



# TROY HIGH SCHOOL WARRIOR WEEKLY



February 28, 2025

*St. Patrick's Day, 2025 Art drawn by Troy resident artist, Mrs. Shannon Cogswell.*

Dear Troy Family,

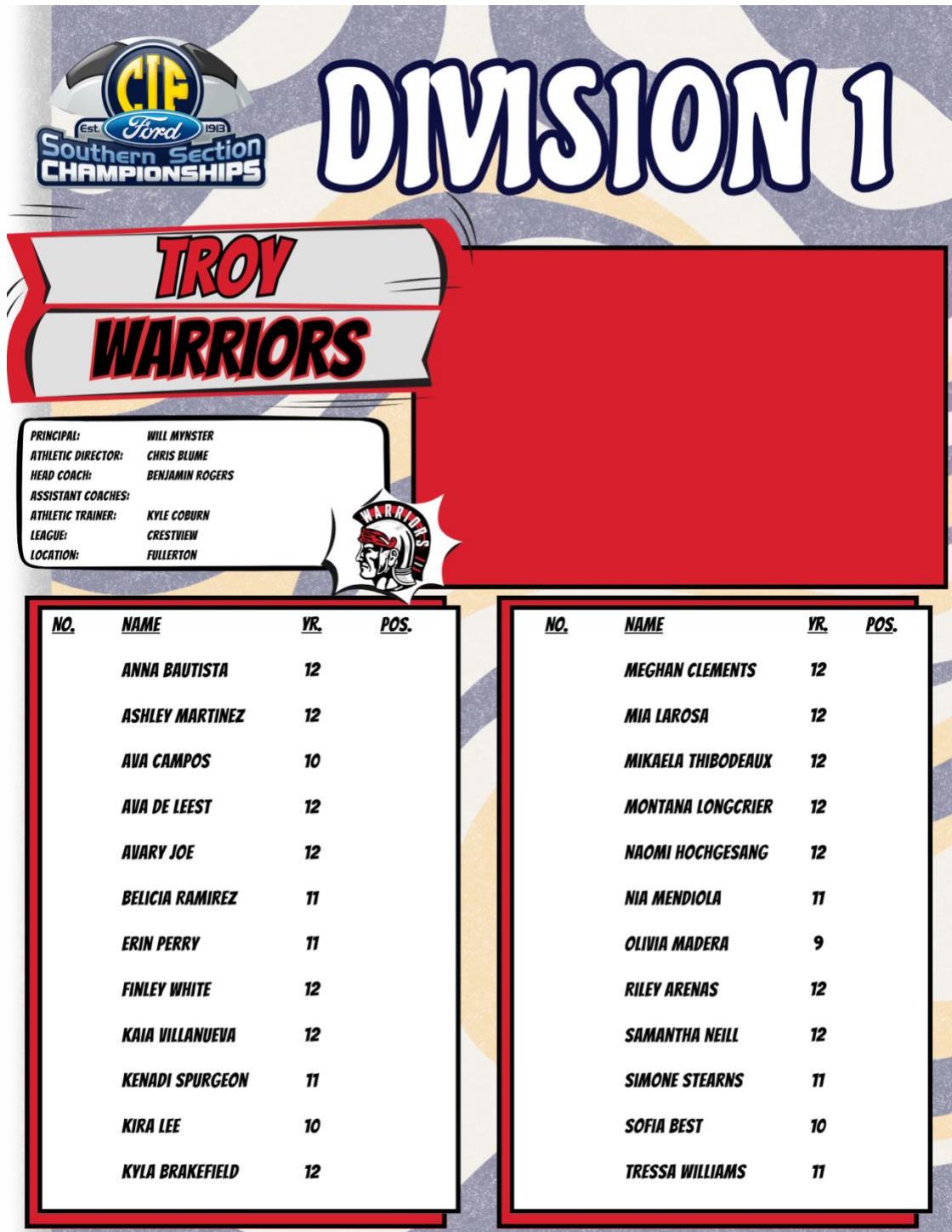
Well, our wish was granted and we had a regular five-day week. ☺ However, it has not been a regular week as there is no such thing at Troy High School when you have students and teachers doing amazing things! You will very shortly see what I mean, and for those of you who live at Troy daily as you already have the inside track on every story this week. Troy High School is truly the place for students to do their very best, and then take it to another level. There are a lot of great stories this week. Let's get to the news!

Last week I referenced our upcoming testing schedule. On the next page is our schedule for this Spring, beginning with the CAASPP March 31st and including all of our academic classes, with external competency examinations such as AP, IB, & Cambridge which begin in April 24<sup>th</sup> and move into Cambridge and Advanced Placement in May.

CAASPP TESTING SCHEDULE March, April & May 2025				
31 Monday	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
(CAST)	CAST	(0 per only) (PT*)	(0 per only) (CAT*)/(CAST**)	English/Math Day 1 (PT)
0: 7:28 - 9:28*		0: 7:28 - 9:28*	0: 7:28 - 9:28**	0: 7:28 - 8:25
1: 8:30- 10:30	2: 8:30- 10:30	1: 9:33 - 10:20	1: 9:33 - 10:20	1: 8:30- 10:30
break: 10:30 - 10:45	break: 10:30 - 10:45	2: 10:25 - 11:12	2: 10:25 - 11:12	break: 10:30 - 10:45
3: 10:50 - 12:50	4: 10:50 - 12:50	break 11:12-11:27	break 11:12-11:27	3: 10:50 - 12:50
lunch: 12:50 - 1:25	lunch: 12:50 - 1:25	3: 11:32 - 12:19	3: 11:32 - 12:19	lunch: 12:50 - 1:25
5: 1:30 - 3:30	6: 1:30 - 3:30	4: 12:24- 1:11	4: 12:24- 1:11	5: 1:30 - 3:30
		lunch 1:11-1:46	lunch 1:11-1:46	
		5: 1:51 - 2:38	5: 1:51 - 2:38	
		6: 2:43 - 3:30	6: 2:43 - 3:30	
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
English/Math Day 1 (PT)	English/Math Day 2 (CAT)	English/Math Day 2 (CAT)		
0: 7:28 - 8:25	0: 7:28 - 8:25	0: 7:28 - 8:25	LATE START	REGULAR
2: 8:30- 10:30	1: 8:30- 10:30	2: 8:30- 10:30	SCHEDULE	SCHEDULE
break: 10:30 - 10:45	break: 10:30 - 10:45	break: 10:30 - 10:45		
4: 10:50 - 12:50	3: 10:50 - 12:50	4: 10:50 - 12:50		
lunch: 12:50 - 1:25	lunch: 12:50 - 1:25	lunch: 12:50 - 1:25		
6: 1:30 - 3:30	5: 1:30 - 3:30	6: 1:30 - 3:30		
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
21	22	23	24 IB Starts (LATE START)	25 IB Testing
28 IB/CAM Testing	29 IB/CAM Testing	30 IB/CAM Testing	1 IB/CAM Testing	2 AP/IB/CAM Testing
5 AP/IB/CAM Testing	6 AP/IB/CAM Testing	7 AP/IB/CAM Testing	8 Testing (LATE START)	9 AP/IB/CAM Testing
12 AP/IB/CAM Testing	13 AP/IB/CAM Testing	14 AP/IB/CAM Testing	15 Testing (LATE START)	16 AP/IB/CAM Testing
19 AP/IB/CAM Testing	20 AP/IB/CAM Testing	21 AP/IB/CAM Testing	22 AP/IB/CAM Testing	23 AP/IB/CAM Testing
If students are absent and miss any CAASPP test, they will be pulled the following day to make up their test. So students, do your best to attend each day during the testing season because it will impact your other classes if you are absent.				

In what has become the best Troy Girls' Soccer Team season in school history, the Semi-Final game last weekend vs. Westlake High School was a tough evenly matched game, and one that again came down to Penalty Kicks (PK) after the game and two periods of overtime ended with the game tied 0-0. The game fell upon our five shooters, and our goalkeeper, Ava De Leest. PK's begin. Troy scores, 1-0. Westlake scores 1-1. Troy scores 2-1. Westlake scores 2-2. Troy scores 3-2. Westlake scores 3-3. Troy scores 4-3. Ava makes a stop and the score remains 4-3 and Troy's turn to PK...Westlake makes the stop., it is still 4-3 and it is Westlake's turn for a PK. Ava, stops a second PK, and Troy wins in PK's 4-3! Our team played well, and have nerves of steel! They have earned their way to the Division 1 Championship Game vs. Mater Dei High School tomorrow night at 6PM! This is a great team, with wonderful girls having an amazing season! I don't think I can express the level of pride we have for this team and what they have worked, and literally left everything on the field to go out and battle every week. One more thing about this team. They truly care about each other, and they are having fun playing

this game. Today at Break, we are having an impromptu rally for them in the Quad. Come out and show support for our Troy Girls' Soccer and then come out again and let's see them go for the Championship at Fred Kelly Stadium tomorrow night! Let's go Warriors!



The poster features a large, stylized 'DIVISION 1' in the top right. On the left, a banner reads 'TROY WARRIORS' in red and black. Below this, a white box lists the coaching staff. To the right of the banner is a large red rectangular area. At the bottom, two tables list the players, each with columns for number, name, year, and position. A small warrior helmet logo is positioned between the coaching staff box and the player tables.

**CIF Southern Section CHAMPIONSHIPS**

# DIVISION 1

## TROY WARRIORS

**PRINCIPAL:** WILL MYNSTER  
**ATHLETIC DIRECTOR:** CHRIS BLUME  
**HEAD COACH:** BENJAMIN ROGERS  
**ASSISTANT COACHES:**  
**ATHLETIC TRAINER:** KYLE COBURN  
**LEAGUE:** CRESTVIEW  
**LOCATION:** FULLERTON

<u>NO.</u>	<u>NAME</u>	<u>YR.</u>	<u>POS.</u>
	ANNA BAUTISTA	12	
	ASHLEY MARTINEZ	12	
	AVA CAMPOS	10	
	AVA DE LEEST	12	
	AVARY JOE	12	
	BELICIA RAMIREZ	11	
	ERIN PERRY	11	
	FINLEY WHITE	12	
	KAIA VILLANUEVA	12	
	KENADI SPURGEON	11	
	KIRA LEE	10	
	KYLA BRAKEFIELD	12	

<u>NO.</u>	<u>NAME</u>	<u>YR.</u>	<u>POS.</u>
	MEGHAN CLEMENTS	12	
	MIA LAROSA	12	
	MIKAELA THIBODEAUX	12	
	MONTANA LONGCRIER	12	
	NAOMI HOCHGESANG	12	
	NIA MENDIOLA	11	
	OLIVIA MADERA	9	
	RILEY ARENAS	12	
	SAMANTHA NEILL	12	
	SIMONE STEARNS	11	
	SOFIA BEST	10	
	TRESSA WILLIAMS	11	

For tickets to the game, please click on the following link. This is the only way CIF sells tickets to the Championship games. <https://gofan.co/event/3295408?schoolId=CIFSS>





From our Vocal Music Director, Mr. Mark Henson, “*Ladies First participated in their second competition of the year last Saturday and won First Place at the Show Choir Showcase hosted by Chaparral High School in Temecula. The ladies won First Place as well as the award for the highest Musicianship score...Congratulations, ladies!*”



Congratulations to the **Troy High Science Olympiad Team** for their outstanding performance at the **2025 Orange County Regional Science Olympiad**. Troy had two teams competing and they finished in first and third place. Troy has won every Orange County Regional Competition going all the way back to 1988 when the first competition was held. This 2025 victory extends Troy's consecutive winning streak to a remarkable **38 championships in a row!**

### **2025 Orange County Regional Science Olympiad Champions: Troy High School**



**The Team had many outstanding performances winning 34 medals including 11 gold medals , 6 silver medals, and 4 bronze medals!**

#### **1<sup>st</sup> Place Medals (11)**

**Anatomy:** Cloris Shi & Cynthia Kung

**Dynamic Planet:** Caden Guo & Gordon Wong

**Entomology:** Andrew Tsai & Dylan Ardaya

**Experimental Design:** Aditya Peddi, Daniel Jiang, & Seojin Park

**Helicopter:** Kyle Yu & Lauren Tsi

**Robot Tour:** Lauren Tsi

**Chem Lab:** Liran Zhu & Daniel Jiang

**Electric Vehicle:** Ianna Lin & Lauren Tsi

**GeoMapping:** Liran Zhu & Jacqueline Zhou

**Optics:** Ianna Lin & Maanika Khanna

**Tower:** Kyle Yu

#### **2nd Place Medals (6)**

**Air Trajectory:** Daniel Won

**Astronomy:** Aditya Peddi & Seojin Park

**Forensics:** Cynthia Kung & Audrey Donn

**Anatomy:** Ryan Aghanian & Andrew Tsai

**Dynamic Planet:** Jacqueline Zhou & Seojin Park

**GeoMapping:** Liran Zhu & Jacqueline Zhou

#### **3rd Place Medals (4)**

**Astronomy:** Charlie He & Gordon Wong

**Fossils:** Jacqueline Zhou & Cynthia Kung

**Forensics:** Josephine Idanawang & Ethan Li

**GeoMapping:** Jacqueline Zhou & Liran Zhu

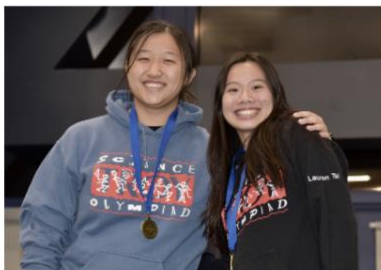
**Anatomy 2nd & 1st**



**Dynamic Planet 2<sup>nd</sup> & 1st**



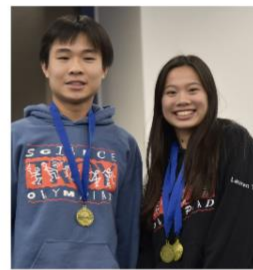
**1<sup>st</sup> Electric Vehicle**



**1<sup>st</sup> Entomology**



**1<sup>st</sup> Helicopter**



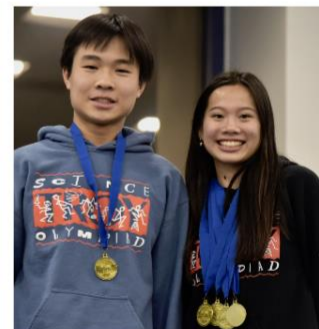
**1<sup>st</sup> Geomapping**



**1<sup>st</sup> Experimental design**



**1<sup>st</sup> Tower**



**1<sup>st</sup> Chem Lab**



**1<sup>st</sup> Robot Tour**



**1<sup>st</sup> Optics**



Our Troy Science Olympiad Team keeps doing well. Next is the State Championship at CalTech. If you missed it, here is a [link](#) about this team currently in the OCDE newsroom.



# **Mental Health Resources:**

FJUHSD Virtual Calming Room: <https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home>

FJUHSD Mental Health Resources: <https://www.fjuhsd.org/domain/1476>

OC Support and Crisis Resources: <https://www.namioc.org/help-support-overview>



## **Niche 2025 Best Schools**

## **2024 U.S. News & World Report Best Schools**

We love Troy High School! It is also rewarding to see when other entities that rank schools also agree, and reward the hard work of our Students, Teachers, Parents, Counselors, Staff, FJUHSD Board and Administrators! Thank you, Warrior Family!



Warriors, this is the QR code for all the FJUHSD social media. There are many, many, awesome events, activities, athletics, and recognitions happening in FJUHSD and Troy High School! Additionally, for even more information for the happenings in FJUHSD here is the link to the February, 2025 FJUHSD Superintendent's Newsletter. This is always a great source for global FJUHSD insights, news, and events! <https://conta.cc/4goSTeK>

One of the ways FJUHSD and Troy High School have been measuring student engagement in school, rallies, clubs, and school activities has been to use the 5-Star App. Here is a little more information on how it is used in FJUHSD. Hint: We don't use it as a tracking app. 5-Star has an FAQ that specifically relates to location tracking (or lack thereof).

<https://help.5starstudents.com/hc/en-us/articles/24186201832333-Does-the-5-Star-Students-app-track-a-student-s-location>



Last Saturday, Troy's NJROTC competed in the Area 21 Super Bowl in the Academics and Drill competition, the same competition that led to our winning the Academics and Drill National Championship in Pensacola, Florida in 2024. Our cadets had a great day, finishing 2<sup>nd</sup> to Pacifica High School who was 2<sup>nd</sup> in the National Championship last year. Our cadets did well, and there are some things we can work on to improve. If we are going to take 2<sup>nd</sup> we would rather do it in California and then take 1<sup>st</sup> in Florida. ☺.



Here are some pictures of our cadets as they competed in the various elements for which all cadets are judged, and which make up the elements of the National Championships in Pensacola, Florida.





This past Wednesday, our NJROTC had their Annual Military Inspection (AMI) in which our NJROTC Unit was assessed and graded by external active, reserve, and retired U.S. military officers. Our Inspectors were: Rear Admiral Nowakowski, Area 22 Manager, Master Chief Ken Ballard (Yes, he is an Area Manager from outside our Area 21), and SSGT Mumper, USMC.

Our cadets had a wonderful day and showed why they are the greatest NJROTC in the Nation, let alone Area 21 and California. Rear Admiral Nowakowski and Master Chief Ken Ballard reported our unit looked great and if anything were underselling their achievements and

how good they really are. “Don’t be afraid to brag.” Of course, our students will still be humble, but there is a time when they need to say how great they are and this was that time. Pictured below are from our AMI including the Admiral attaching our Distinguished Unit ribbon.



It was a Great Day to be a Warrior! I am so proud of our cadets, and our school. Thank you to all of our Staff, Parents, and everyone who supports our students!



*Troy High School  
Instrumental Music Program  
Presents*

# *Moments in the Sky Winter Concert*

*Featuring  
Symphony of Troy  
Symphonic Band  
Wind Symphony  
String Orchestra  
Concert Band*



*Friday, February 28th at 7 pm*

*Troy High School*

*North Gym*

*Admission \$5*

*FREE to Junior High and Younger Students  
(Show Student ID for Free Admission)*



Last Saturday, it happened! We celebrated Troy's 60<sup>th</sup> Anniversary and it was truly a party and a celebration! Thank you to all the many students, teachers, ASB, NJROTC, Band, Robotics, administration, parents in TSO and PTSA, and others who worked tirelessly to make this a wonderful event! Here are some photos from the day!







It was a truly great day and we are already looking forward to the next anniversary. Right now, I am thinking we will do it again for the 75<sup>th</sup> Anniversary. ☺

Our Troy students are involved in the FIRST Robotics Orange County Regional Competition. Advisor, Kent Goodman writes, “In case you're interested the livestream link

is <https://www.twitch.tv/firstinspires2>. We are Troy Robotics Team 3952. Qualification matches are as follows” (specific match times unknown at this time):

Friday: 8:50-12:00, 1:00-5:45

Saturday: 8:50-12:00, championship round 1:30-5:00

This website can be useful for specific match times and scoring/standings: [blue alliance](#)



Yesterday, I had the good fortune to be part of the annual Appreciating Classified Employees (ACE) week in FJUHSD. I was assigned to Food Service Lead, Jacky Quiroz over at Sunny Hills High School. After giving me a walk through their kitchen facilities, Ms. Quiroz quickly put me to work packing chicken and cornbread into serving containers, followed by making a chicken, black bean, cheese and salsa tortilla meal, followed by quesadillas. To be fair, I really enjoyed my time working in the kitchen with both Jacky and pictured to the far right in the picture, Ms. Guadalupe Sanchez with whom I worked on the quesadillas. They serve 1000 meals a day and their work begin at 5:15am each day. I am grateful for the opportunity to work with both of them, and have much appreciation for what they and all our FJUSHD classified employees do for our students, staff, and students all year long.



Students! If you are an AP student, here are some Final Deadline Reminders you need to make sure you follow if you intend to take the corresponding AP exams for courses in which you are enrolled.



FINAL AP DEADLINE REMINDER



2024-25 AP Information Letter

**TROY HIGH SCHOOL**  
**WEEKLY CALENDAR OF EVENTS**

**WARRIORS**

<b>MONDAY</b> 03/03/25	<b>TUESDAY</b> 03/04/25	<b>WEDNESDAY</b> 03/05/25	<b>THURSDAY</b> 03/06/25	<b>FRIDAY</b> 03/07/25	<b>SATURDAY</b> 03/08/25
<ul style="list-style-type: none"><li>• PTSA Meeting (8:45AM)</li><li>• Softball at Ocean View (3:15PM)</li></ul>	<ul style="list-style-type: none"><li>• Softball at Segerstrom (3:15PM)</li><li>• Boys Volleyball (All Levels) at El Modena (4:15PM)</li></ul>	<ul style="list-style-type: none"><li>• No Events</li></ul>	<b>**LATE START**</b> <ul style="list-style-type: none"><li>• Track Cluster Meet (3:30PM)</li><li>• Troy Tech Incoming Student Registration (4:00PM)</li></ul>	<ul style="list-style-type: none"><li>• Choir Love Concert</li><li>• District Wide Emergency Drill</li><li>• Baseball JV vs Marshall (3:00PM)</li><li>• Baseball V at Marshall (3:00PM)</li><li>• Boys Basketball at Cerritos (4:15PM)</li></ul>	<ul style="list-style-type: none"><li>• Baseball (All Levels) vs TBD (10:00AM)</li></ul>

**WOMEN'S HISTORY MONTH**  
**EQUALITY - RIGHTS - ♀ RESPECT! - FREEDOM**



When I say anything to Luna that she wants to hear, this is the response I receive as she is listening intently. Her next action will be to head toward the front door, back door, upstairs, car, her food bowl, the refrigerator...It is going to be a wonderful weekend! Weatherwise, not so much at least not like last weekend. It looks like Winter is making a return and the brief springtime heat we felt...gone, only to be replaced by a series of fronts and showers beginning tonight. Not a lot of rain, but enough to dampen everything until next week when more rain comes. What will this mean for our Troy Girls' Soccer Team? Nothing bad, as they have been great in the rain or the dry conditions. Regardless of the weather, Fred Kelly Stadium at 6PM tomorrow night will be the place to be!

Whatever you do this weekend, (hopefully you are going to the CIF Girls' Division 1 Championship Soccer game Troy vs. Mater Dei) have a great weekend, spend time with family and friends, and get in some rest, and relaxation, and recharge for next week. I will see everyone back here bright and early on Monday morning!

W.V. Mynster