



TROY HIGH SCHOOL WARRIOR WEEKLY



May 3, 2024

Warriors, it is prime time! We have less than a month of school, and spring sports are wrapping up. Since April 25th we have been in IB testing, April 26th Cambridge testing began, and on Monday, May 6th, the AP exams begin! This is also the time of year to ensure you are getting enough rest, sleep, nutrition, and take breaks so you spend some time with friends and family. Finding balance in your life when things get busy will help you do better in all areas, which is much easier said than done, but awareness is the first step in the right direction. We all know Finals are right around the corner so this is the time to keep focused on the finish line and go through strong through the end of the school year and into summer! Warriors, keep it going!



Last Friday, students from Acacia Elementary School paid Troy another visit! Troy English Teacher, Ms. Deliana Park has more details. *“On Friday, excited 2nd graders from Acacia Elementary School were treated to a special literary experience as they met with*

sophomores from Ms. Park's Cambridge AS classes for a unique book-sharing event. Organized as part of a collaborative literary project, the event fostered a love for reading and writing among students while building connections in the community. Each 2nd grader was given a personalized book, written by Troy students; each story was tailor-made to reflect the interests and passions of its young recipient, casting them as the heroes of their own stories. The excitement and enthusiasm among the students were noticeable. Empowering young readers to



become authors of their own narratives, the project in its second year successfully instilled confidence and creativity in the high school students.” This is an awesome partnership!



Last Friday, a few of our NJROTC cadets embarked on a day of learning at sea onboard the U.S.S. SPRUANCE (DDG 111) which is a U.S. Navy destroyer. Destroyers are large ships used as platforms to protect aircraft carriers, international shipping lanes, and for anti-submarine warfare. It is always an interesting and a learning opportunity to be able to experience active-duty U.S. Navy ships at sea and learn from their enlisted crew and officers how they function. Troy Staff, if you are interested in being a chaperone for cadets on possible voyages in the future, please let Commander Lauper know you would like to join the crew.

May is Mental Health Awareness Month!

Mental Health Resources:

FJUHSD Virtual Calming Room: <https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home>

FJUHSD Mental Health Resources: <https://www.fjuhsd.org/domain/1476>

OC Support and Crisis Resources: <https://www.namioc.org/help-support-overview>

[Your Health Matters! March, 2024](#) This is a new, wonderful resource! Check it out!



Niche 2024 Best Schools

2024 U.S. News & World Report Best Schools

We love Troy High School! It is also rewarding to see when other entities that rank schools also agree, and reward the hard work of our Students, Teachers, Parents, Counselors, Staff, FJUHSD Board and Administrators! Thank you, Warrior Family!



Warriors, this is the QR code for all the FJUHSD social media. There are many, many, awesome events, activities, athletics, and recognitions happening in FJUHSD and Troy High School! Additionally, for even more information for the happenings in FJUHSD here is the link to the May, 2024 FJUHSD Superintendent's Newsletter. This is always a great source for global FJUHSD insights, news, and events! <https://conta.cc/44qBwGb>



The Boys' Individual Golf season ended this week. Coach, Dave Bainter wrote, *There is a chance Troy could be accepted into the CIF Team playoffs, but we will not know until May 13th. While nobody advanced individually to CIF, three of our athletes did make the All-League team; Senior, Andre Tseng, Sophomore Justin Chen, and Sophomore, Raymond Wang.*

Congratulations to all our Warriors, and I hope you have few more rounds of CIF Team playoffs!

Also competing in CIF our Boys' Tennis team won a close match at home in Round 1 of CIF when they defeated Windward High School. CIF Round 2 is at El Dorado High School today!

In Track and Field, CIF Preliminaries are this weekend and we have a few athletes that are still competing. Jason HE, Brendan Lee Nguyen, Luke Leon Guerrero, Ty Leon Guerrero, Dave Seo, Kevin Yum, Theo Sohn, Kurtis Wei, Porsche Boonruang, Celeste Flores, Emma Gong, Mandy Greco, and Ratana Miller are all CIF qualifiers! Let's go Warriors!

In Swim, the Girls' and Boys' CIF Finals are wrapping up today. Our team has been great all year and Troy won the last Freeway League Championship, repeated their championship from last year. There should be more details upcoming next week!

*Troy High School
Instrumental Music Program
presents*

**Howl At The Moon
Karaoke Night
with
THE WARRIORS OF
TROY**

Selections including,
Happy
Shake It Off
How Far I'll Go
Just The Way You Are
You're The One That I want

Friday, May 10, 2024 @ 7 pm
Troy High School
Gymnasium (the north gym)
**Troy Guard and War Drums in a
special pre-show at 6:45 pm**

Featuring
Apollo's Strings
Baby Band
Band of Warriors
Guitar Studio
Jazz 2.0
Symphony of Troy
Warrior Jazz
Winds of Troy

Spirit of Troy Philharmonic

**FREE to Jr. Hi and Elementary
Students with school ID**
General Admission \$5

You have a week to prepare your singing voice if you are so inclined! On May 10th at 7:00pm you will not want to miss your chance for Karaoke Night at Troy! Instrumental Music Director, Mr. Joseph Castillo writes, "Yes! You read right! A Week from Friday night, on May 10th will be the Instrumental Music Concert. The concert will feature all of our groups in a celebration of music and pageantry. Our Orchestras, Bands, Drumline, Color Guard, and Guitar students will amaze you with music you can't help but sing to. They include:

How Far I'll Go - Concert Band, Respect - Symphonic Band, Shake It Off - String Orchestra, I'll Stand By You - Wind Symphony, You're the one that I want - Symphony Orchestra, Feels So Good - Jazz Band, Smooth - String Orchestra, Take Me Home, Country Roads - Guitar, Can't Take My Eyes Off You - Jazz Big Band, Les Miserables - Magnus Filharmonica di Troy, and more!

So, pull out a microphone and join us for a night of music!



On April 20th nineteen Troy students were recognized for NCWIT Aspirations in Computing

by the National Center for Women in Technology. The award ceremony was held at UC Irvine and Troy Computer Science Teachers, Ms. Kimberly Chopp and Mr. Joseph Coglianesse were also in attendance. Here is a list of our Troy students recognized at this event!

First	Last	National	Local
Nidhii	Marar		Affiliate Winner
Ayushi	Mehrotra		Affiliate Winner
Ruilin	Zhu		Affiliate Winner
Meghana	Gunturi	National Honorable Mention	Affiliate Winner
Bhavna	Malladi	National Honorable Mention	Affiliate Winner
Angel	Yu		Affiliate Winner
Cloris	Shi	National Honorable Mention	Affiliate Winner
Victoria	Lee		Affiliate Winner
Julie	Liu		Affiliate Winner
Kaitlyn	Zhang		Affiliate Winner
Hailey	Chan		Affiliate Winner
Helen	Fang		Affiliate Honorable Mention
Mai	Ishikawa		Affiliate Winner
Amanda	Zheng		Affiliate Honorable Mention
Ariana	Perez		Affiliate Winner
Sophia	Timoshuk		Affiliate Honorable Mention
Rachel	Kang		Affiliate Honorable Mention
Taliha	Baqai		Affiliate Honorable Mention
Barbara	Cao		Affiliate Honorable Mention
Peyton	Lapple		Affiliate Honorable Mention

First	Last	National	Local
Diya	Sreedhar		Affiliate Honorable Mention
Evelyn	Xiao		Affiliate Honorable Mention
Yuqi	Yang		Affiliate Honorable Mention
Maggie	Zhao		Affiliate Rising Star
Celina	Zhou		Affiliate Rising Star
Joy	Cheng		Affiliate Rising Star
Alicia	Yoon		Affiliate Rising Star
Baixuan	Chen		Affiliate Honorable Mention
Mia	Song		Affiliate Rising Star
Lucy	Xu		Affiliate Rising Star
Tracy	Yang		Affiliate Rising Star

In addition, Ms. Kimberly Chopp was also named by NCWIT Aspirations in Computing as the Educator of the Year for Orange County! Rather than being a purely teaching award, this award recognizes educators for their efforts to promote gender equity in computing. Ms. Chopp was identified as an exemplary educator who plays a pivotal role in advocating for gender equity in computing by providing educational opportunities that are inclusive and supportive, thereby encouraging of all women to explore their interests in computing and technology.

Earlier this year, Troy High School was also recognized by the College Board for promoting female diversity in AP Computer Science. Last week in the mail, (It is dated January 18, 2024) so it took a while to get here. But I was happy to receive this Certificate of Recognition presented to Troy High School from the United States Congress House of Representatives, and member of Congress, Ms. Michelle Steel. On the next page, I have included a picture of the award as it looked when it arrived. In very short order this certificate will be in a permanent frame and on the wall at Troy High School.

UNITED STATES

Congress

HOUSE OF REPRESENTATIVES



*Certificate of Recognition
Presented to*

Troy High School
2023 College Board AP Computer Science
Female Diversity Award

*In honor of your innovation, ingenuity and pursuit of quality education for all.
Congratulations on your program's recognition by the College Board.*

January 18, 2024

A stylized, handwritten signature in blue ink, likely belonging to Michelle Steel.

*Michelle Steel
Member of Congress*



Last weekend, eleven NJROTC cadets competed in the VEX Robotics World Championships held in Dallas, Texas. Our team performed quite well, were the last NJROTC team in the competition and won this award! This was our first time in this championship. Amazing!



Troy High School 11th grader, Tanush Rachamalla has met the challenge of the United States Congress and earned the Congressional Gold Medal!

The Congressional Award is Congress's only charity. Established to law in 1979, the Congressional Award was created to honor, encourage, and inspire America's youth. In the ensuing years, Congress has recognized thousands of outstanding young Americans who have earned and deserve our admiration and recognition.

Through the Congressional Award, Congress urges young people to challenge themselves. Any interested, motivated student, aged 14 through 23 years old, may participate in the Congressional Award by setting and achieving individually challenging goals in four program areas: Voluntary Public Service, Personal Development, Physical Fitness and Expedition/Exploration. The Congressional Award adapts to meet the needs of every participant as they set goals according to their own interests and level of abilities. The Award is geared toward motivated, interested youth who set their own personally challenging goals and activities.

Tanush registered for the program in April of 2021 and has worked to earn the Gold Medal since. For Voluntary Public Service he worked with "Big Brothers Big Sisters of Orange County" (BBBS). He mentored a 5th grader at a neighboring elementary school in Fullerton by playing games, spending time outside, working on science projects, and making art. He was also a board member at Troy High School's BBBS club. He also served the Indian community by teaching 45 kids to read, write and communicate the South Indian (Telugu) language. Finally, he provided nutritious food for the homeless in Dana Point Shelter Home in Orange County. Provided freshly made nutritious food to multiple location of Wise Place Women Shelter Homes in Orange County and volunteered with the I Love Sai non-profit organization. He completed 406 hours in over 34 months.

For Personal Development, he worked hard on advancing his skills in piano with a piano teacher. He has completed level 6 of RCM piano certification and is working towards level 7. He spent 208 hours over 26 months to earn the Gold Medal. For Physical Fitness, he worked to advance his Forehand shot, Backhand, Overhead, Volley, Net game, Foot work, Court Coverage skills in tennis by practicing regularly with the city and friends. He spent 202 hours over 34 months to meet his goal. Finally, he planned and executed a 5-day/4-night trip with his

family to Baja California Sur, Mexico. Over the course of his trip, he spent time finding new street food and bargaining with local vendors, as well as boat tours, parasailing and snorkeling. Congratulations to Tanush Rachamalla for completing the requirements, and earning the Congressional Award Gold Medal!



On Monday I was invited into the 2nd and 6th periods of Ms. Jenny Redmond's class by Ms. Monique Lenero-Sandoval our Speech-Language Pathologist to be part of a class lesson. Our students prepared questions for me, and formally asked me questions on a number of things from my favorite color to what are the most challenging things about being principal at Troy. I was very impressed by the students and their questions, as well as how engaged all students were in the questions and answers given. I hope to be invited back soon to be part of another lesson. Great job, Warriors!

Troy High School Triumphs in the 2024 Manie Musicale Competition! This is a French Language competition that literally attracts thousands of students. Here is breakdown of the results from Troy AP French Teacher, Mr. Will Fritz!

Salut Mes Amis,

*While aspects of this letter will seem familiar, I am writing to bring to your attention the exceptional achievement of several of our students who recently participated in several Manie Musicale 2024 talent contest categories . I am proud to report that our students took SEVERAL of the top prizes, including a sweep of the Animation category: **Jillian H. Revillos and Allison Kong, (Both Freshmen) (1st Place), Sean (XuanZhe) Yao, Freshman, (2nd Place). Arta***

Modares , (1st Place), **Meghan Joshua** (2nd Place), and **Daniel Sung** (3rd Place) made it a sweep of the Musical division (Thanks, Jo-Jo). We had some amazing entries in the **RÉALISEZ** (Video) division, but it was very competitive this year; we'll get 'em next time. Perhaps in 2025, we'll have some entries in the **DANSEZ (Dance) and CHANTEZ (Sing)** category as well. These students have demonstrated exceptional talent, dedication, and language skills in their respective categories and their success is a testament to their hard work and the quality of World Language education they have received here at Troy High School. Their achievement is not only a source of pride for our community, but also it is a reflection of the high world language standards we consistently set for our students. The Manie Musicale Flip(Grid) team looks at approximately a thousand videos throughout the course of the competition (Late February to Early April); to decide which ones get nominated is a Herculean task. Then we vote...

Since the contests have been initiated, Troy has consistently placed at or near the top in every category in which it has had an entry.

This year's Manie Musicale included **6210 schools**, including all **50 U.S. States, 13 Provinces and Territories (Canada), 37 countries: In total 675,679 students and teachers participated. It just keeps growing.** I've attached [a stat sheet](#) to show how much this has grown over the past few years and what effect [Manie Musicale has](#). To put this in perspective, when it first started, we were literally just a few teachers swapping brackets and exchanging song lists. In 2017, two women from Maine took the idea and ran with it. Think of it as a version of the NCAA Men's Basketball March Madness for French music. We join the competition at the Sweet 16, we vote on songs, and eventually a winner is crowned. This year in the final, [Akwaba, by Magic System, beat out Horizon by Gims](#). The Facebook group has over 9000 participants who selflessly share lesson plans, offer support to one another. etc. All manner of activities are shared; we all dive into the artists' backgrounds to explore francophone music, the lyrics, and students are able to share their love of all the cultural aspects globally. We are constantly reaching out to artists via social media, often getting responses (I got to host a Zoom with one of this year's participants - [Lékho](#) - who really spent time reaching out and responding to teachers and students. Our class would have done so, but it was at 06h00 on a Late Start Day).

I would like to commend these students, and all the students (from all over the world) who submitted an entry, for their remarkable accomplishments and encourage you to recognize their

achievement in every way possible. They are a stellar example of the excellence that can be achieved through hard work and dedication, not only for their commitment to their French studies but also as magnificent examples of Troy's World Language Department. If you have any of these incredible achievers in class, please give them a shout-out (as I will in class - I'm happily on the hook for some prizes). They have definitely earned it.

[Here is a link to the winning entries](#)



Last evening Troy held the NJROTC Awards Night. It is always impressive to hear about our cadets and this year they continue to have. Our students, parents, NJROTC instructors, all Teachers, Counselors, and Staff at Troy have a tremendous impact on our cadets as we teach, support, and enable them to do all the amazing things they do! There is a reason Troy has three National Championships this year, the first in CyberPatriot, then the All Services Aerial Drone National Championship, and the third National Championship in Academic, Athletic, and Drill! We still have a few more chances to earn a few more championships that will happen during the early summer, with Sea Perch underwater robotics being one of them. Our NJROTC cadets remaining on these competition teams, will continue to learn and apply the lessons they have learned in these STEM competitions, to their other interests, courses, possibly college majors and subsequent careers! One of the greatest strengths of NJROTC and one of the reasons it fits nicely into our Troy Tech Magnet Program pathways is that it is not only about leadership, it is

also about their application of knowledge and the opportunity to be engaged in STEM and academic work. There is no school better at teaching, engaging, and supporting students, than Troy High School!



Pictured above, Parent Boosters being recognized by Boosters and by Congressional Rep. Michelle Steel's Office. Cadet scholarships, parents in the crowd and 1SGT Barnes with awards.



More awards given top left, followed by the seniors running between two rows of under classmen as a bell is rung. The last picture is glimpse of the relationship between the cadets and each other and their instructors. This was a wonderful evening and it was a truly great day to be a Warrior!



Luna is fine. She gets like this sometimes. She eats a little too much salmon, decides to freak out a little and roll around on the sofa...followed by the crazy eyes...

It is going to be a great weekend, and hopefully even though there is the prediction of rain, we will still get a bit of sunshine. I hope everyone is able to rest, relax, and recharge, coming back ready for another exciting week! Have a wonderful weekend, and I look forward to seeing everyone back here on Monday morning!

W.V. Mynster