible change. My hope is that we can continue to address the problems that students brought up and highlight the strengths we already have at Troy."





TU-AN NGUYEN

"Speech" cont. from page 1

the introduction of a new coach. "[Coaching] has definitely been a big factor [in our success]," Park said. "Speech and Debate really started to get more competitive two years ago, [especially] last year when we got a coach for the first time ever. We started having coordinated practices and consistent turnout."

In addition to a professional coach, captains teach team members persuasive skills. The team's improved reputation can also be attributed to the positive impact that peer instruction has had on the many newcomers to the club this year, Park said.

"We have people [on the team] who aren't necessarily on the board but are experienced enough to personally instruct new members in ways of improving their abilities as speakers and their argumentation skills," Park said. "It's really nice to see students help each other." According to Speech Captain Daniel Kim, the team is looking forward to a promising year after having implemented the new changes in team structure and organization. "I'm really excited about the growth of this team," Kim said. "Last year we were [transitioning] from being completely independent to having a coach lead us. We have so many smart and talented people now, and an organized structure to support them. I think it's time for us to start winning. I think it's time Troy has a speech and debate team with a winning reputation."

New Troy Tech program coaches assigned to pre-internship roles

A renewed pre-internship month. system will better pre-

experience,

Because all Troy Tech juniors are required to complete the preinternship before beginning their senior internships, this enhancement will significantly improve the future of the magnet program.

At the conclusion of their freshman year, all Troy Tech students select classes from pathways, which include business, computer science and media. After a year of specialized classes, juniors enter a pre-internship, which involves collaboration with an assigned coach to complete intern-

ship preparation.

According to pre-internship coach and Advanced Placement (AP) European History teacher Rich Liem, the advisors will work with juniors to identify potential internships, build resumes, plan summer schedules and otherwise facilitate the process. In addition, students can seek out their coaches for help and advice while they search for their internship.

"[The pre-internship coaches] hope to guide [students] both to the internship and through the internship," said Liem.

According to Troy Tech Coordinator Laurie Downum, the goal of the pre-internship experience is to allow students to find useful internships. Coaches help by monitoring student productivity and providing aid when necessary. These internships should be about accumulating work experience that will be helpful in future careers, Downum said. "I really hope for [students] to find meaningful internships," Downum said. "It is so fulfilling for us and the students when they complete an internship that matches or helps redirect their future pursuits. [Ultimately], internships should help students make [informed decisions] about college careers and applications." The oldest magnet program in Orange County, Troy Tech has seen its internship program undergo many changes. According

to film teacher and pre-internship coach Jim Falletta, the junior preinternship has been transformed multiple times over the years.

"[The pre-internship program] has had three different models," Falletta said. "The first one was a class. Then, the second [model] put the pre-internship [curriculum] inside other classes. But we found that this was difficult to do because in an AP class [students] were not necessarily there to discuss pre-internship skills. [With] this year's model we are dedicated to a group of students, and they know [the coach is] the per-



ASHLEY BRANSON

FASHIONING A FUTURE: Teacher Christian Nguyen guides a junior student in constructing a professional resume.

son who will work with them."

Both Downum and Falletta express hope that this model will grow and improve with time. Changes have already been implemented and as the coaches become better acquainted with this model, they will learn and build on their experience, Falletta said.

"This is the first year we had students submit resumes through Google Classroom," Falletta said. "This is also the first year we have integrated Naviance [into the program]. We need to discuss what worked, what did not work and other ways we could go about [completing parts of the pre-internship]. This is where we hope to bring [the coaches] together because everyone will have a different perspective on what their students produce and how they tried to help [students]."

markmy words

personal perspectives on social issues

The refugee crisis started in Syrian border to safer areas. 2012 when the Syrian Civil War displaced millions of Syrian citizens. In 2015, Russia began to launch airstrikes in Syria to attack ISIS forces located there. With the civil war and airstrikes, many villages were bombed, forcing families to risk the journey across the

More than half of these refugees are under 18, and almost all have limited access to jobs, food, housing and basic human necessities.

Here, Warriors present their thoughts on the Syrian refugee crisis and America's current efforts to alleviate the problem.

"I feel that as U.S. citizens. we should be donating resources and helping them build their new lives."

Advocating for Help, senior





"The refugee crisis is our generation's Holocaust.

Once again, we simply aren't doing enough to help innocent people overseas, and it all comes down to spreading the word. If more Americans realize how severe the situation is in Syria, [we can take consolidated action.]"

Let's Raise Awareness, senior

"It is our responsibility to send support to the refugees,

not in the form of armed military which will worsen the situation. but in care packages [and resources.]"

Realizing Our Responsibility, senior



"The pain that many Syrians suffer as a result of the refugee crisis is saddening."

Feeling Sympathy, junior

COMPILED BY JULIANNE KIM. OPINION EDITOR PHOTOS COURTESY OF PINTEREST AND GOOGLE IMAGES

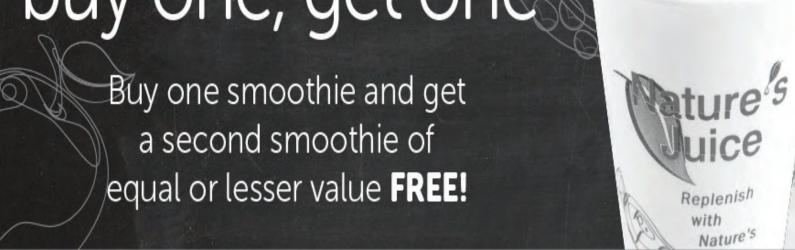
Back to SCHOOL SPECIAL! buy one, get (

ture

uice

Replenish with

Nature's



Nature's Juice

Expires 11/30/16 natures-juice.com 335 N State College Blvd Fullerton, CA 92831

OPPOSING VIEWPOINTS

What is your stance on Kaepernick's protest?



By Lex Park **STAFF WRITER**

They say you should stand up for your rights, but sometimes you have to sit down.

When San Francisco 49ers backup quarterback Colin Kaepernick first refused to stand during the national anthem, he sparked a nationwide debate. Kaepernick chooses to kneel during the anthem because he refuses to pay homage to a country that, in his mind, oppresses African Americans. In particular, Kaepernick detests the police's use of excessive force against black Americans and the lives that have been lost as a result. Many individuals are impassioned by his action-with some condemning Kaepernick for being unpatriotic and others praising him for his stance against racial injustice. However, Kaepernick's protest is a justifiable example of civil disobedience as he, out of patriotic sentiments, uses his fame to bring racial injustices to light.

Although many celebrities keep their political opinions private to avoid controversy, Kaepernick draws attention to the racism in our country, while also exposing some American citizens' hypocritical views on the First Amendment. Many claim that Kaepernick's action is disrespectful to the flag and its message of patriotism, as well as to the soldiers who fight to defend our country. Yet, Kaepernick's refusal to stand for the anthem is his way of fighting for American liberties, a battle also fought by our country's soldiers. Moreover, he is putting his reputation on the line by using his stardom to speak out

against racism. Even though he could possibly lose his job and face extreme criticism by protesting, Kaepernick took the risk by kneeling for his beliefs.

Though not directly mentioned in the Constituv. Barnette case in 1943. The ruling states "the action of a State in making it compulsory...to salute the flag and pledge allegiance...violates the First and Fourteenth Amendments." Our country stands for the right to free speech, and Kaepernick was simply exercising his right to protest antiblack sentiment in the country.

Furthermore, Kaepernick's actions demonstrate his desire to better our country. Unlike other citizens, he has taken an active role to fix a prevalent social issue. In America, protests such as the Civil Rights movements of the 50's and 60's are often what improve society and individual liberties. Although his attempt to better



By Tiffany Kao STAFF WRITER

How can we expect to move toward equality by sitting down? True change requires action.

Colin Kaepernick, the backup quarterback for the San Francisco 49ers, chose to sit during the national anthem in protest of escalating police violence toward African Americans. As news of his dem-



our country shows courage, some argue that Kaepernick simply lacks gratitude because, in their eyes, he does not appreciate the rights he already has. Many people may choose to ignore controversial issues such as police brutality against minorities, but by sweeping them under the rug, they perpetuate the problem. By contrast, working to resolve excessive force by the police shows that Kaepernick wishes for America to improve. Kaepernick's response was, despite severe backlash, a true act of patriotism that has brought the discussion on discrimination to the forefront of the media.

Not only are Kaepernick's actions valid, but they also serve as an example of peaceonstration spread, the national audience began to question Kaepernick's respect for the anthem and his understanding of American history. Kaepernick's actions are an extension of his right to free expression. However, in his effort to make a statement, he misinterprets the values represented by the flag and anthem and thus undermines his message.

To many, the national anthem may just be a song that we Americans sing before every National Football League game. Yet, the anthem embodies much more—it represents the diplomatic ideals and liberties established by our founding fathers and serves as a means for citizens to express their patriotic sentiments. The meaning of the anthem stems from one night in 1814 when the patriotic sight of American troops raising the country's flag at Fort McHenry inspired poet Francis Scott Key to write the "Star-Spangled Banner." This historical verse should remind citizens that they would

not have the right to freedom and equality without the actions of the brave soldiers who fought to preserve our nation's values. Understandably, these veterans were offended by Kaepernick's actions because they risked their lives to fight for the values in the anthem that he blatantly disregards. Additionally, Kaepernick contradicts his own message by disrespecting the symbol of the rights he hopes to gain for African Americans. Kaepernick and other athletes may express their opposition to discrimination against African Americans, but in the process, they ignore the patriotic sentiment and the American fight for freedom honored in the song.

Though his actions can be legally justified, Kaepernick should protest in a more effective way to directly address police violence and racism. Since his initial decision to sit, Kaepernick amended his protest to kneel at future games in consideration of our country's servicemen. However, rather than emphasizing his beliefs and fighting for equality, Kaepernick ultimately created an atmosphere of controversy that diverts the public's attention from his actual message. Furthermore, his unpatriotic choice of expression poorly represents the black rights movement. And while he is able to garner attention, Kaepernick does nothing impactful to help end discrimination. Instead of limiting his protest to the country's flaws, he should use his celebrity to set an example for other protesters and protest in a way that does not show disrespect.

As any American citizen, Kaepernick has every right to protest and to be listened to. However, as an advocate to end police violence, he should first understand the deeper meaning and implications of the anthem and the flag. Rather than refusing to stand during his country's national anthem, Kaepernick can do much more as a popular athlete to actively prevent and

antiblack sentim e n t and discriminatory police v i o lence.

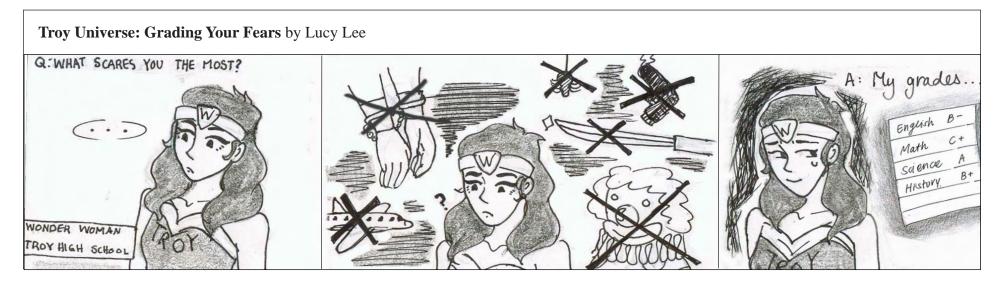




tion, refusing to stand for the pledge was upheld by the United States Supreme Court during the West Virginia Board of Education

ful yet effective protest. Though critics of Kaepernick are entitled to their opinions, they should also realize Kaepernick is entitled to his. Kaepernick seeks to attain equality, and he is successfully taking steps in that direction by spurring dialogue about discrimination in our country.

Until then, Colin Kaepernick remains a setback to the antidiscrimination campaign.



STAFF EDITORIAL

Finding your niche: The answer to a rich high school experience

to an end, Warriors should take time to reflect on their educational experience. Have you found a club you like on campus? Are you enjoying your extracurriculars? Do you feel like you belong? The academic pressures that Warriors face on a daily basis, combined with the complex nature of high school communal life, make every day a daunting prospect. Many Warriors may feel deluged by the seemingly endless flow of exams and burdened by the feeling that they must bear their struggles on their own. However, things are not as bleak as they may appear. Ultimately, the key to a successful and enjoyable high school experience is identifying where students feel a sense of belonging: their niche.

First, students should focus on their interests to find a niche because it provides a positive social environment in which they can interact with like-minded peers. Teams and clubs frequently encourage students to find where they

As the first quarter comes belong because they bring people with common interests and complementary personalities together. In many cases, the extracurriculars students participate in define their high school career and determine who their friends are. These groups provide a sense of belonging, and the people within become a support system at school. Interacting with individuals who share the same passions especially strengthens friendships and helps form a student's niche. Oftentimes, finding a niche may seem daunting because of the sheer number of clubs and teams readily available. In particular, many incoming freshman may have trouble because they must completely rebuild their friend groups and find a niche in their new environment. But students can take this opportunity to discover new passions or reinvigorate old interests, whether it be by joining the Environmental Club to discuss climatological issues or by joining the Harry Potter Club to meet fellow Potterheads. Pursuing one's interests results in the ideal niche: an environment with individuals who accept one's pas-

sions while providing a sense of step out of their comfort zones by belonging.

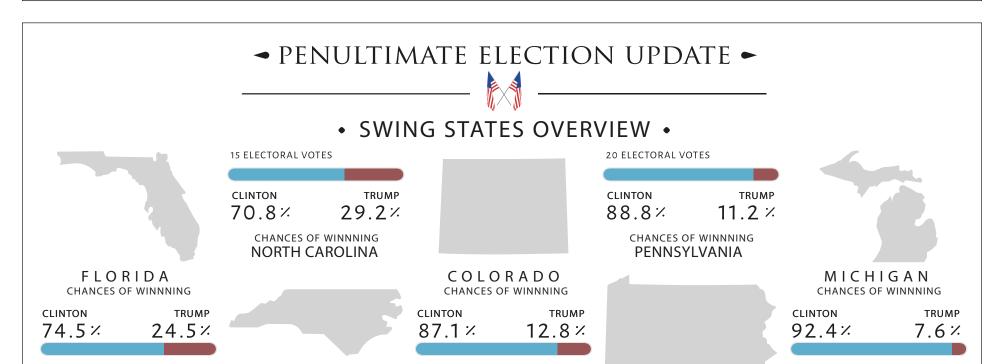
Furthermore, searching for niches may present students with the chance to learn new skills and cultivate different perspectives. Following this path of self discovery can provide students with skills that they do not learn in the classroom. For example, joining the speech and debate team, Model United Nations or Mock Trial can help build speaking skills and develop students' awareness of international relations and complex social issues. Joining French Club, Vietnamese Student Association or Pilipinos Sharing Smiles Together can help some students find a home on campus and give them the chance to partake in the traditions of different cultures. Competing with the Warrior Future Business Leaders of America, HOSA-Future Health Professionals or the cybersecurity team presents students with a platform to learn and apply business, medical or computer defense skills, respectively.

Not sure where you belong? That's okay. To that end, students searching for a niche may need to

taking an active stance to explore interests and join new communities. Truly, finding a niche on campus is a crucial facet of your overall high school experience. Rather than only focusing on

academic success or extracurricular activities you may not enjoy, make sure to look for a welcoming group of students who share the same passions. We assure you, your niche is out there.



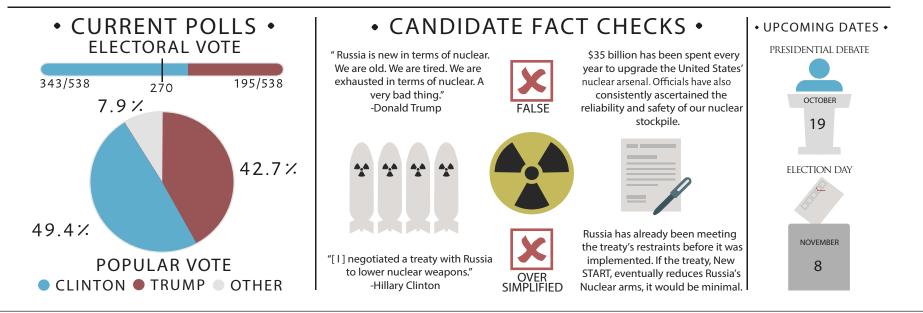


29 ELECTORAL VOTES

9 ELECTORAL VOTES

16 ELECTORAL VOTES

SWING STATES HAVE SIMILAR SUPPORT BETWEEN REPUBLICAN AND DEMOCRATIC PARTIES; SOME SWING STATES AND THEIR EXPECTED MARGIN OF VICTORY ARE DISPLAYED.



COMPILED BY JULIANNE KIM, OPINION EDITOR AND GRAPHIC BY TU-AN NGUYEN



PHOTOS COURTESY OF KAYLA KIM

JAGD DESIGNS

The hip brainchild of a graphic designer and a calligrapher, clothing line JAGD Designs is the newest trend on Troy's campus. Co-creators Jonathan del Rosario and Alyssa Goh have much in store for them as their creative business project continues to surpass expectations with overwhelming student support. You may have just found your new favorite brand.

> By Jenny Tran, STAFF WRITER Photos by Ida Kazerani, PHOTO

Most friends pass time at the movies or the beach, but leave it to Troy overachievers to bring their artistic talent to use and start their own project yet. clothing line. What started out as a spontaneous idea between juniors by the continuous support Alyssa Goh and Jonathan del Rosario is now the new trending apparel on the Warrior campus, and you've rio have truly been amazed probably heard of it: JAGD Designs. to find that, on any given

street style apparel that blends Goh's calligraphy skills and del Rosario's graphic design talents. A fusion of Goh and del Rosario's initials, the year and imme-

their adventures, a late night ram- Sunny Hills and various colleges are and del Rosario felt it only fitting to softer sides, revealing a facet of their

Constantly surprised they receive from their friends, Goh and del Rosa-JAGD Designs features minimalist day, they can spot a few students wearing their shirts. Once, a student whom Goh had never talked to before approached her and hugged Hots sparked curious conversations Rosario said. "We find ways to work does it best.

> miliar JAGD shirt. "The first thought that popped into my head was, 'He's wearing my shirt!" Goh recounted. "By putting ourselves out there, we become more familiar with the people who are around us and the people who are noticing

> > With the help of their exceptional people-skills, the team promoted their designs to impressively large audiences. Now students at

bling brought to life, but this is the representing JAGD Designs on their give back. They looked not to their personalities that most friends do not start of their greatest collaborative campuses, too. Troy's very own Red friends, but to those who truly need see.

> "It's so fulfilling to see something we made being worn by others. It's like a reward because all the hard work we put in is being appreciated."

> > Alyssa Goh junior

hip name "JAGD" is a toast to their her. When she stepped back, she was when they proudly wore JAGD t- together. It would be much different friendship. The two met freshman greeted with a bright smile and a fa-shirts at the Homecoming rally as they danced for the whole

school to see. "It's so fulfilling to see something we made being worn by others." Goh said. "It's like a reward because all the hard work we put in is be-

> ing appreciated." With all the support JAGD has been receiv-

> > ing from the community, Goh



so quickly and surely that tive to hear and relatable." it's no wonder they work so well together.

"I think it's cool how [Alyssa and I] can always come to an agreement," del if we weren't such good friends." Like any form of art, the shirt designs express their creators' moods and artistic tastes. Their "Romantic Tee" design turns heads with bold, white Chinese characters against a simple black tee. The broad, easy strokes, handdrawn by

> Goh, spell "roout mantic" in Chinese; it is a token of both G o h and del Rosario's

help at the Refugee Forum "We perceive ourselves as hopeof Orange County. When less romantics." Goh said. "We didn't Goh's mom suggested the want our designs to have words just idea to donate a part of for the visual appeal; we wanted a their profit, the duo agreed meaningful expression that is attrac-

> It is clear that harmony is the key to JAGD's success, strengthened by the pair's tireless support for each other. When it comes to compatibility and a sharp eye for trendy designs, this duo

"We are not only business partners," Rosario started. "We are also really good—" "—friends," Goh finished

with a smile.

HAGD CALLIGRAPHY MEETS GRAPHICS: JAGD's

eye-catching designs are largely a collaboration between Goh with her steady hand in calligraphy and del Rosario with his graphic design savvy.



GREAT MINDS THINK ALIKE: Goh and del Rosario's ability to work well together in their business may come from their similar way of thinking, but they are first and foremost close friends.

MODELS: (From left to right) Juniors Kathryn Young in the "Romantic Tee," Jonathan del Rosario in the white "Perspective Sleeve," Alyssa Goh in the black "Perspective Sleeve" and senior Matthew Yi in the JAGD "Debut Tee."



8 LIFESTYLE



Leaf the bright colors of summer behind, and opt for something a little more festive. If you need some inspiration, check out these easy DIY's.

By Tiffany Hall, ADS AND BUSINESS MANAGER & Katie Nguyen, STAFF WRITER, and cartoon by Hanmin Ko, CARTOON EDITOR

Fairy princesses, mad scientists and creepy clowns will roam the streets with buckets of candy Oct. 31. As children trick-or-treat, jacko-lanterns are the first to greet them with their luminous faces. But this Halloween, make your home stand out with a more colorful alternative.

Materials: a white pumpkin, glue, crayons, a hair dryer and a table cover.

Procedure: To begin, remove the labels from your crayons, and cover your work surface. Glue the crayons around the top of the pumpkin. Then, melt the crayons with the hair dryer. Careful! You'll be working with hot wax. Wait 30 minutes for the crayons to melt and dry, and have fun watching a medley of vibrant colors paint your pumpkin.



Wreaths aren't only for Christmas! These eye-catching arrangements also provide a rustic reminder of the harvest season. With this fall adaptation, you can bring a bit of the outdoors into your room.

Materials: a styrofoam circlet, spray paint, hot glue, pinecones and a ribbon.

Procedure: Begin by spraying the styrofoam with brown paint. Glue the pinecones around the wreath. Take your time! Make sure that you completely cover the styrofoam in the pinecones, but don't burn yourself with the hot glue. Loop the ribbon through the ring, and tie it to your door. Without a doubt, this simple addition should have your room ready for the new season.

Optional: Want something fancier? Paint the tips of the pinecones with glitter for a polished gleam every time you walk past your handiwork.



This autumn, leave the gaudy, glitter-covered banners behind! Pennants can give your room a festive feel without being overly flashy.

Materials: fabric, tape, string, paint, an acrylic brush and hot glue.

Procedure: Cut your fabric into triangles, and sketch one letter per triangle with the fabric paint. Attach the triangles to your string two inches apart with hot glue. Hang with painter's tape, and stand back to appreciate your craftiness.



If you love the smell of pumpkin pie and cinnamon but think air fresheners are played out, mason jar candles are the hipster option for you. Once you gather all of the supplies, it's as simple as stir and pour.

Materials: wax, dye, a straw, scented oil, a wick and a trendy jar.

Procedure: Stabilize the wick in the center of the jar by tying it to the middle of a straw and dangling it in the middle. Break the wax up into small pieces and melt it on low heat in a pot. Add the desired color and scent and stir until the smell and pigment are distributed evenly throughout the melted wax. Pour into the jar and let dry. Cut the wick to the desired height and decorate the jar to perfection.



You don't need to buy an expensive pillow to relax in style. In fact, you can create your own custom, cuddly companion in the form of a leaf, cornucopia or any other figure that reminds you of the autumnal season. Making one can be easier than you would think; all it takes is a quick trip to your nearest craft store.

Materials: a sewing machine, fabric, stuffing and your imagination.

Procedure: Pick out the shape, pattern and material that you would like your pillow to have. Using a pair of scissors, cut out two shapes, keeping them as symmetrical as possible. Place the pieces of fabric together, strange as it might seem, with the pattern you want displayed on the outside flipped to the inside. Sew carefully around the edges, leaving a tiny opening for you to stuff the pillow. Turn the pocket inside out so that you have your chosen pattern showing itself proudly on the outside. Stuff the pillow full of cotton, your left over math homework or whatever else you have on hand.

Optional: Bring the pillow to school if you want to save yourself from a boring economics lecture. You might need it for detention, too.

ENTERTAINMENT 9



Monday : Big bang theory abla

popular sitcom on television is right now, and chances are that they'll say "Oh of course, it's 'Big Bang Theory.'" And with its three principle actors earning over \$1 million per episode and the season premiere drawing in 21.5 million viewers, the show doesn't seem like it's going to lose steam anytime soon. The series started by introducing us to four geeks attempting to navigate their lives outside of academia, but ten years in, "Big Bang Theory" has come to mean so much more. From por-

Ask anyone what they think the most traying brilliant female scientists on television to touching on the complexities of engagement and even (spoiler alert!) marriage, the show has come a long way since one-dimensional "anti-socialness is relatable" jokes followed by "bazinga!" That being said, season 10 doesn't bring anything new to the table, and if you didn't like the show before, there's nothing that will make you change your mind this season. Regardless, whether you're a fan or not, there's nothing you can do but step back and watch this television giant do its thing.

From certified classics like "The Wire" to television critic punchline "Law and Order: Special Victims Unit," shows about law enforcers have become an indispensable aspect of pop culture. And although many shows may have the occasional joke, cop comedy is a genre that many have explored and failed trying. However, "Brooklyn Nine-Nine" definitely comes to the rescue with arguably some of the funniest moments television has seen in years. Focused on the detectives of Brooklyn's 99th precinct, the show features Andy Samberg's detective Jake Peralta, the (self-proclaimed) "lone wolf" of the bunch, who is also the most amusing. Samberg's sense of humor may

have grated on many in the past, but he seems to have found the perfect balance of bathroom jokes and more profound comedy on "Brooklyn Nine-Nine." However, the show has a lot more to offer than just one amazing protagonist. All the women of the main cast-Melissa Fumero, Stephanie Beatriz and Chelsea Peretti-are incredible performers, each with hilarious personalities that add another layer to the character dynamics (Peretti's sarcastic Gina Linetti is absolutely phenomenal). With exceptional chemistry between every member of precinct 99 bolstered by some spectacular acting, "Brooklyn Nine-Nine" decidedly deserves a place on your "to watch" list.



Now that the leaves are changing, it's time to welcome some new seasons. Check out our weekly roundup of the hottest fall television shows.

By Christopher Lee, STAFF WRITER, and photos courtesy of CBS Studios and FOX Studios

WEDNESDAY : LETHAL

There is nothing more entertaining in a film than watching characters with perfect chemistry. The "Lethal Weapon" franchise serves as a perfect example of how the spirit of camaraderie in the "buddy cop" genre can truly impact a show. For proof, look no further than Google—the show is the first result that comes up when you search "buddy cop." What makes this specific franchise so

iconic though? The writing and production are solid, but almost all of the merit can be attributed to the unparalleled relationship between Martin Riggs and Roger Murtaugh. Although Mel Gibson and Danny Glover may be the most renowned for their respective characters. Clavne Crawford and Damon Wayans do the classic duo justice-they offer as much rapport to the Riggs-Murtaugh relationship as they possibly can in a remake. On the other hand, the show greatly suffers from overly polished production with no natural feel; it simply doesn't take any risks. There's not much exploration outside of the original film franchise in terms of plot: death-defying Riggs gets transferred to the Los Angeles Police Department, where he is partnered with family man Murtaugh who is getting too old for this "stuff." Nevertheless, if you loved the original, you'll most likely enjoy this reboot.

> John McClane of "Die Hard," John Rambo of the "Rambo" franchise and (of course) Angus MacGyver of "Mac-



May of 1992, "MacGyver" was thought to be completely over. However, CBS obviously believed that the MacGyver name was yet to be completely milked. And honestly, that's all that the 2016 reboot is. It offers almost nothing original, except for a younger protagonist and a handful

of

esting

heavier

this

tracts

at

uninter-

characters. A

cus is put on

MacGyver's

family, but

characteriza-

tion only de-

attempt

deeper

from

new

fo-



Thursday : Pit

When "42" came out in 2013, our hearts were warmed by the story of Jackie Robinson and his success in breaking Major League Baseball's (MLB) notorious color barrier. And with a new Thursday drama series, Fox seems to chase after the same effect with the stirring (albeit fictional) story of Ginny Baker (Kylie Bunbury), the first woman to join the MLB after spending five years in the farm system. Although "Pitch" may not have the historic legacy behind it, the show offers what a biopic never could: an unbelievable story. Now, this isn't necessarily a bad thing-when watching a drama, people want to feel the emotional high and lows, not experience reality. If well-written, "Pitch" has the potential to be an incredibly touching piece with a great deal to discuss about the current state of sports and sexism in the modern age, but only time will tell. At the moment, nobody knows where the season will go, but if you are interested in a powerful tale of an athlete making her way through unfamiliar territory, "Pitch" may be the show for you.

Gyver" are all classic American action heroes, but MacGyver made his mark by going for a more nonviolent route. Played by Richard Dean Anderson, MacGyver employed

his resourcefulness to create inventions from simple items to resolve life-ordeath cri-Alses. though it may be a

simple formula, it was one that won the show millions of fans and a cult status. Even if you have never watched the show, you know that to "MacGyver" something is to repurpose an object for a new use. After airing its final episode in



the hero's "lone wolf" cool factor. If you've never watched the original before, perhaps you could check it out for its cultural significance, but anyone who is acquainted with Anderson's MacGyver will probably be satisfied staying away.



Orange you glad the Halloween season is upon us? Take a look at this spooky scene, and find the twelve pumpkins hidden inside.

Compiled by Brandon Ann & Dominique Pillos, EDITORS-IN-CHIEF and cartoon by Lucy Lee, CARTOON



Congratulations, Troy Biology!



First Troy USABO Finalist, 2013 First Troy USABO Finals Bronze Medalist, 2014 First Troy USABO Finals Silver Medalist, 2015 First Troy Freshman USABO Finalist, 2016 First ever 2 Troy USABO Finalists in the same year, 2016

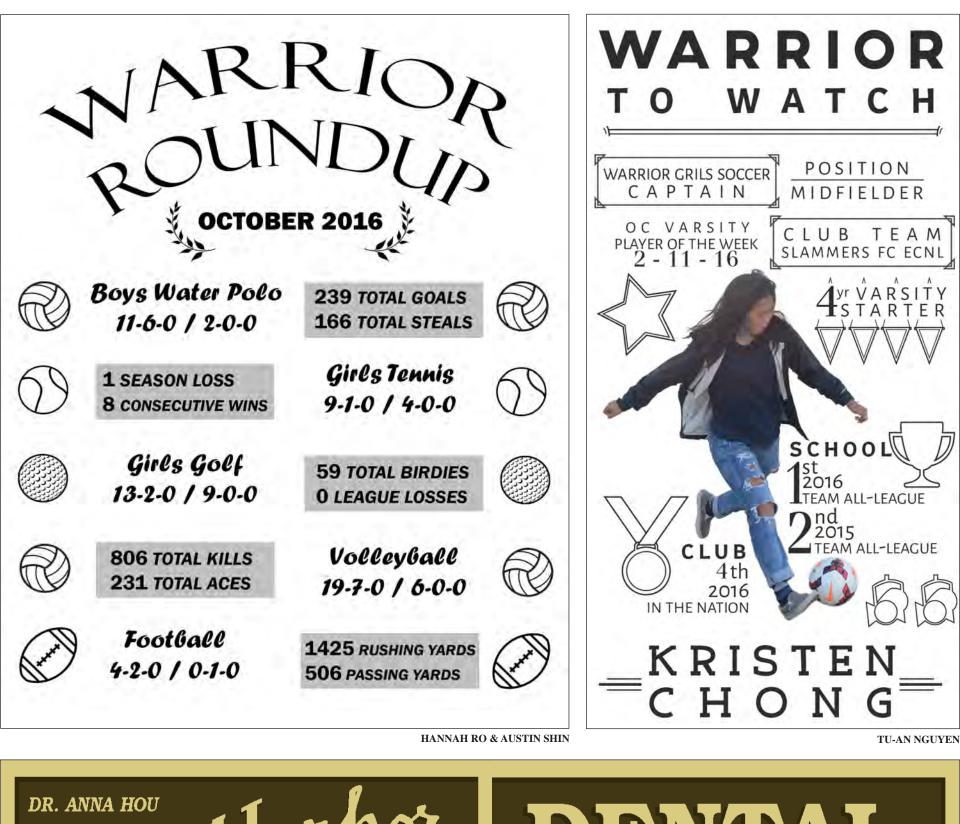
Cambridge Education Institute Biology Program Since 2012: 90 USABO Semifinalists & 8 USABO Finalists Many students earned 800 on SAT Biology and 5 on AP Biology Former students now attend Harvard, Yale, Princeton, Stanford, and MIT

2017-2018 classes now open for enrollment **AP Biology Only** Preparing for AP Biology Test

Intermediate Biology Olympiad

Preparing for SAT Biology Test, AP Biology Test & USA Biology Olympiad

www.cambridgeei.com 1 (800) 585-9505





Girls golf triumphs over Lancers



LAUREN KIM

IN FULL SWING: Driving the ball down the course, freshman Warrior gracefully follows through on her tee shot.

Talented rookies helped the lady Warriors (10-2-0, 7-0-0) crush Sunny Hills Oct. 4.

By Vincent Kang STAFF WRITER

Bolstered by the addition of talented freshmen golfers, the Warrior girls golf team (10-2-0, 7-0-0) conquered the Sunny Hills Lancers 193-229 at Westridge Golf Course Oct. 4.

Co-captain Beth Lillie stood at the forefront of the team, shooting two birdies and six pars to tally the lowest score

of the match at 34. Furthering the Warrior lead, sophomore Kaylee Sakoda scored a 36 with her nearly perfect round of eight consecutive pars. Freshman Sherilyn Villanueva also hit a 36, totaling seven fairway

hits and six green in regulations to match her teammate's consistent performance. Continuing the impressive showing from the Lady Warriors, co-captain Kamryn Garcia and junior Hannah Ro both shot solid rounds of 43 and 44, respectively, and junior Katrina Vergel De Dios closely trailed with a score of 50. Overall, the team's prowess on the green, with an average of 15.8 putts per player, orchestrated a comfortable Warrior victory of 193-229. While not all members played to their handicap in the match, the athletes realized the potential of their renewed golf lineup, Lillie said.

"We all played very well," Lillie said. "We could have shot even lower, but we won by over 30 strokes, so that was good. We have yet to have a day when every single one of us plays our best, but I definitely think once we do, we can blow teams out of the water."

The Warrior girls golf team have maintained an undefeated league record since the introduction of the Freeway League last

"[The freshmen] have infused a lot of positive energy on the team and also some good scores."

> Jerry Cowgill coach

season. With another league win under their belt, the Warriors plan to take advantage of their improved roster and steadily progress as a team, Lillie said.

"We are definitely stronger this year," Lillie said. "Every one of our players can shoot 70's and 80's, which wasn't [the case] last year. We have a lot more tournament players, especially [among] the new freshmen."

Despite losing two strong players from last year's team, the new arrivals have confidently stepped up to the plate, coach Jerry Cowgill said.

"It certainly looks like the two freshmen are taking the places of the two [varsity players] that we lost," Cowgill said. "[The freshmen] have infused a lot of positive energy on the team and also some good scores."

Freshmen Sherilyn Villanueva and Isabel Sy, who have taken the league by storm, have brought their tournament background to the team and have raised the level of play, Cowgill said.

"They have been under par several times, which you don't usually expect from freshmen," Cowgill said. "It is because of their experience. [The freshmen] have played in a lot of tournaments and have had a lot of training. It is unusual for the freshmen to be some of the best players on the team."

Under the guidance of experienced seniors, the younger athletes are confident that they can handle the rigorous season schedule and carry their momentum until the end of the season, Cowgill said.

"Last year, we had our best part of our season in the beginning, and we didn't play as well in the end," Cowgill said. "Our goal [this season] is to steadily progress until we are playing our best at the end."

Water polo swamps Sunny Hills 12-8

Water polo (11-6-0, 5-1-0) dominated the Lancers Oct. 5.

By Joshua Kim & Hannah Ro **STAFF WRITER & SPORTS EDITOR**

Compensating for the lack of a home pool with frequent socials, the Warrior boys water polo team (11-6-0, 5-1-0) trumped the Sunny Hills Lancers 12-8 Oct. 5.

In the first quarter, senior Tanner Henkhaus quickly snuck a goal into the Lancer net, igniting a flurry of powerful offensive plays from his teammates. Moments later, junior Niko Vaccher converted a goal off a rebound, extending the Warrior lead. Henkhaus then tallied another point with an explosive shot, concluding the first half with an assertive 5-0 lead. Kicking off the second half, junior Griffin Kessler spearheaded an attack on the Lancer goal, accurately launching the ball through a defender's hands and finding the back of the net. Shortly after, co-captain Andrew Kim plowed through the opposing defense and forced the ball past the Lancer goalie. Kim's aggressive goals were complemented by his stonewall defense, as he prevented a handful of opposing scoring attempts. Although the opposition attempted to mount a comeback in the second half, the Warriors smoldered any chance of a Lanc-

er recovery and closed the game with a score of 12-8.

The Warriors exhibited dominating play in this matchup, despite massive hurdles which have stunted the growth of the aquatics program. In particular, the reconstruction of the team pool has inconvenienced players and coaches alike, coach Jason Wilson said.

"Not having a pool [and] having our younger players being bussed to the other sides of cities have caused us to lose multiple players in the lower levels over the last two years," Wilson said. "What we have tried to build here at Troy [has] started to collapse. Hopefully, the new pool will change things, but it will take years to repair the damage that has been done." On top of their lack of a home pool, the Warriors must redefine team dynamics and develop new offensive and defensive strategies to maintain their competitive reputation. Graduated teammates have left core positions unmanned, and the team must work to fill these gaps by adapting to each athlete's unique strengths and weaknesses, Wilson said. "We're a little bit further along what we wanted to do on offense and defense, and we continued [offensive strategies] from last year," Wilson said. "The chemistry of the individuals is just a little different."

rookies and returning players, the team collaborates with its booster club and parents to host weekly team lunches. These lunches have not only developed close friendships outside of the pool, but they have also improved team plays in matches. Kim said.

"The team is really starting to mesh together, and we are starting to trust each other more," Kim said. "I can always trust my teammates to get me the ball and deliver on shots. It is just a general sense of trust, that whatever we do, we do as a team. Everyone trusts each other, and everyone likes each other."

Strengthened bonds resulting from these outings have mitigated team-wide challenges such as traveling long distances to practice and facing rival teams without last season's core players. The Warriors' frequent victories at matches despite such hurdles

exhibit the team's capability to overcome future hindrances, Wilson said.

"We tackle challenges pretty well, and we are used to facing challenges all the time, whether it is no pool time or no places to go, or things like that," Wilson said. "The guys aren't worried about that as much as [they are] their performance. Overall, [the team is] exceptional and doing exceptional things."



To promote synergy between

BIG SHOT: Facing up against a Lancer defender, senior Warrior prepares to blast the ball past his opponent to solidify a Warrior victory.

JEANETTE DE LA TORRE-DURAN