

La Vista High School



951 N State College Blvd,  
Fullerton, CA 92831

# SCIENCE CLUB

WE LEARN. WE CARE. WE SHARE.

## Our Mission:

*We are dedicated to serve La Vista High School and our local communities in bringing awareness to contemporary science, environment, and health issues by organizing symposiums, campaigns, and engaging activities. We strive to provide support to our fellow students to be successful in their science courses and do fundraising activities to help our school and local nonprofit organizations.*



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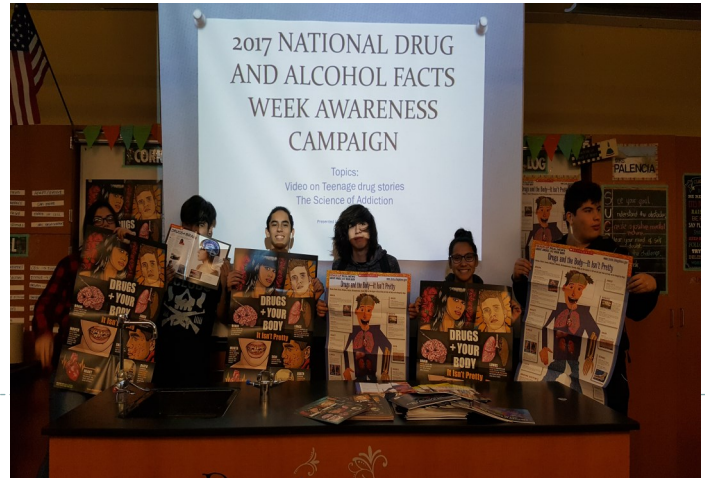
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***National Drugs and Alcohol Facts Week.*** La Vista High school students engaged in a healthy discussion about the effects that drugs have on the body and brain, including harmful physical and psychological consequences that affect not only individuals, but also families and friends .

## SELLING DECORATIVE PLANTS FOR A CAUSE!

The Science Club fundraising event was conducted in month of February. The proceeds will go to the one of the many well-deserve graduating students of La Vista High School. The members hope that this will become an annual tradition. To make the fundraising possible, the club collected and decorated used vases and filled them with succulent plants. The La Vista community purchased the products, thereby, helping the members experience what it takes to become an entrepreneur.





## MAY IS MENTAL HEALTH AWARENESS MONTH

*The Club sponsored multiple symposiums regarding various issues. Elizabeth Zayas from OCLinks Information and Referral Line, discussed mental health awareness, while Dr. Yee Hong, PhD, School Psychologist talked about Cyberbullying. Also, during this event, the club had a poetry writing contest where the winner got to share his with the audience.*

### Poetry-writing contest winner-

#### PTSD By Diego Pineda

And just like that it all went wrong  
The poor kid having fun in the yard  
Now always on alert  
The poor Vet who fought bravely for our country  
Now everyone believes he is crazy.

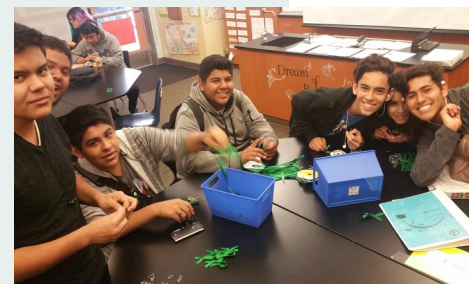
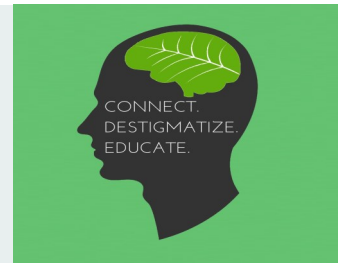
It is not their fault  
They fight a daily struggle with inner demons  
The boy is only 9  
The Vet is 35  
Yet they face a common enemy  
PTSD

The ugly truth is, anything can cause a trigger  
Triggers are not “things that make us angry”  
No, they are flashbacks.  
They are nightmare.  
They are self blame.  
They hurt the very root of our core yet no one even knows it.

They do not separate themselves because they are cruel  
They separate themselves because something cruel occurred to them.

It may be over, but the struggle with inner demons continues  
All because of posttraumatic stress disorder

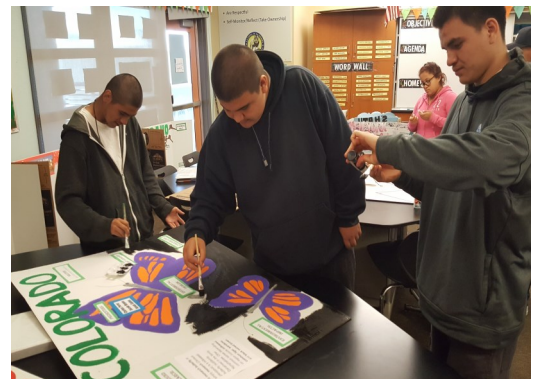
All because life was unfair.





# LVHS SCIENCE WEEK 2016

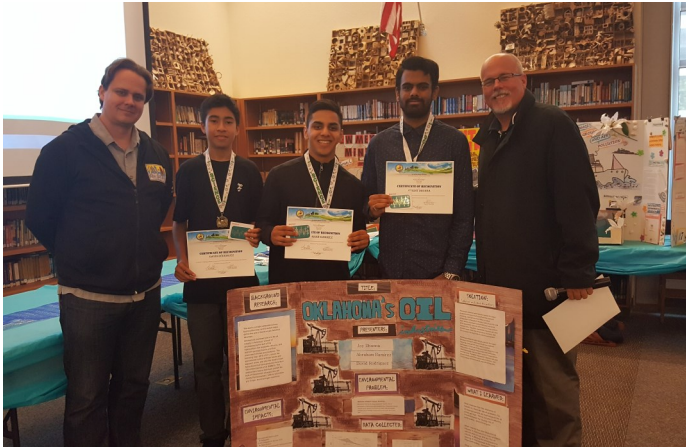
STUDENTS PREPARING THEIR SCIENCE  
FAIR DISPLAY BOARD AND DIORAMA  
ENTRIES...





## SCIENCE FAIR TOPIC: UNITED STATES' ECOLOGICAL FOOTPRINT

### AWARDING CEREMONY...



BEST IN RESEARCH WINNERS



BEST DISPLAY BOARD WINNERS



BEST DIORAMA WINNER



GENERAL SCIENCE QUIZ BEE WINNERS



BIOLOGY QUIZ BEE WINNERS



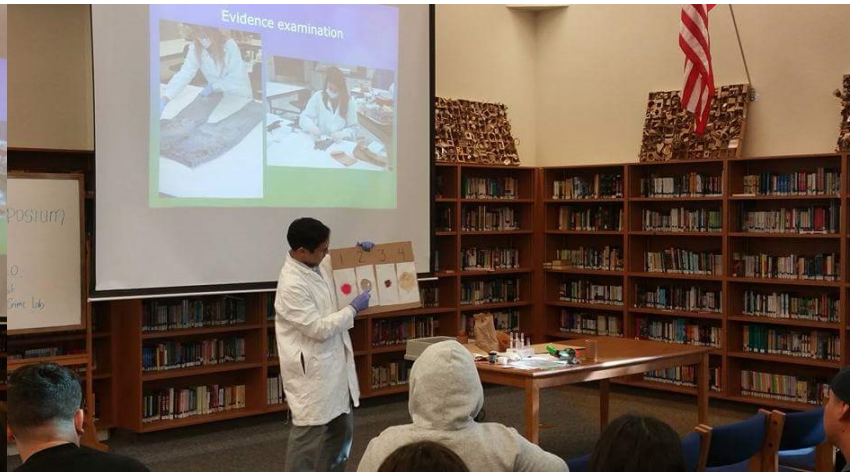
EARTH SCIENCE QUIZ BEE WINNERS



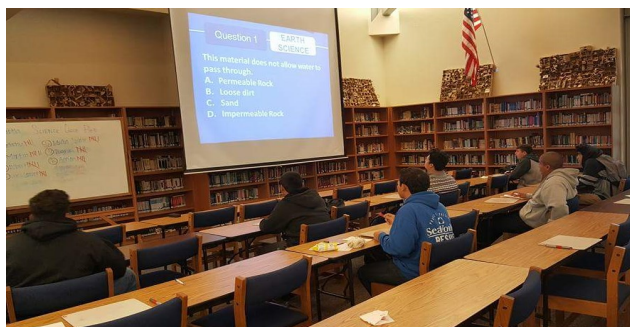
## SCIENCE CAREER SYMPOSIUM



Science Club sponsored the Science Career Symposium in 2016. Mr. Eide discussed the garbage problem in the ocean. Mr. Gustilo from the Orange County Crime Lab discussed the career in Forensics. Ms. McJunkin shared her expertise on entrepreneurship.



## SCIENCE QUIZ BEE





## OCTOBER IS BREAST CANCER AWARENESS MONTH



October is breast cancer awareness month. Students wore pink to show their solidarity and bringing awareness to this devastating disease. The Science Club created posters, engaged in student dialogue, distributed brochures and pink ribbons.



## NOVEMBER IS DIABETES AWARENESS MONTH.



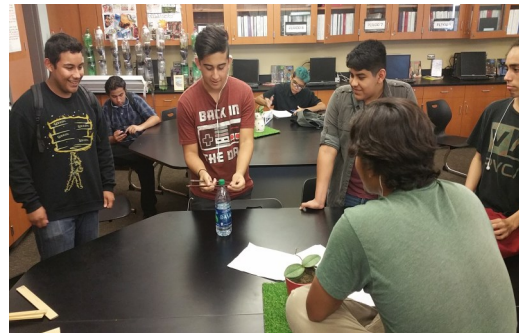
Students at La Vista High raised awareness about the importance of healthy diet and exercise to prevent Diabetes Type 2. Science Club sponsored a "Get healthy" event featuring activities including the time planking and push-ups. The Club also had an exhibit showing how much sugar is in their snacks and drinks. The event ended with a film viewing about the harmful effects diabetes has on the body.



## MARCH: CAMPUS BEAUTIFICATION



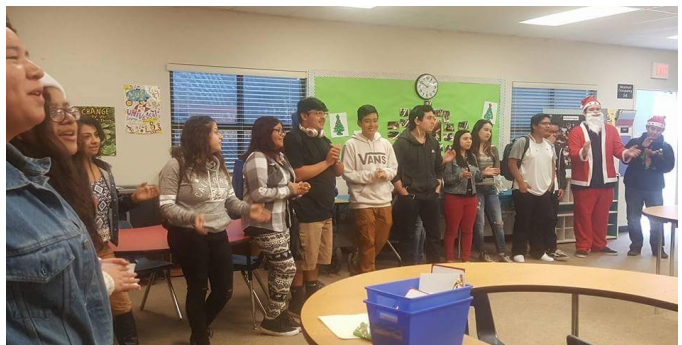
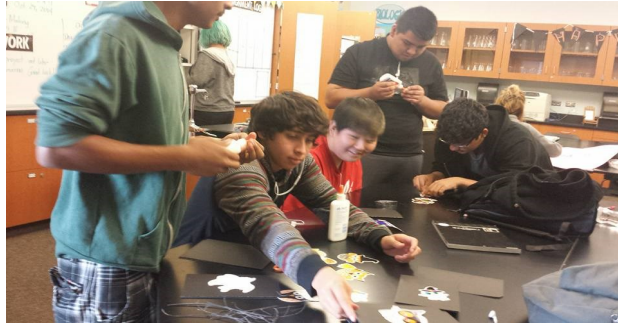
## AUGUST: MEMBERSHIP ORIENTATION, OATH-TAKING AND TEAM-BUILDING





## COMMUNITY SERVICE:

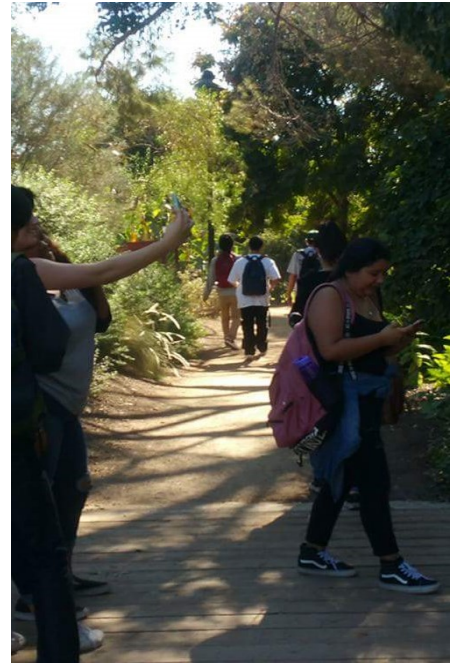
### SCIENCE CLUB SPONSORED AN ANNUAL CHRISTMAS PARTY AND TRICK-OR-TREAT ACTIVITIES FOR ENDEAVOR (SPECIAL EDUCATION) STUDENTS



The Science club sponsored a trick-or-treat activity during Halloween, and a Christmas party for the ENDEAVOR students in collaboration with the Biology classes. The club provided the materials such as Pinatas, arts and crafts kits, gift and prizes for the kids. The Biology classes participated in the Christmas caroling, reading stories, creating Santa Claus models and parlor games for kids.



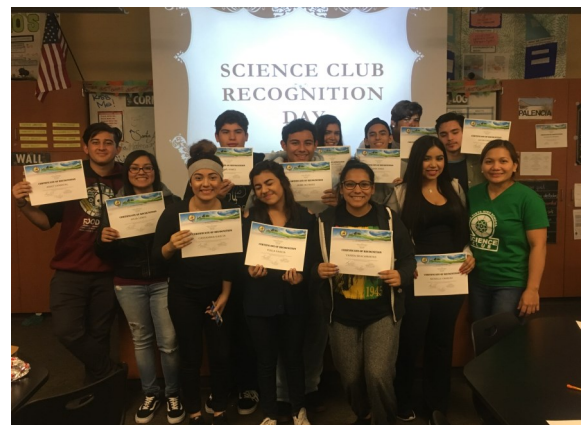
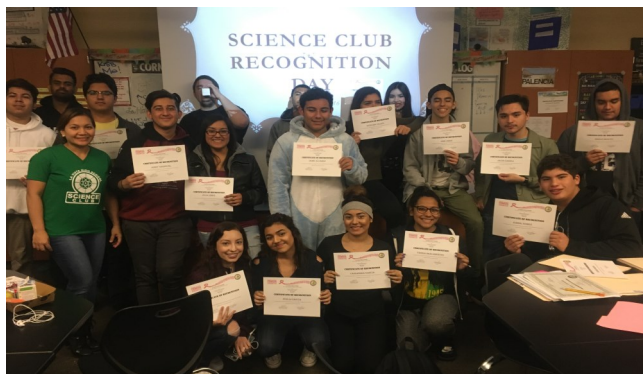
## FULLERTON ARBORETUM FIELDTRIP



## SCIENCE RECOGNITION DAY



*All members are recognized for their valuable contribution to the Science club's mission at the end of each semester. They will receive a certificate of Recognition along with the pride and satisfaction for serving their school and community.*





## SCIENCE CLUB

### OFFICERS & MEMBERS

PRESIDENT: Michelle Vasquez

VICE PRESIDENT: Estefany Pelayo

SECRETARY: Maria Mendoza

TREASURER: Perla Garcia

AUDITOR: Montes, Sergio

PHOTOGRAPHER: Garcia, Ivan

VIDEOGRAPHERS: John Jorge

#### MEMBERS:

- Ascencio, Vivian
- Benavidez, Pamela
- Bracamontes, Yanira
- Carillo, Alex
- Coleman, Robert
- Contreras, Osbaldo
- Garcia, Cassandra
- Gomez, Karol
- Hernandez, Esperanza
- Martinez, Anthony
- Montes, Sergio
- Rivera, Elizabeth
- Roman, Jordan
- Sandoval, Julia
- Sandres, Eric
- Soriano, Vanessa
- Varela, Devin

MRS. MARY ANN PALENCIA

Club Sponsor

Room 4107

\*Club meeting is every Thursday ,  
lunch time

## OUR GROWING FAMILY. ..



*To LVHS administrators, staffs, students and donors,*

# A REALLY BIG THANK YOU

WE COULDN'T DO IT WITHOUT YOUR SUPPORT.  
WITH HEARTFELT GRATITUDE.

*-The Science Club Officers, member and adviser.*

