TROY HIGH SCHOOL WARRIOR WEEKLY



April 18, 2025

Drawn by Shannon Cogswell-Spring, 2025

Dear Troy Family,

It has been another predictably busy week at Troy High School, with our students having success inside the classrooms and athletic facilities here, and elsewhere as they compete in academic and athletic events / competitions. I would also one more time like to thank all our 11th grade students for the outstanding effort they gave for the CAASPP academic testing. Again, thank you to our Staff for administering the CAASPP and ensuring a proper environment for our students to comfortably do their best work. Great job, Warriors!

To all our students, we are a little more than a month until the end of the Spring semester, so this is the time to stay focused. If you are in an AP, IB, or Cambridge class you are already or about to be in review for the examinations. If you are in CP or Honors classes, you are in the middle of bringing everything you have learned throughout the year together in a culmination of what you have learned. Now is the time to "keep the pedal to the floor" to use a common saying for race car drivers…well at least NASCAR drivers who drive in circles…F1 drivers have

different sayings... but I digress. Bottom line, and going back to the beginning, stay focused and keep your eye on the finish line for the 2024-25 school year which for all students is May 29th! Troy Warriors, keep up the fantastic work and finish the year strong! Let's go, Warriors!





I would like to congratulate our ASB, their Advisor Ms. Abigail Contreras, and Assistant Principal, Mr. Jeff Padgett for selecting what may be the best Prom venue I have seen for Troy! I only took a few pictures, but everything at both the facility and the staff was very well done and provided the best experience for our students. These second row of photos is from the dance floor and the large size of the dance floor, the high ceiling and the sound quality / music selection were outstanding! If liked the Prom this year, we have a different location next year...If you liked the Prom this year, I think the 2026 Prom is going to be another winner! ©

On the same night as Prom, it was Teacher Appreciation Night at Dodger Stadium. However, this was not initially the reason our own Commander Bill Lauper was recognized. He was selected be the veteran honored at the game, and while getting that recognition, it was also mentioned he is a teacher at Troy High School with NJROTC. It was a great moment for Commander Lauper, and a great moment for Troy High School! As it turned out, this was the



best moment of the night for the Dodgers and their fans as the Dodgers lost the game 0-16. Not a great night for Dodgers baseball, but thank you to the Dodgers organization for having a Teacher's Recognition night, and in the process recognizing one of our veterans who also works for Troy High School's NJROTC.

Mental Health Resources:

FJUHSD Virtual Calming Room: https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home

FJUHSD Mental Health Resources: https://www.fjuhsd.org/domain/1476

OC Support and Crisis Resources: https://www.namioc.org/help-support-overview





Niche 2025 Best Schools 2024 U.S. News & World Report Best Schools

We love Troy High School! It is also rewarding to see when other entities that rank schools also agree, and reward the hard work of our Students, Teachers, Parents, Counselors, Staff, FJUHSD Board and Administrators! Thank you, Warrior Family!



Warriors, this is the QR code for all the FJUHSD social media. There are many, many, awesome events, activities, athletics, and recognitions happening in FJUHSD and Troy High School! Additionally, for even more information for the happenings in FJUHSD here is the link to the April, 2025 FJUHSD Superintendent's Newsletter. This is always a great source for global FJUHSD insights, news, and events! https://conta.cc/43TPodR

One of the ways FJUHSD and Troy High School have been measuring student engagement in school, rallies, clubs, and school activities has been to use the 5-Star App. Here is a little more information on how it is used in FJUHSD. Hint: We don't use it as a tracking app. 5-Star has an FAQ that specifically relates to location tracking (or lack thereof). https://help.5starstudents.com/hc/en-us/articles/24186201832333-Does-the-5-Star-Students-app-track-a-student-s-location

Troy had a great Saturday! From our Troy Aquatics Booster Secretary, Ms. Yoo, Weekend Triumphs: This past weekend, our Varsity Team dove into action at the Spring HS Meet of Champions at Mt. Sac, competing against 91 high schools! Troy swimmers delivered stellar performances, and we'd like to give a special shout-out to our Seniors who swam their hearts out and dashed off to prom afterward. Way to go, team!



200 IM Relay Glory (Pictured): A new Troy record with a time of 1:37.5, thanks to:

- Kurtis Wei (Sophomore, Back)
- Jason He (Junior, Breast)
- Caleb Yoo (Sophomore, Fly)
- Luke Leon Guerrero (Senior, Free)

Individual Medalists (Not Pictured):

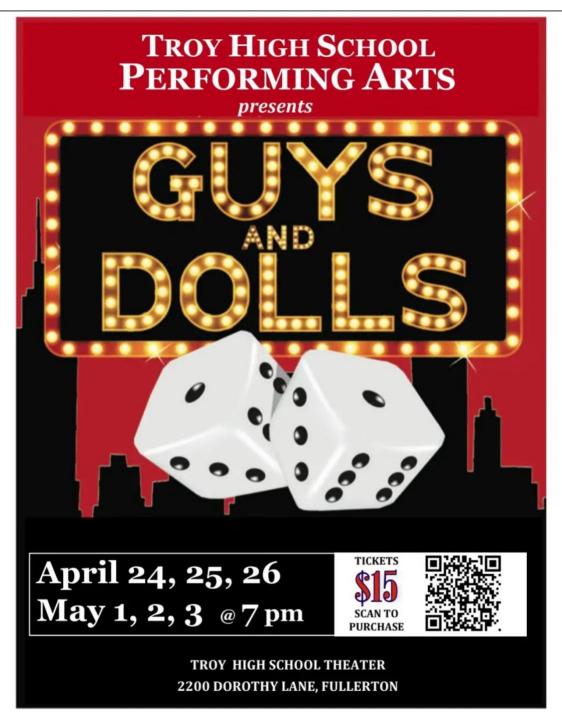
- Brendan Lee-Nguyen (Sophomore) 100 Backstroke
- Kurtis Wei (Sophomore) 100 Backstroke
- Luke Leon Guerrero (Senior) 500 Freestyle

After an awesome showing at Mount SAC, the Troy swim team hosted our final dual meet of the season against Foothill. The competition was fierce, but our JV and Varsity boys rose to the occasion and secured a strong win. The JV and Varsity girls put up an incredible fight and kept things close, narrowly missing the top spot. Great effort all around—Go, Warriors!

Next up, Troy will proudly host the highly anticipated League Meet, where six schools will go head-to-head in an epic battle for the top spot. This will be the final showdown before CIF, and our Warriors are ready to make a splash! Don't miss the action—come out and cheer on our JV and Varsity swimmers the week of April 28th as they race for glory. Let's pack the stands and show our Troy pride!



Here is a photo of the dual meet against Foothill High School earlier this week. Our team did well, and as you can tell from the photo, it was a beautiful day to be out at the pool! On April 28th at the League Meet, Ms. Yoo is correct, we need to pack the stands and the area around the pool and show our Warrior pride! Another wonderful week and another Great day to be a Warrior!



Come on a journey following the intertwining lives of gamblers and the dolls they love. Set in New York City in the 1940s, we follow Nathan Detroit who seeks a location for his illegal craps game with his fiancé of fourteen years, Adelaide, hot on his heels. And Sky Masterson bets he can win the heart of Sarah Brown, a mission doll. How will the dice roll? Show dates/time: April 24, 25, 26 and May 1, 2, 3 @ 7 PM. Click here for tickets.

Troy High School! Our Science Olympiad Team did it again! From longtime SciOly Coach Mr. Kurt Wahl, here is his report on the winning team!

Congratulations to the **Troy Science Olympiad Team** for winning the 2025 Southern California State Competition. This is the 30th time Troy has won the State Title! Next month the team travels to the **University of Nebraska** where they will compete in the **National Finals**. Troy had many outstanding performances winning medals in 18 of the 23 events:

1st Place (Gold Medals)

Astronomy: Aditya Peddi (12) & Seojin Park (9)

Codebusters: Aditya Peddi (12), Seojin Park (9), & Daniel Won (9) Geologic Mapping: Jacqueline Zhou (12) & Gordon Wong (11)

Robot Tour: Lauren Tsi (12)

Tower: Kyle Yu (12) & Ianna Lin (12)

2nd Place (Silver Medals)

Anatomy & Physiology: Cloris Shi (12) & Cynthia Kung (11)

Disease Detectives: Cloris Shi (12) & Daniel Wong (9) **Fossils:** Jacqueline Zhou (12) & Cynthia Kung (11)

Helicopter: Kyle Yu (12) & Lauren Tsi (12)

Microbe Mission: Cloris Shi (12) & Cynthia Kung (11)

Optics: Ianna Lin (12) & Maanika Khanna (9)

3rd Place Medals: Air Trajectory: Daniel Won (9) & Dylan Ardaya (10)

4th Place Medals: Write it do it: Kyle Yu (12) & Ianna Lin (12)

Material Science: Josephine Idanawang (12) & Kedar Datar (9)

5th Place Medal: Electric Vehicle: Kyle Yu (12) & Ianna Lin (12)

6th Place Medals: Dynamic Planet: Jacqueline Zhou (12) & Seojin Park (9)

Ecology: Cloris Shi (12) & Cynthia Kung (11)

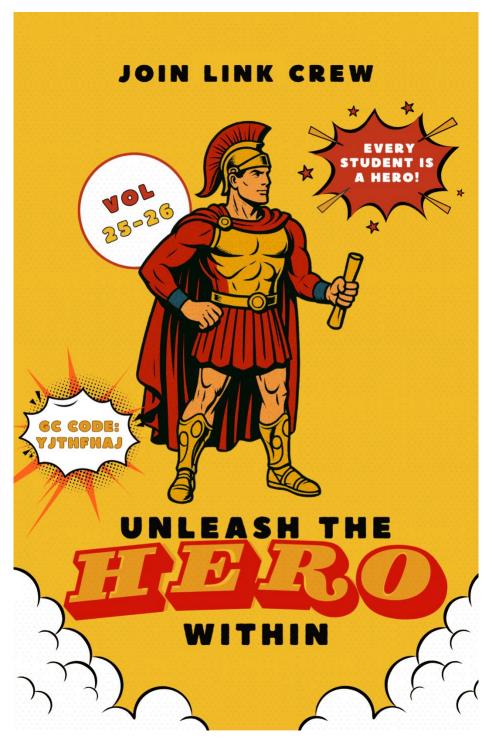
Exp Design: Aditya Peddi (12), Josephine Idanawang (12) & Seojin Park (9)







Our Drone team was out in force and in another high stakes competition, the West Aerial Drone Championships. We had three teams make the quarterfinals. Our teams finished 2nd and 4th in the alliance. The trophy they have is for the 2nd place alliance! Great job, to our NJROTC cadets and their coaches! They make flying drones seem easy...it is not.



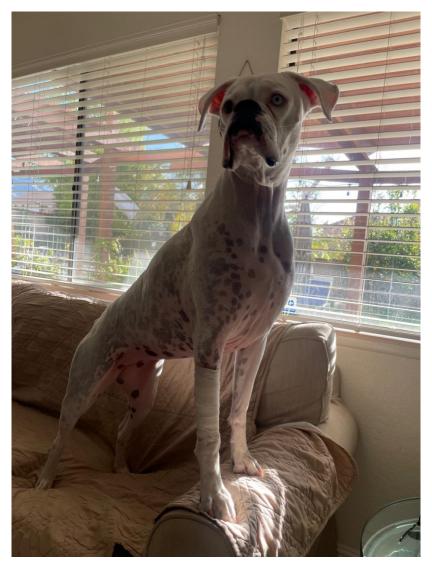
Link Crew Advisor, Ms. Alexandria Williamson Gillespie is announcing a service opportunity to help our new 9th graders! *Calling all current Sophomores and Juniors!! LINK Crew is looking for leaders for the 2025-2026 school year. Every student is a hero, and LINK Crew leaders help incoming freshmen students unleash the hero within! Join us as we support these young warriors on their journey here at Troy.*





On Tuesday, our Softball team played a very strong game vs. Crean Lutheran High School. We were playing excellent defense, and our offense blasted 11 runs to 0 for Crean. I believe our team is 3rd place in league and setting themselves up to make a playoff run if they keep putting up the runs and playing good defense! Great job Warriors!





It is going to be a beautiful holiday weekend and Luna is looking to get outside. No sleeping on the sofa for her this weekend! Between the last two days of Passover, and Easter Sunday, it is likely many of us will be with family and friends this weekend. I will be enroute to the various family functions, but I will also try to spend ample amount of time outdoors and enjoy the weather, which is why all of us live here in Southern California vs. Alaska. ©

For those of you with eagle eyes, Luna does have a bandage on her right leg. She banged it into something, probably jumping onto the roof of her outdoor house, and would not leave the scrape alone, thus the bandage...

Whatever you choose to do this weekend, try to wind down for at least a little bit, rest and relax. Have a great weekend, and I will see everyone back here on Monday!

W.V. Mynster